

Stay Home, Stay Connected!

A JOURNAL DEDICATED TO KEEPING YOU ACTIVE & CONNECTED FROM HOME.

Fall in Love with Crafts

Looking to put your pile of leaves in the backyard to use? We've got some crafts for you! Take a walk in the fresh fall air, and collect a variety of leaves that have fallen. Then, you'll be ready to do some crafting!



Leaf Stamping

1. Lay leaf down on newspaper or paper plate
2. Paint leaf with your choice of color
3. Press painted side of leaf onto the surface you would like painted (could be paper, pumpkin, jar, etc.) and rub in the paint to the surface
4. Lift the leaf, and you've made your stamp!

[See Example](#)

Leaf Shading

1. Place leaf on your table and place piece of paper on top of the leaf
2. Rub crayon on the area of the paper on top of the leaf
3. Continue to do this with a variety of leaves until you fill your paper with leaf shadings
4. Now you have a page of leaves! [See example.](#)



Go for a walk everyday this month. Take the opportunity to capture photos of the beautiful fall scenery and clear your head after a busy day!



Monthly Munchie—It's Back!

Hot Apple Orange Cider

Ingredients

64 fluid ounces 100% apple juice (8 cups)

32 fluid ounces water (4 cups)

2 oranges

12 whole cloves

2 allspice peppercorns

6 cinnamon sticks

Directions

1. In a 4 quart stock pot, add apple juice, water, oranges (cut in half) and all the spices.
2. Bring to a boil and simmer for 2 hours.
3. Serve hot and enjoy!
4. Refrigerate leftovers within 2 hours.



Want a treat to go with your cider? Try the [Pumpkin Breakfast Cookies!](#)



What's Up Lane County 4-H?

We want to hear from you!

Each month, we will be highlighting 4-H projects from youth around Lane County in "What's Up Lane County 4-H?" Send in photos of any static projects you have been working on, you working with your animals, or of you engaging in any of the 4 H's. These photos do not just have to be of completed projects, we want to see your projects in progress, too! Send your 4-H photos to LaneCounty4H@oregonstate.edu throughout the year, and we will share them here for all 4-H youth and families to see. We are so excited to see what you are all up to!



Here are some photos of Lane County 4-H members from this past 4-H year!

