



### Menu(s)

**Intermediates:** Plan a menu for one meal in which the food you are preparing might be served. Identify each food on the menu by food group.

**Seniors:** Plan menus for three meals during a day the food you are preparing might be served. Identify each food on the menu by food group.

<b>Food Group</b>	<b>Menu</b>

<b>Food Group</b>	<b>Menu</b>

<b>Food Group</b>	<b>Menu</b>