

# Clackamas County 4-H Family Newsletter



January-March 2020

Volume 21, Issue 1

## General Interest

### **ATTENTION: Enrollment deadline is getting close!**

You must re-enroll each year to be a leader or member in the Clackamas County 4-H program. After December 31, 2019, you are no longer considered a 4-H leader or member until the office receives your re-enrollment form for the year 2020. This means that the club cannot meet, nor will you receive 4-H newsletters and information until you re-enroll. Please note the enrollment deadlines:

#### **December 1, 2019**

- **ALL** Shooting Sports members who want to participate in mail-in tournaments and State Contest

#### **January 10, 2020**

- **ALL** Horse project members who want to participate in Horse Pre-Fair & Fair
- **ALL** Dog project members who want to participate in Dog Pre-Fair & Fair
- **ALL** Re-enrolling members who want to participate in County Fair

#### **April 1, 2020**

- **NEW** members to Clackamas County 4-H who want to participate in County Fair

Enrollments and project additions are accepted throughout the year. However, members or projects added after the deadline will NOT be fair eligible. The annual participation fee is \$40 per member if received by January 10, or \$45 per member if received after that date. There is an additional \$15 fee for youth who live in Multnomah county.



### **Check your enrollments BEFORE January 10 deadline**

**Families:** please [log in to check](#) that you are enrolled in all your clubs and projects, and make sure your payment is in the office before the deadline.

**Club Leaders:** check that all members are [confirmed](#) and in the correct projects (directions [online](#)), turn in any payments you have received to the office with the [Enrollment Fee Worksheet](#), and [print out health forms](#) for each member to keep with you at all club events.

We know that making sure everyone gets enrolled is a lot of work and that learning this new system can be a challenge. We appreciate all you do to help “make the best better.” If you have any questions or concerns, please feel free to contact [Kelly Redwine](#), the 4-H Secretary, 503-655-8635. We’re happy to help!



### **Holiday closures**

The Extension office will be closed on January 1 for New Year’s Day and on January 20 for Martin Luther King Jr. Day. Please plan accordingly. A drop-box is available for your use, located to the left of our front doors.

## Keep your 4-H calendar current

Need dates for your 2020 calendar? The 4-H Newsletter always includes a 3-month calendar with meeting and event dates. You'll also find save-the-date articles for major events that are later in the year. County events are posted on our [4-H webpage](#) and include event details and sign-up information. You can click "See all events" to find more dates and see statewide 4-H and Extension events.



## Inclement weather policy

The guideline for office closure and meeting cancellation is that if Oregon City schools are closed due to inclement weather, the Extension office will also be closed. Any meetings or programs associated with 4-H Youth Development will be canceled unless the agent and committee members can reach the expected participants to notify them otherwise. We will also share cancellation information on our [Clackamas County 4-H Oregon Facebook](#) page. Feel free to use our drop-box if the office is closed.



## There's lots to Like about 4-H on Facebook

Stay up to date with county, state, and national 4-H news on Facebook! Here are some of the pages and groups you might want to follow.

- |  |  |
|--|--|
| <a href="#">4-H</a>  | <a href="#">Clackamas County 4H Horse Advisory</a>   |
| <a href="#">Oregon 4-H</a>                                 | <a href="#">Clackamas County 4H Horse Volunteers</a> |
| <a href="#">OSU Extension Clackamas</a>                    | <a href="#">Oregon 4-H Livestock Projects</a>        |
| <a href="#">Clackamas County 4-H Oregon</a>                | <a href="#">Oregon 4-H Horse Projects</a>            |
| <a href="#">Hearth Advisory, Clackamas County 4-H</a>      | <a href="#">Oregon 4-H Dog Projects</a>              |
| <a href="#">Clackamas County 4-H Small Animal Advisory</a> | <a href="#">Oregon 4-H Small Animal Projects</a>     |
| <a href="#">Clackamas County Dog 4-H</a>                   |  |



## Spaghetti Dinner benefits the 4-H Ambassador Team Saturday, February 15 Clackamas County Fair & Event Center, Canby 5:00 – 7:00 pm

Bring your friends and family to the [4-H Spaghetti Dinner](#), brought to you by the Clackamas County 4-H Ambassador Team. Proceeds fund the Ambassadors' leadership training and 4-H promotional activities in our area.

Join us in the 4-H Exhibit Building at the Clackamas County Fair and Event Center (fairgrounds) in Canby. Adults \$12, Youth (ages 6-12) \$8, Children (5 and under) \$3 – pay at the door. Meal includes spaghetti with marinara, meatballs, salad, bread, and a beverage. Dessert is available for purchase.



## 4-H Summer Camp: Registration now open!

Registration is now open for our 4-H Summer Camp: July 20-25, 2020. 4-H Camp provides opportunities for growth, independence, competence, confidence, knowledge, developing important life skills, making friends, and most of all a whole lot of FUN! We are excited to have archery, canoeing, and swimming on our list of activities again this year. See more information and registration [here](#).



## Volunteers required to self-report convictions

To keep our members safe, OSU requires that all volunteers complete a Criminal History Check every two years. In between these checks, you are required to self-report any convictions. Contact our office for instructions on how to report a conviction and OSU will determine if that conviction affects your work with the 4-H program. We also follow up on reports from others in our 4-H community who may know of a conviction or serious accusation.

**2020 4-H committee and advisory officers**

Please join us in thanking these volunteers for their commitment to 4-H.

**CC4HA Board**

Chair: Tammy Johnson  
Vice-Chair: Paul Hardzinski  
Treasurer/Small Animals: Paula Means  
At Large: Doug Birkeland  
HEARTH: Karey Gibson  
Community/Partner Reps: Laurie Bothwell (Clackamas County Event Center)  
Youth Representatives: Jake Allen, Ben Johnson, Daniel Johnson (one additional TBA)

Secretary/Livestock: Lacey Allen  
Ambassadors: Daniel Leinbach  
Dogs: Vicki Litke  
At Large: Betty Rivinus

**Clackamas County Ambassador Team**

President/Treasurer: Keira Leinbach  
Secretary: Deja Fitzwater  
Advisors: Carolyn Hathaway, Daniel Leinbach, Vern Johnson

Vice President: Magge Gilbert

**County Awards & Recognition Committee**

Chair: Paula Means  
Tammy Johnson

**Metro Awards & Recognition Committee**

Chair: Mary Hein  
Clackamas Co. Rep: John Meisenhelder

Clackamas Co. Rep: Kelly Redwine

**Camp Committee**

Chair/Treasurer: Hayley Olson  
Secretary: Nancy Lankford

Vice-Chair: Katie O'Leary

**Fair Management Committee**

Chair: TBA  
Treasurer: Mel Jeffrey

Secretary: TBA

**Dog Advisory**

Chair: Vicki Litke  
Secretary: Paula Watkins

Vice-Chair: Tamara Driver  
Treasurer: Becky Johnson

**Horse Advisory**

Chair: Cindy Carlson  
Secretary: Kristina Fox

Vice-Chair: Michele Rosier-Bundy  
Treasurer: Lisa Lettenmaier

**Livestock Advisory**

Chair: Matthew Stewart  
Secretary: Lacey Allen

Vice-Chair: Travis Dutton  
Treasurer: Diana Thacker

**Small Animal Advisory**

Chair: Tammy Johnson  
Secretary: Karmyn Raisl

Assistant Chair: Frank DeRoberts  
Treasurer: Tiffany Baumhardt

**HEARTH Advisory**

Chair/Treasurer: Mel Jeffrey  
Member & Volunteer Coordinator: Kris Schroeder

Secretary: Janet Jordan

## 2020 4-H National Shooting Sports Competition

In June of 2020, participants from across the state will travel to Grand Island, Nebraska to compete in the 4-H National Shooting Sports Competition. An invitation to 4-H Nationals is an honor for these young competitors as they are only allowed to compete at this level in their discipline one time in their career. This once in a lifetime trip marks the culmination of years of hard work and practice.

This year, we are pleased to announce that Garrett Marshall will have the opportunity to attend and compete in the Compound Archery discipline. Please join us in congratulating Garrett on this achievement!

If you are interested in participating in or starting a club in the 4-H Shooting Sports project areas, please contact [Trisha Applebee](#) via email or at 503-650-3132, for more information.



### 4-H Camp White Oak: Experience the wonderful outdoors during spring break!

**March 23-26**

**4-H Center, Salem**

Camp for four days and three nights under the towering pines at the 4-H Center in Salem. Enjoy the rustling of tree leaves under your feet and the smell of clean crisp air. Try the Gaga pit, adventure swings, archery, skits, and arts and crafts. Participate in natural resource activities including plant dissection, bug bonanza, tree identification, fishing, wind energy and much more! This camp is for youth grades 5-8, ages 11-14 years, and led by 4-H Youth Development Staff, trained teen counselors, and adult chaperones. The food is great. Come make new friends and create memories that last a lifetime! Fee: \$160. Early bird registration ends February 14. Register [online](#) today! Questions? Contact [Lena Hosking](#), 4-H faculty in Jackson County, at 541-776-7371.



### 4-H Camp Tumbleweed

**March 24-27**

**Lebanon, OR**

Are you ready to learn new skills, meet new friends, and sing camp songs? It sounds like you're ready for [4-H Camp Tumbleweed](#), Survivor Edition! Spend your spring break learning outdoor survival skills, testing your confidence on "the big swing" and exploring the forest on group hikes. Campers ages 9-11 will be grouped with a trained teen camp counselor who will be your guide through camp. You do not need to be a currently enrolled 4-H member to attend, so bring your friends!

**Location:** [Camp Tadmor](#)  
**Registration:** Open February 1  
**Cost:** Early Bird: \$190 - Regular Cost: \$200  
**Payment:** Payment will be made online through Ideal-Logic

## Older Youth

### 4-H W.O.R.L.D.

**February 15-17**

**4-H Center, Salem**

The 2020 **Winter Wonder** [Western Oregon Retreat For Leadership Development](#) is a 4-H Leadership retreat for older youth, ages 12-19, planned by youth in western Oregon. This year's activities include pancake art, rock painting, knitting, public speaking, and many more leadership classes. The cost is \$130.00 – see the [flyer](#) for more information.



### 4-H Camp Counselor training

Want to have fun, develop team-building and leadership skills, and make new friends? Join the 4-H Camp Counselor Club! All youth who will be 15-18 at camp are welcome. Our first meeting is at 7:00 pm, Tuesday, January 28 – please call for location. If you have questions, contact [Hayley Olson](#) at 503-407-1687.

**Applications for awards  
and college scholarships  
DUE February 18  
BY 4:00 PM**

**[State Awards for Communication, Citizenship, and Leadership](#)**

One award in each area will be given to an Intermediate and one to a Senior 4-H member. Intermediate and Senior members were nominated to apply based on their record books. The application includes relevant pages of the 4-H Resume and other pieces. One county winner for each award will be selected and forwarded to the state 4-H office.

**[Excellence in Teamwork](#)**

This award goes to a team of two or more members who did a project during the last year that had a positive impact on their community. A description and photos of the project are required. One county team will be selected and forwarded to the state 4-H office.

**[College Scholarships](#)**

High school seniors are invited to apply for state 4-H scholarships. Read the information on the state 4-H website carefully. There are two categories of scholarships: State and Fair, and they have different criteria and applications. Also, some scholarships are for attendance at OSU. Transcripts and copies of SAT or ACT scores are required. The 4-H Resume and a 4-H Story are also required.

**[National 4-H Congress](#)**

The application includes the 4-H Resume, a 4-H Story, and photos. Members were nominated to apply based on their record books. The final selection takes place at Summer Conference.

**[State 4-H Ambassador](#)**

Applications for the 2019-20 State Ambassador Team include essay questions and a summary of 4-H activities (the Resume can be used as the summary). Members were nominated to apply based on their record books. The final selection takes place at Summer Conference.

**Two workshops** are being offered to state award applicants:

- Saturday, January 4, 1:00 – 3:00 pm. Washington County Extension office, Beaverton.
- Sunday, January 5, 2:00 – 4:00 pm. Clackamas County Extension annex, Oregon City. Also available online via Zoom Meeting.

Contact the [Extension office](#) to RSVP.

Did you miss Record Book turn in this year? Contact [Wendy Hein](#) to be nominated for state awards and opportunities.

The due date for all of these applications to be in the county office is **February 18, no later than 4:00 pm**. They will be reviewed and approved at the county level and then will be sent to the state 4-H office before the state deadline.



**Apply to be a Junior  
Superintendent!**

Applications for Junior Superintendent will be available online in February and are **DUE April 1**. Youth age 13 and up can apply. This is an excellent opportunity for 4-H members to develop leadership skills while performing valuable community service. Each project area has its expectations for Junior Superintendents. To find out more, contact the Superintendent of the project for which you'd like to apply. **Reminder: Junior Superintendents must apply each year, even if they have served in the past.**

**Spring Classic teams are forming now!**

[Spring Classic](#) is a Statewide 4-H event where county teams compete in Skill-a-Thons, Quiz Bowls, Judging, and Knowledge contests in their animal project areas. This year it will be held May 15-17 in Redmond, Oregon and include contests for **Dog, Small Animal, Horse, and Livestock project areas**. Clackamas County will be qualifying Intermediates and Seniors in all events this winter. 4-H Faculty approval is required for all Spring Classic contestants.

Clackamas County recommends that members enter no more than three contests at Spring Classic across all project areas. If you think you will qualify in multiple contests and project areas, make a plan before committing to being a member of a team. Members are responsible for checking the schedule to make sure that they can do the contests they choose without significant conflict. We expect youth to devote time to studying and practice, and entering too many events may create conflicts with team practices/ preparation time.

**Interested youth should attend their project Advisory committee meetings to learn more.**



**Youth Voices in Action  
March 23-26  
The Grand Hotel, Salem**

What would our communities and nation look like if young people were fully engaged as partners in the decisions that affect them and in the development of solutions to the issues facing their communities?

All youth ages 13-18 are invited to this conference to practice leadership skills. You will find new Oregon friends, meet state decision-makers, practice public speaking, and visit the state capitol. You will research a real problem facing Oregonians and use your voice to influence state agencies who want to hear from Oregon teens.

The registration fee for youth is \$250, which includes lodging, most meals, and materials. Chaperone registration is also available. An agenda and registration information are on [the state website](#). We are also looking for Facilitators age 17-25 to lead Issue Groups.

## Financial Basics

**4-H and tax time**

Many 4-H activities can lead to tax deductions and a few may require you to pay taxes. Here are a few things to keep in mind as you fill out your tax return this year. Remember to consult your tax advisor or [www.irs.gov](http://www.irs.gov) for details.

- \$ Most donations made to 4-H clubs or advisories are deductible. You must have a receipt showing what you donated that specifies if you received anything in return for your donation. You may need additional documentation to prove the value.
- \$ Money spent while volunteering, including photocopies and travel, may be deducted. The value of your time cannot be deducted.
- \$ Money paid by an individual for a market animal at the auction, show entry fees, and expenses for most project areas are NOT tax-deductible.
- \$ 4-H members who earned money from their 4-H project may need to file a tax return. Market animals sold at the auction can be reported on Schedule F.



## Fundraising proposals

All clubs are REQUIRED to submit an application to fundraise at least two weeks **before** the activity is scheduled. A [Fundraising Proposal](#) and \$5.00 fee, to cover the fundraising insurance, needs to be submitted and approved for the liability insurance to be available to the clubs participating in the event/activity. The fee is due **with** the fundraising proposal form. If clubs fail to submit a completed form and pay the fee, they will not be allowed to run any more fundraisers. We need to know what and how money is being raised in the name of 4-H and have a record of the fundraiser.

## Awards Night

### Awards Night wrap up

Congratulations to all those who received county recognition at the [Awards and Recognition Event](#) on November 23! Thanks to the Clackamas County 4-H Ambassador Team for all their work in preparing for this special night. Please pick up unclaimed awards and record books at the Extension office. Our budget does not allow for mailing awards. **Any items not picked up by January 31 will be recycled.**

### **Leaders and members who have awards and/or record books to pick up:**

- A. Caryn Ackerman, Marcia Alexander, Kathleen Arnold, Kasidy Artino
- B. Eileen Ballenger, Reese Ballenger, Sarah Ballenger, Wade Ballini, Brooke Barnes, Heather Bell, Kailee Benedict, Brooke Birchard, Carol Bridges, Diane Broehl, Samantha Brown, Sawyer Bruck, Tamara Bugarsky
- C. Kielee Caul, Aliya Clark, Elija Clark, Izaia Clark, Joshua Clark, Aylish Clayton, Lanette Clayton, Sandra Cole, Ronda Corless, Kelsey Coy
- D. Madeline Davis, Frank DeRoberts Jr, Ruby Dinsmore, Elizabeth Dudley, Jessica Dutton, Rebekah Dutton, Tana Dwyre
- E. Jessica Ellis
- F. Heather Faver, Stacey Ferrell, Deja Fitzwater
- G. Kailey Galusha, Kaitlin Gartrell, Becky Gepford, Carol Girrens, Jean Girrens, Heather Grzemkowski
- H. Jayna Headrick, John Headrick, Kasondra Heilman, Tina Helbig, Carson Hewitt, Abigail Higley, Molly Hurtado
- I. Hanna Irwin, Katherine Irwin, Sarah Irwin, Steven Iverson
- J. Rachel Jonas
- K. Hannah Kaufman, Tiffany Kaufman, Natasha Kilman, Audrie Klawuhn, Jolene Koch
- L. Nancy Lankford, Joanne Link
- M. Garrett Marshall, Natalie Marshall, Stephen Marshall, Kimberly Matthias, Caitlin McCabe, Nathan McCarty, Charles McCoy, Thomas McFarland, Kristin Meier, John Meisenhelder, Cassidy Mohr, Adalyn Murray
- N. Wynter Nichols, Gabriel Nunn, Katherine Nunn, Olivia Nunn, Theodore Nunn
- O. Hayley Olson, Cody O'Neil
- P. Olivia Palacios, Kerry Patlan, Grace-Ann Pegnone, Abbie Perrin
- R. Eileen Rands, Samantha Rands, Lorna Roehm, Michael Roehm, Summer Ruegger, Kylee Rusher
- S. Jessica Samarin, Rebecca Savedra, Arlo Schmidt, Jennifer Schmidt, Jonathan Schmidt, Norah Schmidt, Kristen Schweitzer, Megan Schweitzer, Jennifer Seymour, Cynthia Shippen, Kari Shippen, Diane Sinclair, Malea Sinclair, Jason Staley, Jessica Staley, Samuel Stetzel, Emily Stewart, Rachel Swanson
- T. Bonnie Thomas, Corinne Thomas-Kersting, Jessica Thompson, Amanda Thorgramson
- U. Michelle Urton
- V. Ella Van Wiel, Faith Varga, Jessica Varga, Braden Voelkel
- W. Megan Walton, McKenzie Wanner, Katie Wilks, Katie Williams, Katelyn Wing

## Thank you notes

Thank you notes encourage award donors to keep supporting our program. If you haven't done so yet, please write your notes and mail them. You can also bring them to the Extension office and we will mail them for you!



## Awards committees need YOU!

Volunteers are needed for everything from a single afternoon to a year-long commitment. Contact the [Extension office](#) today to learn how **YOU** can make a difference for 4-H members and leaders!

## Horse Project

### **NEW Horse Fair schedule July 12-19 Clackamas County Fair & Event Center, Canby**

After consulting with the Fairgrounds, we have changed the Horse Fair schedule for this year:

- Sunday, July 12 – Set up, decorating, and move in
- Monday, July 13 – Gaming (all ages)
- Tuesday, July 14 – Specialty (Dressage, Jumping, Driving, Ground Training, In-hand trail for driving and ground training)
- Wednesday and Thursday, July 15 & 16 – Juniors and Seniors (Showmanship, Trail, and Equitation)
- Friday, July 17 – Ranch Horse (begins the evening of July 16)
- Saturday and Sunday, July 18 & 19 – Intermediates (Showmanship, Trail, and Equitation)



### **Tracking volunteer needs on Facebook**

The most up-to-date volunteering information will be posted in the Facebook group [Clackamas County 4H Horse Volunteers](#). Comment on posts to sign up volunteers from your club. Contact [Staci Farrell](#) at 503-929-4627 with questions. Help is needed with volunteer coordination – contact [Wendy Hein](#) for more information.



### **Horse Bowl contest and Public Speaking and Presentations contest Saturday, January 25 Clackamas County Fair & Event Center, Canby**

Registration information for both events was emailed to Horse families in October and can be found on our [website](#). These are terrific opportunities for members to improve their horse knowledge and communication skills. Senior and Intermediate winners qualify to compete at the state [4-H Spring Classic](#). Pre-registration for both contests is due by **January 15**. There will be no on-site registration. Appropriate attire is required for Horse Bowl. Volunteers are needed, especially for Horse Bowl.

Following this event, we will determine our state teams for Spring Classic. Senior Horse members may enter only ONE Horse Team event (Horse Bowl, Horse Judging, Hippology, or a Team Presentation). If they also enter an individual horse event (Public Speaking, Individual Presentation), they must choose the Team event if they qualify for Nationals in both contests.



### **Help choose the Horse Fair theme**

Junior Horse Advisory is looking for submissions for this year's Horse Fair theme. Submit your ideas to [cjmore@outlook.com](mailto:cjmore@outlook.com) by January 7. Then watch for a Facebook post to vote for the top five. Junior Horse Advisory will make the final selection from the five finalists.



**Back to Basics and Trail Clinics**  
**Saturday, February 15**  
**Clackamas County Fair & Event Center, Canby**

These [two popular clinics](#) will be offered on the same day at the Clackamas County Fair and Event Center. Back to Basics is for new members or members who are using a new horse this year. It will start at 8:00 am and continue to about noon. The Trail Clinic will begin at 1:00 pm. To get the most out of the Trail Clinic, members should already possess basic riding skills and be able to make their horses back up, sidepass, and pivot.

Each clinic has a \$10.00 registration fee. Pre-registration by **February 9** is required as space is limited. The 4-H member must contact [Lisa Lettenmaier](#) at 503-318-9147 to register.



**IMPORTANT: paperwork DUE for Pre-Fair and Horse Fair**  
**Monday, April 6**  
**4-H Building,**  
**Clackamas County Fair & Event Center, Canby**

Paperwork **must** be brought to the 4-H Horse Advisory meeting on **April 6 at 7:00 pm** in the 4-H Building at the fairgrounds. For participation in Horse Fair and/or Pre-Fair, leaders or a designated club representative must **hand-deliver** the following completed paperwork for each member:

- U Official 4-H Health and Code of Conduct Form
- U Horse Project Identification Form
- U 4-H Horse Pre-Fair Entries (performance and western gaming)
- U "I Did It Myself Horse" Identification Form

Please be on time and have all your members' forms completed and signed. Have questions? Contact Horse Superintendent [Shirley Byrne](#) at 503-545-4153.



**What you need to know about leasing a horse**

If you lease a horse, it is up to you to complete a legal agreement with the horse's owner. 4-H does not supply lease forms but you can find sample forms online. An excellent list of what to include in a lease can be found in your 4-H Horse Project Guide. If you want to show at Horse Fair, you will also want to review our county's [project horse rules](#) to make sure your lease does not disqualify your horse. You must have **primary responsibility** for the care, training, and riding of the horse from at least April 1 through County Fair (or State Fair), and the horse may not be placed in the hands of a professional trainer during this time. Only the 4-H member may show the horse after April 1. Lesson horses and "partial" or "sponsorship" leases may not qualify since the member rarely has primary responsibility for the horse.



**Other Horse dates to remember**

- April 25-26: Horse Pre-Fair
- May 16: Western Gaming Pre-Fair
- **June 1: Horse Fair entries DUE. Hand deliver to the meeting at the fairgrounds.**
- **June 29: Horse Leader Fair Meeting**

**HEARTH Projects Home Economics, Expressive Arts, & Horticulture**

**Volunteer and Member requirements**

The HEARTH Advisory continues to promote a year-round program with more participation and educational opportunities. Adult/leader and youth requirements include support to the program and attendance at meetings and training. These requirements must be met for youth to be eligible for champion ribbons or special awards at County Fair, and State Fair eligibility. Information and forms can be found [online](#). All participation will be tracked through the year to verify a member's eligibility for these special opportunities. Support hours earned this past summer (2019) will be applied to the requirement for 2020 Fair participation.



## HEARTH Meetings

For the families and clubs who missed the **November Mandatory meeting**, you must attend at least one HEARTH Advisory meeting before May to satisfy the requirements for fair awards for members. The HEARTH project committee meets every third Monday of each month at 7:00 pm in the Extension Office Annex. Anyone is welcome to attend. The meeting topics include:

- ✿ Upcoming events and workshops
- ✿ HEARTH County Fair planning, updates, and activities
- ✿ Awards and Fundraising needs

The January 20 meeting (7:00 pm) can also be attended online or call-in using Zoom. To attend online go to <https://oregonstate.zoom.us/j/115007578> or you can join by phone by calling 669-900-6833 with Meeting ID: 115 007 578.

For more information, contact [Mel Jeffrey](tel:503-329-0503) 503-329-0503 or [Jan Williams](tel:503-650-3127) 503-650-3127. Stay up-to-date with our Facebook page at: [Hearth Advisory, Clackamas County 4-H](#).

**HEARTH Bake Sale –  
Help needed!**  
**Saturday, March 21**  
**Clackamas County Fair &  
Event Center, Canby**  
**8:00 am – 1:30 pm**

Recommended leader  
and member  
participation for County  
Fair Award eligibility

It is time again to start baking for the Spring HEARTH Bake Sale fundraiser. This is a great opportunity to fulfill both fundraising and service requirements for clubs and members. How to help?

- **Bake, bake, bake!** Cookies, muffins, loaves of quick breads, brownies, and cinnamon rolls are our best sellers. Caramel corn also sells well in the fall.
- **Help on the day of the sale!** We need six to eight adults to package donations and sell to the customers. We can also use a very limited number of people to bake brownies during the sale. The smell brings customers in!
- **Take the Bake Sale to the Tack Sale!** Intermediate and Seniors members are needed to walk through the crowds in the barns with trays of goodies for sale. We always send three to four youth together.
- **Cover the gate!** We need teams of two people, either two adults or an adult and older youth, to cover one of the entry gates. A team can cover the whole event, or we can run two shifts.

We will accept baked donations at the Exhibit Hall on Friday, March 20. We will send an update with the hours closer to the date of the sale. Please send information about your planned donations or volunteer availability to [Mel Jeffrey](tel:503-329-0503) – text to 503-329-0503.

**2020 Fashion Revue  
Challenge:**  
**Inspired by Literature**

The Fashion Revue Challenge for the 2020 fair season is: **A garment or outfit inspired by your favorite book, short story, poem or other prose.** The options are unlimited. In fact, according to Google, there are 130 million books in the world. Choose one and use your research talents, creativity, and imagination to produce your fashion masterpiece.

**New Fair Class Highlighting  
Creative/Innovative  
Thinking**

The NEW Fair **Innovation class** was developed for outside-the-box thinkers. This class allows a way to exhibit the work you do that does not fit in our otherwise scripted classes. Did you use scientific knowledge to create a unique finish on woodworking, metalwork, or art project? Did you take recycle/reuse to the max and build a vehicle from scratch? Did you create fabric using a unique dyeing system, or perhaps knit an item using something other than yarn or a stitch they developed? Did you sew an accessory, garment using illuminated fabric, or include sensors in the garment? The Innovation/Creativity class is based on expanded learning.

## 2020 Country of Celebration

It's a big world out there and this year the country that will be featured through the **Celebrate our World** classes will be the African nation of **Uganda**. This landlocked country in East Africa is steeped in culture and environmental diversity. Its rich culture extends from art and dance to regalia and foods. Break out your research skills and enjoy exploring Uganda then share how the knowledge gained influenced your 4-H experience through a fair entry!



## Zipper Workshop Saturday, February 8 Extension annex, Oregon City

If including zippers in your sewing project is a scary idea, here's your chance to put your fears to rest. 4-H Intermediates and Seniors will learn skills and techniques to sew in zippers. Participants will complete a sewing skills notebook page (with sewn zipper sample) and a finished zipper bag to take home! To ensure each member receives the instruction and assistance to go home with a finished project, space is limited and may fill up quickly.

- \$5 workshop fee – all materials and supplies will be provided.
- [Online](#) Pre-registration is required by February 3, 2020.

Questions? Contact [Jan Williams](#) (503-650-3127) or [Kris Schroeder](#) (503-475-9145).



## Spring Break Day Camp March 25-27 Clackamas County Fair & Event Center, Canby 9:00 am – 3:00 pm daily

Wondering what to do with your 4-H youth members to learn new skills and get a jump on Fair projects? Spring Break 4-H Day Camp may have what you need. There will be classes for all ages in leathercraft, Art (drawing/painting), Robotics, Fiber Arts, Photography, and so much more! Informational flyer and registration will be sent out in Clover Comments and on the 4-H HEARTH webpage in late January. Volunteers are needed – contact [Jan Williams](#) at 503-650-3127 if you can help.



## NEW Quilt Club starts in January

Starting in January, Jan Williams will be hosting a monthly meeting (third Sunday of each month) for 4-H members interested in learning about or already working on quilting projects. This group will meet to sew, learn techniques, share ideas and finish quilted projects. Interested youth please fill out the online [survey](#).

## Small Animal Projects Rabbits, Cavies, Poultry, Pigeons, Cats, & Herpetiles

### Small Animal Learning Day – workshops & more! Saturday, February 1 Clackamas County Fair & Event Center, Canby

Join us Saturday, February 1 at the Clackamas County Fair and Event Center. We'll have information and workshops about rabbits, cavies, cats, poultry, pigeons, and herpetology. Check out the [event online](#) for more details.

Following the workshops, we will have qualifying tests for Spring Classic. Intermediates and Seniors can qualify for these team contests which will be held May 15-17 in Redmond:

- Rabbit and Cavy Quiz Bowl
- Rabbit and Cavy Judging Contest
- Presentations
- Avian Bowl
- Poultry Judging

For more information about Spring Classic and these events, see the article in this newsletter under Older Youth and visit the [state website](#).



## Correction – Small Animal Master Showmanship

Congratulations to Jackie Gehred, the Reserve Grand Champion Junior in last summer's contest. Our apologies for printing the wrong name in the last newsletter.

- Upcoming 4-H Small Animal events**
- ❖ January 10 – [Critter Campus](#) workshops for small animal members, Polk Co. Fairgrounds.
  - ❖ Saturday, May 16 – Spring Fling show for rabbits, cavies, poultry, & pigeons, Clackamas County Fairgrounds. Turkey auction tagging available.

## Dog Project

**Dog Bowl**  
**Saturday, February 15**  
**Clackamas County Fair & Event Center, Canby**

Dog Bowl allows 4-H dog members to test their knowledge of dogs and the 4-H dog project. This fun event is a low-key and friendly game for beginning and advanced members alike, no matter how much or little you know! Resources to study can be found on the [website](#). Top scoring members will qualify to be on the Clackamas County Dog Bowl Team at the State 4-H Dog Bowl Contest held at [Spring Classic](#). **Pre-registration paperwork needs to be brought to the February 6 Dog Advisory meeting.** Forms are available [online](#). If you have questions or need more information, contact [Paula Watkins](#) or 971-221-3422. Spectators are welcome.



**Important reminder on leased dogs**

If you are borrowing a dog from another family/individual to use as your 4-H project dog, you must submit a “Clackamas County 4-H Record of Dog Lease” to 4-H Dog Advisory by **April 1, 2020**. This is an annual requirement, even if you are using the same dog as last year. [Forms](#) are available through the Extension office upon request. Questions? Contact [Jan Williams](#) at 503-650-3127.

## Livestock Projects Beef, Dairy Cattle, Sheep, Swine, Goats, & Llamas

**Market health forms – get them now!**

Remember to get your Oregon 4-H Market Animal health forms for Beef, Sheep, Goats, and Swine. These forms are **required** for market animal exhibitors to show at County Fair and State Fair. Start working on them now, because the records require information about early vaccinations and feed. You can get copies at the Extension office or download them from our [website](#).



**A great resource for Swine members**

You can keep your pigs healthy and gaining weight by following some key recommendations. In this [publication](#) from OSU Extension Swine Specialists, you'll learn about housing, feeding, and health considerations when raising feeder pigs, both for a traditional system and a pasture or free-range system.



**Oregon State University**  
**Extension Service**  
**Clackamas County**

This **4-H Family Newsletter** is published quarterly for 4-H volunteers, families, and members in Clackamas County. **Please share it with others in the home.** We send one copy by mail or email to each household enrolled in 4-H. Submit articles for the newsletter through the Extension agent. Articles are due **March 1** for the **April-June** issue.

OSU Extension Service  
 Clackamas County Office  
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 on Facebook at [Clackamas County 4-H Oregon](#)

**Office Hours:**  
 Monday - Friday  
 8:00 am - 4:30 pm

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## January 2020

1	.....	<i>New Year's Day – office closed</i>		
2	.....	Livestock Advisory meeting	Extension annex.....	7:00 - 9:00 pm
4	.....	State Application workshop	Washington Co. Ext.....	1:00 - 3:00 pm
5	.....	State Application workshop	Extension annex.....	2:00 - 4:00 pm
6	.....	Dog Advisory meeting	Extension annex.....	7:00 - 9:00 pm
8	.....	Horse Advisory & Junior Horse Advisory meetings	Extension annex.....	7:00 - 9:00 pm
8-12	.....	Western National Roundup	Denver, CO	
<b>10</b>	.....	<b>Horse Enrollment Deadline for Horse Pre-Fair &amp; Fair eligibility</b>		
		<b>Dog Enrollment Deadline for Dog Pre-Fair &amp; Fair eligibility</b>		
		<b>Re-enrollment Deadline for County Fair eligibility</b>		
		<b>Participation Fee Discount Deadline</b>		
12	.....	Ambassador Team meeting	Extension annex.....	1:00 - 3:30 pm
13	.....	CC4HA Board meeting	Extension annex.....	7:00 - 9:00 pm
14	.....	Camp Committee meeting	Call for location.....	7:00 - 9:00 pm
14	.....	Metro Awards & Recognition Committee meeting	Call for location.....	7:00 - 9:00 pm
<b>15</b>	.....	<b>Pre-registrations DUE for Horse Bowl and Public Speaking &amp; Presentations contests</b>		
16	.....	County Awards & Recognition Committee Location	Extension office .....	6:30 - 8:30 pm
20	.....	<i>MLK Jr Day – office closed</i>		
20	.....	HEARTH Advisory meeting	Extension annex.....	7:00 - 9:00 pm
21	.....	Small Animal Advisory meeting	TBA .....	7:00 - 9:00 pm
25	.....	Horse Bowl contests	Fairgrounds .....	7:30 am
25	.....	Horse Public Speaking & Presentations contest	Fairgrounds .....	8:00 am
28	.....	Camp Counselor meeting	Call for location.....	7:00 - 9:00 pm
<b>31</b>	.....	<b>Deadline to pick up items from Awards Night</b>	<b>Extension office</b>	
31-Feb 2	.....	North Willamette Regional 4-H Ambassador Retreat	4-H Center, Salem	



## February 2020

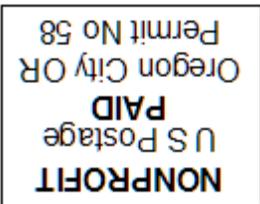
1	.....	Small Animal Learning Day Workshops	Fairgrounds .....	8:30 am - noon
1	.....	Small Animal Spring Classic Qualification	Fairgrounds .....	1:00 - 3:00 pm
3	.....	Dog Advisory meeting	Extension annex.....	7:00 - 9:00 pm
6	.....	Fair Management Committee meeting	Extension annex.....	6:00 - 7:00 pm
6	.....	Livestock Advisory meeting	Extension annex.....	7:00 - 9:00 pm
8	.....	Zipper Workshop	Extension annex.....	11:00 am - 1:00 pm
9	.....	Ambassador Team meeting	Extension annex.....	1:00 - 3:30 pm
<b>9</b>	.....	<b>Pre-registrations DUE for Back to Basics &amp; Trail Horse Clinics</b>		
10	.....	CC4HA Board meeting	Extension annex.....	7:00 - 9:00 pm
11	.....	Camp Committee meeting	Call for location.....	7:00 - 9:00 pm
12	.....	Horse Advisory & Junior Horse Advisory meetings	Extension annex.....	7:00 - 9:00 pm
15-17	.....	4-H W.O.R.L.D.	Oregon 4-H Center, Salem	
15	.....	Back to Basics Horse Clinic	Fairgrounds .....	8:00 am - noon
15	.....	Trail Horse Clinic	Fairgrounds .....	1:00 pm
15	.....	Dog Bowl	Fairgrounds .....	TBA
15	.....	Ambassadors Spaghetti Dinner Fundraiser	Fairgrounds .....	5:00 - 7:00 pm
17	.....	HEARTH Advisory meeting	Extension annex.....	7:00 - 9:00 pm
<b>18</b>	.....	<b>National Congress Resumes, State Ambassador Team applications, Scholarship applications, &amp; State Award applications DUE</b>	<b>Extension office</b>	<b>no later than 4:00 pm</b>
18	.....	Metro Awards & Recognition Committee meeting	Call for location.....	7:00 - 9:00 pm
25	.....	Camp Counselor meeting	Call for location.....	7:00 - 9:00 pm
27	.....	New Leader Orientation	Extension annex.....	9:00 - 11:30 am
27	.....	New Leader Orientation	Extension annex.....	7:00 - 9:30 pm

## March 2020

1 .....	<b>Articles DUE for 4-H Newsletter .....</b>	<b>Extension office</b>
1 .....	<b>Essays for National 4-H Beekeeping Essay contest DUE.....</b>	<b>State 4-H office</b>
2 .....	Dog Advisory meeting .....	Extension annex..... 7:00 - 9:00 pm
5 .....	Livestock Advisory meeting .....	Extension annex..... 7:00 - 9:00 pm
8 .....	Ambassador Team meeting.....	Extension annex..... 1:00 - 3:30 pm
9 .....	CC4HA Board meeting.....	Extension annex..... 7:00 - 9:00 pm
10.....	Camp Committee meeting .....	Call for location..... 7:00 - 9:00 pm
10.....	Metro Awards & Recognition Committee meeting .....	Call for location..... 7:00 - 9:00 pm
11.....	Horse Advisory & Junior Horse Advisory meetings .....	Extension annex..... 7:00 - 9:00 pm
16.....	HEARTH Advisory meeting .....	Extension annex..... 7:00 - 9:00 pm
17.....	Small Animal Advisory meeting .....	Extension annex..... 7:00 - 9:00 pm
20.....	Set-up for HEARTH Bake Sale.....	Fairgrounds ..... TBA
21.....	Horse Tack Sale.....	Fairgrounds ..... 8:00 am - 3:00 pm
21.....	HEARTH Bake Sale.....	Fairgrounds ..... 8:00 am - 1:30 pm
23-26 .....	Youth Voices In Action conference.....	Salem
26.....	Camp Counselor meeting .....	Call for location..... 7:00 - 9:00 pm
25.....	Spring Break HEARTH Day Camp.....	Fairgrounds ..... 9:00 am - 3:30 pm
26.....	Spring Break HEARTH Day Camp.....	Fairgrounds ..... 9:00 am - 3:30 pm
27 .....	Spring Break HEARTH Day Camp.....	Fairgrounds ..... 9:00 am - 3:30 pm

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**Oregon State University**  
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# FOCUS on Extension

## Serving Clackamas County Citizens

Clackamas County Extension Office  
December 2019 – February 2020

200 Warner Milne Road, Oregon City, OR 97045

503-655-8631

Volume 20, Issue 6

### Youth Explore Their Cultural Heritage Through Art

Youth in the Raíces y Alas 4-H Latinx Outreach Program explored their cultural heritage through an Art in the Garden project from September 14 to November 2. The goal of the project was to ignite youth creativity, self-expression, and passion through the exploration of cultural art. The project included the creation of youth art and visits to two important Latinx cultural celebrations: El Grito (The Shout) and Dia de los Muertos (Day of the Dead). El Grito celebrates the independence of Mexico and other Latin American countries from Spain. These celebrations connect youth to traditional Latin American music, dance, and food.



The 4-H project garden planted by the youth provided inspiration and flowers to create cultural art pieces with the help of local artist Abel Valladares. Art forms included: papel picado (paper cut outs of skeleton and floral designs), corona funeraria (funeral flower wreaths), calaverita (songs & poetry that mock death), and decorated sugar skulls. The project culminated with youth displaying their artwork in celebration of Dia de los Muertos. This holiday is believed to welcome the souls of loved ones as spirits back to their families and friends for a few brief hours each year and enjoy the pleasures of life. It is believed that the souls of children return on November 1; and that souls of adults on November 2. To welcome the souls to the world of the living, communities celebrate with music, dancing, and food. Families place an ofrenda (offering) on altars with the photos of deceased loved ones, their favorite food, candles, decorations, marigolds, and other meaningful items. The youth constructed and displayed altars and decorated them with their artwork at Witchita Community Center in Milwaukie and Molalla Elementary School for public awareness and enjoyment. The Art in the Garden project is made possible by a Cultural Coalition grant from the Clackamas County Art Alliance.

*Janet Nagele*  
4-H Youth Development Faculty

### 4-H Awards Night recognizes Supporters, Volunteers, and Youth Members



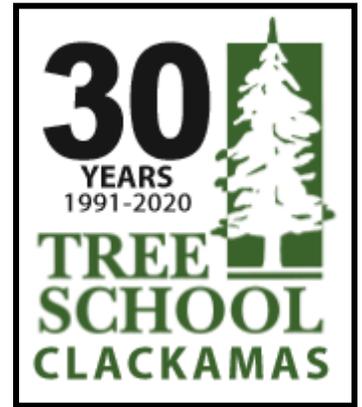
The annual Clackamas County 4-H Awards Night recognizes excellence in our youth and celebrates the community support that leads them to success. Over 300 youth and 100 volunteers were recognized this year. Our Friends of 4-H awardee was AgWest (the Woodburn store) which has graciously lent us facilities for events and equipment, including tractors for the annual youth certification program.

*Wendy Hein*  
4-H Youth Development Associate Professor

Members and leaders of the United Riders  
4-H Club with Molalla Mayor Swigart.

## 30th Clackamas Tree School

The 30th annual Clackamas Tree School on March 21, 2020 will feature 74 classes covering key topics to support the successful management of small woodlands. Participants will learn about seedlings, tree planting, tools and techniques, wildfire preparedness, marketing and business, forest health, wildlife habitat, water, forest fungi, and more. We have added seven new classes including *Intro to Small Woodland Management* and *Your Trees, Your Lumber, Your House*. We anticipate around 650 woodland owners along with about 150 instructors, exhibitors, and volunteers.



“Tree School offers a lot of great classes. We are hearing that we should do more to cover the basic forest management and maintenance topics. This year we are doubling up on those basic classes in greatest demand.” said Glenn Ahrens, OSU Extension Forester.

Tree School is a collaborative effort led by the OSU Extension Clackamas County team (Glenn Ahrens, Amanda Brenner, Jean Bremer, and Cheryl Keithan), with a lot of help from forestry community partners and volunteers. Registration opens at 10:00 am on January 28. People can register online, in-person, or by mail. Many classes fill in the first few days of registration. For more information see <http://bit.ly/Clacktree>.

**Glenn Ahrens**  
OSU Extension Forester

## “Field-to-Market” Video Series Produced

The Oregon Farm Direct Marketing Law (OFDML) of 2012 allows small farmers to produce and sell certain low-risk products from the produce that they grow, without a license, in their home kitchen. Allowable products include, but are not limited to: canned fruit, pickled vegetables, salsa, dried fruit, dried herbs, herbal teas, hot sauces, sauerkraut, and kimchi. Untrained individuals implementing improper food preservation methods introduce some food safety risks. The Family & Community Health (FCH) program and Willamette Falls Media Center Studios (WFMC) produced a series of four 10-minute demonstration videos that provide an explanation of the OFDML and illustrate science-based, step-by-step food preservation techniques to produce a fruit syrup, pickled hot peppers, escabeche, and dried apples/dried fruit leather. The FCH program worked under the guidance of Kimberly Jacobsen Nelson, Marketing & Communications Consultant. They wrote the scripts, created the visual elements, designed the sets, and provided the on-screen talent. The WFMC provided camera equipment, the use of their studio kitchen, a film crew, and managed the production of the final product.

The demonstration videos provide an alternative educational format to a traditional classroom setting. It is especially appealing to those living in rural areas of the state and unable to travel to a workshop, and/or



Kelly Streit demonstrates canning pickled hot peppers in *Acidified Foods* video.

those with limited schedules. The viewer can watch the video on their own time, and more than once. They can also hit the pause button as they work their way through the food preservation steps. It is hoped that the videos increase small farmer’s knowledge and confidence levels to produce a safe, farm direct, value added product, and that more will take advantage of the opportunity, thus contributing to their economic viability and that of their communities. The videos can be accessed at <https://vimeo.com/wfmcstudios> and soon the OSU website.

**Kelly Streit**  
Family and Community Health Faculty

## The Clackamas team welcomes Pamela Whitten to our team!



I would like to introduce you to our new Fiscal Coordinator, Pamela Whitten. We are so happy to have her on board. She is a mother of three children: two boys, ages 14 and 17, and a girl, age 6. Pam has degree in accounting from Portland State University and years of accounting experience. She said she wants her kids to grow up in a community that works to develop their members. She came from an inclusive community and this is where she would like her new community to be for her family and friends. Pam and her family live in Molalla and have two dogs, three cats, and two raccoons. The raccoons are wild, but they sleep in their tree in the yard, so the kids claim them. Please stop by the office and introduce yourself!

*Leah Sundquist  
Office Manager*

## OSU Master Gardeners share their enthusiasm for the OSU Master Gardener™ program.

“I loved learning about best gardening practices and how to be a good earth steward! I especially loved meeting and learning from other experienced gardeners, and in turn volunteering in my community to teach others.”

– Cheryl Borden, OSU Master Gardener

“The hands-on opportunities were great! Applying the knowledge acquired in the classroom to the garden, gave me a much better understanding of how to be a successful and sustainable gardener!”

– Connie Leben, OSU Master Gardener

You too can expand your gardening knowledge and become a Master Gardener! Register now for the 2020 OSU Extension Service Master Gardener training. The training includes all aspects of sustainable gardening in a fun and friendly environment. Science-based curriculum is offered in a combination of in-person, online classes and hands-on workshops that run from late January through March. This unique training is followed by volunteer educational outreach.

Become a garden educator and help your community to grow from the ground up! To register go to: <https://extension.oregonstate.edu/mg/metro/become-master-gardener>.



Master Gardeners at the 2019 Weeds Workshop.

*Marcia McIntyre*

*Master Gardener Program Representative*

### Extension in the News

New Building

<http://bit.ly/buildingbids>

<http://bit.ly/buildingnewsletter>

Men in Business

<http://bit.ly/Mikeinbusiness>

Women in Business

<http://bit.ly/Angelainbusiness>

Field to Market Videos

<https://vimeo.com/wfmcstudios>

## Future Events

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### December:

Estacada Food Pantry Booth: Friday, December 20 from 10:00 am to 1:30 pm at the Estacada Food Pantry. Buffy will be providing a Food Hero tasting related to the foods expected to be available in the market. Contact Buffy Rhoades: Buffy.Rhoades@oregonstate.edu.

Office Closed: Wednesday, December 25. The office will be closed in observance of winter holidays.

HEARTH 4-H Winter Workshops: Saturday, December 28 starting at 10:00 am at the Clackamas County Event Center. Participants can focus on sewing, cooking, leathercraft, and fiber arts. Pre-registration is required. Contact Jan Williams: Janaleen.Williams@oregonstate.edu.

### January:

Office Closed: Wednesday, January 1. The office will be closed in observance of New Years Day.

Free Food Market Booth: Tuesday, January 7 from 10:00 to 11:30 am at the Beaver Creek Health Clinic. Participants have access to free fresh and healthy fruits, vegetables and pantry staples. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: Erin.Devlin@oregonstate.edu.

Free Food Market Booth: Tuesday, January 9 from 10:00 to 11:30 am at the Oregon City DHS office. Participants have access to free fresh and healthy fruits, vegetables and pantry staples. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: Erin.Devlin@oregonstate.edu.

Community Forestry Day: Saturday, January 11 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Pre-registration requested. Contact Peter Matzka: Peter.Matzka@oregonstate.edu.

Horse Bowl & Public Speaking and Presentations Contests: Saturday, January 25 starting at 8:00 am at Clackamas County Event Center. Cheer on 4-H participants as they share their knowledge of the 4-H Horse project. Contact Wendy Hein: Wendy.Hein@oregonstate.edu.

Smoking Foods Class: Saturday, January 25 from 10:00 am to 12:30 pm at the Extension Annex. Participants learn the art of creating smoked foods in an in-depth demonstration and tasting. Pre-registration required. Contact Buffy Rhoades: Buffy.Rhoades@oregonstate.edu.

Office Closed: Monday, January 20. The office will be closed in observance of Martin Luther King Jr Day.

### February:

Community Forestry Day: Saturday, February 8 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Pre-registration requested. Contact Peter Matzka: Peter.Matzka@oregonstate.edu.

This publication will be made available in accessible formats upon request. Please call 503-655-8631 for information. Accommodation requests related to a disability should be made at least two weeks before the event to the contact person listed.



Agricultural Sciences & Natural Resources, Family and Community Health, 4-H Youth, Forestry & Natural Resources, Extension Sea Grant, Open Campus, and Outdoor School programs. Oregon State University, United States Department of Agriculture, and Oregon counties cooperating. The Extension Service offers its programs and materials equally to all people. Oregon State University Extension Service prohibits discrimination in all its programs, services, activities, and materials on the basis of race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, familial/parental status, income derived from a public assistance program, political beliefs, genetic information, veteran's status, reprisal or retaliation for prior civil rights activity.