# Hands for Larger Service

#### A JOURNAL DEDICATED TO ACTIVE CITIZENSHIP IN YOUR COMMUNITY.

## Leadership

Leadership is the ability to motivate, inspire, and create an environment for proactive participation in communities. Leaders influence and support others in a positive manner for a shared goal. Leaders aren't just elected, anyone can serve as a leader! Developing leadership skills is a priority of the 4-H program. Research shows that youth who are involved in leadership activities develop a greater sense of self-esteem, confidence, social competence, and more effective coping skills. The leadership skills learned in 4-H will be used in jobs, service groups, communities, and in your daily activities as an adult. Find a way to be a leader in your family, club, school, or community!





## **Speak Loud for Leadership**

An important part of developing leadership skills is practicing your public speaking. With your community club this month, practice your public speaking by giving a one minute speech on what 4-H means to you. This can be done in front of the whole club, or split up into smaller groups. Have fun with it and use your strongest voice!

### Lane Leadership Team

The Lane Leadership Team, also known as LLT, is Lane County's 4-H teen leadership group. LLT meets monthly to develop skills in leadership, communication, and event planning. In addition, this group plans events for 4-H all year long, like the Awards Ceremony and the Farm Olympics. Come join the Lane Leadership Team to learn, grow, and make a difference in the Lane County 4-H program!



