

OSU EXTENSION, SERVING THE CONFEDERATED TRIBES OF WARM SPRINGS

MAY 2020

OSU Extension Operations Update

On March 23rd, 2020 OSU Extension offices closed to public traffic and Extension employees were directed to work remotely in an effort to protect our community, volunteers, and employees. While we are working remotely Extension may look a little different but our mission remains unchanged. OSU Extension faculty and staff are still actively reaching out to the community and our partners to continue our programs, outreach and to respond to requests for pandemic-specific support and resources. The University has released a plan to resume in-person operations for Extension offices. The plan can be found at www.covid.oregonstate.edu/pandemic-resumption-planning

Family and Community Health/SNAP-Ed

Olivia Davis and Rosanna Sanders submitted an article to the Spilyay (ran on 4/22) thanking the community for participation in conducting surveys for new recipe development through the social marketing campaign, Food Hero. The surveys were on recipes that were Native American inspired.

The SNAP-Ed department received funding on a statewide project to restructure Oregon Healthy Harvest for Schools campaign materials and to create culturally appropriate videos for African American, LatinX and the Native American communities of Oregon. This grant includes a collaboration with WSA to help deliver and provide feedback on youth appropriate materials, including making of a video featuring WSA students.

The Traditional Foods project continued a call for artist submissions. The artist(s) will create drawings of traditional foods to update a pamphlet and create a calendar guide of when foods are available, as previously outlined in the presentation to Tribal Council.

As part of our department's SNAP-Ed Native American workgroup, the team helped to design two new Food Hero coloring sheets reflective of Oregon Native American Culture, featuring Salmon and Chokecherries- we encouraged the Food Hero team to use Wild Cherries as a header instead of Chokecherries, to comply with what schools are able to procure for student meals.

The SNAP-Ed team is collaborating on the Garden Kit project with all Warm Springs Extension departments and the Warm Springs Community Action Team. Details on the Garden Kit project can be found in the Warm Springs Garden Kit Section of this report.

4-H Youth Development and Gardening

John Brunoe is continuing to work with Tribal Land Use Office for approval of two new learning garden sites. One of the new learning gardens will be located on the north side of the Senior Center. The other new Learning Garden will be located at Simnasho at the old school site. The progress of this endeavor has been advancing more slowly due to closing of Tribal Offices due to COVID-19. The requests have been posted by the land use office for community observation. The Land Use Committee has approved the gardens at the Senior Center and Simnasho.

(Continued page 2)

Our Values: Community-based | Accountability | Credibility | Diversity | Partnerships | Responsiveness



Central Oregon Fencing will be installing fencing at the Senior Center and Simnasho learning garden sites. Contractor will be expanding an existing garden fence located on the west side of the CPS Center. The Warm Springs Academy Learning Garden is being prepared for the upcoming growing season and the school greenhouse is growing starts for the school garden and other learning garden sites. Jefferson County Plumbing repaired broken water faucet on west side of Family Resource Building to establish water source for Learning Garden #2.

The OSU WS Extension Learning and Demonstration Gardens & WSK-8A School Garden will be planted with vegetables, cover crops and pollinators.

John is also collaborating with the Warm Springs K-8 Academy and KWSO Radio Station to inform community regarding garden updates and upcoming activities. For example “What is growing in the OSU Learning Gardens?”, “Check out what is happening at the WSK-8 A School Garden” and post pictures.

Additionally, John is a critical member of the Warm Springs Garden Kit collaboration.

Growing Tribal Farms

Our team has adapted the Growing Tribal Farms Adult program to remote instruction and participant support. Ellise David continues to provide participants with online resources to continue learning and working on their business plans, offering webinars aimed at helping Native American farmers navigate the changes due to COVID-19, and sharing feedback on submitted business plans. Three participants have submitted

their business plans, and the plans have been reviewed and approved, we are submitting the necessary form to the University to transfer funds so that the business plans can be implemented.

Unfortunately, various workshops that were planned will be postponed until they can be safely delivered in-person.

Recruitment for the Youth cohort is on hold due to the inability to meet in-person, though the program is still accepting applications.

The Growing Tribal Farms website has been completed and can be found at www.sites.google.com/oregonstate.edu/growingtribalfarmsprogram. The site includes resources, webinars, program partner information, etc. This has been used by the adult participants and potential youth who might be interested in applying for the Growing Tribal Farm program. Ellise regularly updates the site, deleting expired webinars, uploading new USDA news, etc. This site is available to all community members.

Warm Springs Garden Kits

The Warm Springs Extension team and the Warm Springs Community Action Team are preparing gardening kits for home use. Home garden support will be provided through phone, email, and the Warm Springs Extension Facebook page to help community members be successful in their garden projects.

John purchased cedar boards and hardware and has begun construction of 2ft x 2ft garden boxes.

The team posted a survey on the Warm Springs Extension Facebook

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page to gather information from the community on interest in growing their own food, what plants are of interest, and if this would be helpful to students to continue their education. During the few days the survey was open, we recieved over 100 responses with many community members expressing interest outside of the survey itself.

The team has approximately \$5,000 for the project already from existing grants and the Community Action Team contribution of \$1,000 dollars. In addition to those funds, Carina Miller with the Warm Springs Community Action Team, applied for funding through the USDA Farm to School COVID-19 program to support this project. Our goal is to distribute at least 250 kits to the community.

We are currently pulling together resources for different age groups, ordering seeds and starts, and contacting High Desert Organix about soil for the garden boxes, and also working on a plan for distributing the kits to the community, while observing all safety recommendations to prevent the spread of COVID-19.

The Warm Springs Extension Team is very excited to get these kits ready and out to the community.

Online Resources:

Youth Activities

OSU Extension Youth Education Resources

www.extension.oregonstate.edu/families-health/youth

Oregon 4-H

www.facebook.com/Oregon4h

OSU Extension Food Hero Recipes and Activities

www.foodhero.org

Be Physicllly Active (BEPA)Activity Guides

www.extension.oregonstate.edu/bepa/activity-take-home-sheets

Gardening and Agricultural Learning

Intertribal Agriculture Council

<https://www.indianag.org>

Growing Tribal Farms Site

www.sites.google.com/oregonstate.edu/growingtribalfarmsprogram

