



Welcome to the...



# Clover Comments

An occasional email of announcements, reminders, and updates that just can't wait until the next newsletter! Please print & share this information with those in your club that do not have email.

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## 1. **New Leader Orientation, November 29**

Are you interested in starting a new 4-H club or assisting with an existing one? We would love to have you join us for New Leader Orientation on **Thursday, November 29, 2018**. The evening class is full, but there is still space in the morning session from **9:00 – 11:30 AM**. This is the last session before the January 10 enrollment deadline. Please contact Trisha Applebee at [trisha.applebee@oregonstate.edu](mailto:trisha.applebee@oregonstate.edu) or 503-650-3132 to **RSVP no later than Monday, November 26**.

The next New Leader Orientation will be held **Tuesday, March 5**. As a reminder, each club must have a minimum of two approved adult 4-H Volunteers. Please contact the Extension office at 503-650-3132 to RSVP. **We request two weeks' notice to ensure that we have the appropriate number of materials available.**

## 2. **State 4-H Ranch Horse Results**

Clackamas County qualified 11 Seniors and 5 Intermediates for the first annual State 4-H Ranch Horse Competition. The events took place **September 8, 2018** at the **Deschutes County Fairgrounds**. Awards were given in each of the six events as well as for the overall highpoint. Thank you to Randy and Cindy Lake for coordinating one of the state events.

### **Congratulations to our honorees from Clackamas County:**

Akua Swift – Medallion, Intermediate Ranchmanship  
Kaylin Coles – Medallion Ribbon, Intermediate Ranchmanship  
Jennifer Tibbets – Medallion Ribbon, Senior Ranch Horse Pattern  
Jenessa Teachout – Medallion, Senior Trail and High Point Senior

### **3. AFGC National Youth in Forage Management Essay, December 1**

The [National Youth in Forage Essay](#) focuses on essays written about anything pertaining to grazing management, including but not limited to, personal experiences in grazing management, observation or explanation of grazing practices, livestock management on pasture, fencing or other equipment related to grazing management, plant or animal species response to grazing management, or any other subject matter related to grazing management. There are three age categories for participants—14 and under; 14-18; and 19-22. Essays must be original composition of the entrants and can either be typed or legibly hand written. The deadline for submission is **Saturday, December 1**.

### **4. Share your knowledge: Become a 4-H Pet Ambassador, December 12**

A new club is forming, led by metro area 4-H staff member Dr. Kristen Moore. Youth age 9-18 with an interest in pets are invited to join the monthly meetings to learn more about human-animal bonds. They will also have opportunities to share their knowledge with others. See the [event announcement](#) and [flier](#) for more information. Next Meeting is **December 12, 6:00-7:00 PM**, at the Clackamas County Extension annex.

### **5. 4-H High Desert Leadership Retreat Registration is OPEN!, January 18-21**

[High Desert Leadership Retreat](#) (HDLR) is a great opportunity for youth in 7th-12th grade to spend the weekend learning new skills, building independence and networking with other teens from all over Oregon. The retreat is held **Friday, January 18 to Monday, January 21 at Eagle Crest Resort in Redmond**. HDLR gives you a taste of independence as you grocery shop and cook for yourself and your condo-mates throughout the weekend. During the day, you will participate in a series of self-selected leadership classes and in the evening there is plenty of time for fun at the rec center and dance!

#### **[Registration is open!](#)**

Early Bird Registration Cost (11/1-11/30): \$200

Regular Registration Cost (12/1-12/31): \$220

New this year, **payment will be made to the participants County Extension Office** after they have completed registration for the retreat.

### **6. Sign up Now for 4-H ExCEL! January 27-28**

High School students involved in 4-H or Zoo programs are invited to this overnight program on **Sunday, January 27 to Monday, January 28**. Discover future career pathways, learn innovative ways to fund your education, gain a close up insight on different professionals' career journey, and explore the Zoo at night! Meet Oregon State University Faculty and students and explore OSU campus on the second day of the program. For more information and to register visit the [event posting](#).

### **7. Horse Bowl Requires Appropriate Attire**

We wish to remind horse members that the 4-H dress code applies at all our events, including Horse Bowl. Members should be dressed in clean, neat clothes. A long sleeve button up shirt, nice jeans, boots, and belt are suggested. Other horse show clothing or business attire is also acceptable. No spurs are allowed in the 4-H building. Members who come in inappropriate clothing will not be allowed to participate.

## **8. Start a Cattle Breeding Program with the BZ Lowline Angus Traveling Cow**

BZ Red Angus will provide a registered Fullblood Lowline cow for a youth with two years or more of high school remaining. Animal will be housed and raised on the property of the recipient. Recipient is to receive the cow in the spring of 2019, show it during 2019, calve it in the fall (August/September) of 2019, care for it and show it, rebreed the cow to an approved bull, and wean the calf. Cow will be returned in the spring of 2020 following the weaning of the calf. Possession of cow for second year may be considered and negotiated.

What the goal is: The animal may be used for the development of a registered Lowline breeding program for the recipient. Project will allow the recipient to care for the original cow, breed her, train her for shows, calve her, rebreed her, and use the calf to start a herd of their own.

The calf born from the animal will become the property of the recipient at weaning. After the weaning of the calf the rebred cow will be returned to BZ Lowline Angus following the State Fair. The reward of participating in this program is the resulting calf. If the calf should die prior to weaning, there is no guarantee of replacement of the calf. BZ Lowline Angus will work with the recipient to assist in birthing, weaning, worming, vaccinations, and breeding. Distance to recipient is to be considered.

Application Procedures: Email, Call, or write BZ Lowline Angus for complete information and application. You may e-mail a request for pictures of cow.

Gary Zosel  
12515 S. Toliver Rd  
Molalla, OR 97038  
(503) 829-7869  
[bigz@molalla.net](mailto:bigz@molalla.net)

## **9. Adults: Help out an OSU grad student from the Human Animal Interaction Lab!**

The Oregon State University Human-Animal Interaction Lab is looking for pet owners to [take a survey](#) examining pet behavior and the human-pet relationship. The purpose of the survey is to assess how pet owners perceive the bond they have with their pet. If you are 18+ years old and own a pet you are eligible to participate. For individuals who own more than one pet, the survey can be taken multiple times (once for each pet) or a single time for a pet of your choice. Individuals who own dogs are of particular interest; however, all pet owners are welcome to fill out the survey.

## **10. Strengthening Families for Parents and Youth**

Starting **Wednesday, January 16, 2019** for 7 sessions, ending on **February 27, 2019**, from **6:00 - 8:30 PM** at the Clackamas County Juvenile Department. Meals provided, childcare for children under 10 provided, incentives such as gift cards and board games awarded upon completion. Please contact Judy Pearce, Skills Group Coordinator at 503-650-3152 to register!

### **Parent:**

- Love and Limits, demanding and controlling behavior versus lenient, pushover behavior.
- Video models both, then calm, caring, but firm.
- How to make house rules, youth responsibilities, "I" statements.
- Noticing and encouraging good behavior.
- How to have a family meeting
- Listening skills.

- Understanding youth needs and the basis for some misbehavior.
- Risk and protective factors

**Youth:**

- Having goals and dreams and how to reach them.
- Appreciating parents, what is hard about being a parent.
- Understanding that parent stress may be a factor in parent reactions.
- Handling peer pressure and Refusal skills.
- Understanding what makes someone a good friend.
- Understanding that all people sometimes have consequences.

**Family:**

- Get to know each other better, activities and games, having fun as a family.
- Create Family tree, qualities and strengths of family members.
- Create Family Shield, family values.
- Problem solving as a family.
- Having an actual family meeting.

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