

OSU EXTENSION, SERVING THE CONFEDERATED TRIBES OF WARM SPRINGS

APRIL 2020

OSU Extension Operations Update

On March 23rd, 2020 OSU Extension offices closed to public traffic and Extension employees were directed to work remotely in an effort to protect our community, volunteers, and employees. While we are working remotely Extension may look a little different but our mission remains unchanged. OSU Extension faculty and staff are still actively reaching out to the community and our partners to continue our programs, outreach and to respond to requests for pandemic-specific support and resources.

Family and Community Health/SNAP-Ed

Olivia Davis and Rosanna Sanders have met with their OSU Native American/Alaskan Native (NA/AN) Workgroup and added representatives from the Oregon Department of Education (ODE) to discuss how the workgroup can help ODE increase Native American student attendance rates. Promoting education is very important to our team and we are excited to have this opportunity to work with ODE on this goal. Additionally, the NA/AN Workgroup finalized two new culturally relevant Food Hero recipes, which are now available to use. One recipe is featured in the March 2020 Edition of the SNAP-Ed Older Adults Food Hero Monthly. This collaboration with OSU Extension and the NA/AN Workgroup allows us to increase the resources we can offer to our Warm Springs community.

Olivia Davis, Rosanna Sanders, and Tracy Wilson all completed Trauma Informed Training this month. Strategies learned from the training will be used to improve our planning and delivery of programs to serve community members who have experienced trauma.

4-H Youth Development and Gardening

John Brunoe has requested approval for two new learning garden sites, on the north side of the Senior Center and at the Simnasho old school site. Once approvals are received, we will begin fencing those garden sites as well as expanding the fencing at the garden on the west side of the CPS Center. John worked with the Warm Springs Academy at the Learning Garden there to prepare the school garden and greenhouse. Plants that were started in the WSA greenhouse will still be utilized in the learning gardens, and produce grown from the gardens will be distributed to Children's Protective Services Program and the Senior Center.

John and the Warm Springs Extension team are preparing gardening kits for home use. Home garden support will be provided through phone, email, and the Warm Springs Extension Facebook page to help community members be successful in their garden projects. A kit is being developed with written instructions on how to build a garden box and will include necessary supplies such as soil, seeds, etc. We are also developing a communication and safe distribution plan with for these kits, and are very excited to help tribal members grow more of their own food!

In collaboration with Warm Springs Academy and KWSO John will share on-going garden updates, activities, and resources with the community, including "What's growing in the OSU Learning Gardens?" and "Check out what's happening at the WSK-8 School Garden".

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Our Values: Community-based | Accountability | Credibility | Diversity | Partnerships | Responsiveness



Growing Tribal Farms

Our team is currently adapting the Growing Tribal Farms Adult program to remote instruction and participant support. Ellise David is providing participants with online resources to continue learning and working on their business plans, offering webinars aimed at helping Native American farmers navigate the changes due to COVID-19, and developing feedback submitted business plans.

Once participants have submitted their business plans, and the plans are reviewed and approved, we will transfer funds so that the business plans can be implemented.

Unfortunately, various workshops that were planned will be postponed until they can be safely delivered in-person.

Recruitment for the Youth cohort is on hold due to the inability to meet in-person, though the program is still accepting applications.

Rangeland Management

Scott Duggan will be rescheduling the annual horse vaccination clinic usually held in May.

In addition, Scott is developing a publication called "Inland Pasture Calendar" that will benefit livestock producers in Warm Springs and Central Oregon. In conjunction with this publication, there will be workshops and "train the trainer" events to help share the information with a wider audience.

Online Resources:

Youth Activities

Oregon 4-H

www.facebook.com/Oregon4h

The Environmental Center At Home Garden Activities

<https://envirocenter.org/garden-and-nutrition-activities-to-do-at-home-living-necklace/>

OSU Extension Food Hero Recipes and Activities

www.foodhero.org

Be Physically Active (BEPA) Activity Guides

www.extension.oregonstate.edu/bepa/activity-take-home-sheets

Gardening and Agricultural Learning

Intertribal Agriculture Council

<https://www.indianag.org>

Oregon State University Master Gardener Short Series Class

<https://beav.es/4Wf>

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