

# OSU EXTENSION, SERVING THE CONFEDERATED TRIBES OF WARM SPRINGS

JUNE 2020

## OSU Extension Operations Update

On March 23rd, 2020 OSU Extension offices closed to public traffic and Extension employees were directed to work remotely in an effort to protect our community, volunteers, and employees. As a part of the University's Resumption Plan, the Warm Springs Extension office will be reopened emphasizing low-density and mixed modalities for program delivery. Our priority is always the health and safety of our community and employees. The University has released a plan detailing how we will resume in-person operations for Extension offices. The plan can be found at [www.covid.oregonstate.edu/pandemic-resumption-planning](http://www.covid.oregonstate.edu/pandemic-resumption-planning)

### Family and Community Health/SNAP-Ed

Olivia Davis and Rosanna Sanders have tested three Food Hero recipes, one geared towards older adults and the other two recipes have a family focus.

We met with the Oregon Department of Education Farm 2 School grant committee and discussed the timeline of the project and next steps. We set up a meeting of the Traditional Foods Project, our first meeting that will include the Community Advisory Board members.

The SNAP-Ed team is collaborating on the Garden Kit project with all Warm Springs Extension departments and the Warm Springs Community Action Team. Details on the Garden Kit project can be found in the Warm Springs Garden Kit Section of this report.

### 4-H Youth Development and Gardening

John Brunoe has been hard at work constructing 2ft x 2ft raised bed boxes for the Garden Kit project. We recently received approval from the Tribal Land Use Department to fence the garden site at the Warm Springs Senior Wellness Center and the Simnasho Community Garden site. We also received approval to fence and develop the old elementary school athletic field into a community fruit orchard.

Central Oregon Fencing will be installing fencing at the Senior Center and Simnasho learning garden sites and expanding an existing garden fence located on the west side of the CPS Center. Fencing project is expected to be completed by July 4th or shortly thereafter.

In collaboration with the administration at the Warm Springs Academy, John is assisting in developing a memorial flower garden in honor of Valerie Mallory, who passed away suddenly and unexpectedly in May.

### Growing Tribal Farms

Ellise David and Jennifer Oppenlander have worked on adapting the program to better respond to the ongoing COVID-19 pandemic. As the Extension office phases in-person programming back in, while instituting all necessary health precautions, we will begin our workshops and farm tours with the participants. Three participants have been approved for the \$10,000 grant for beginning their agricultural enterprise and the University is in the process of dispersing those funds to the participants.

We are continuing to be as flexible as possible with our participants as we all navigate the changes brought on by the pandemic. To this end, we are still accepting applications for the Youth Program but will wait to hold formal recruitment talks until we can safely meet in-person.

**Our Values: Community-based | Accountability | Credibility | Diversity | Partnerships | Responsiveness**



## Warm Springs Garden Kits

The Warm Springs Extension team and the Warm Springs Community Action Team are preparing gardening kits for home use. Home garden support will be provided through phone, email, and the Warm Springs Extension Facebook page to help community members be successful in their garden projects.

We have reached out to the original 100+ respondents to the survey to coordinate plant selection and either pick up or delivery of the garden kits.

All of our Extension programs have pitched in to put these together and contribute relevant resources that will help the community grow nutritious, affordable produce for themselves and their families.

The Warm Springs Extension Team is very excited to get these kits out to the community.

## Online Resources:

### Youth Activities

#### OSU Extension Youth Education Resources

[www.extension.oregonstate.edu/families-health/youth](http://www.extension.oregonstate.edu/families-health/youth)

#### Oregon 4-H

[www.facebook.com/Oregon4h](http://www.facebook.com/Oregon4h)

#### OSU Extension Food Hero Recipes and Activities

[www.foodhero.org](http://www.foodhero.org)

#### Be Physically Active (BEPA) Activity Guides

[www.extension.oregonstate.edu/bepa/activity-take-home-sheets](http://www.extension.oregonstate.edu/bepa/activity-take-home-sheets)

### Gardening and Agricultural Learning

#### Intertribal Agriculture Council

<https://www.indianag.org>

#### Growing Tribal Farms Site

[www.sites.google.com/oregonstate.edu/growingtribalfarmsprogram](http://www.sites.google.com/oregonstate.edu/growingtribalfarmsprogram)



## Faculty and Staff

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