SNAP-Ed and Family & Community Health

- The team recorded an interview with the Interim Head of Extension, Anita Azarenko on the Warm Springs Garden Kits project. This is a part of the First Monday video series highlighting OSU Extension work across the state.

- Olivia Davis and Sara Rogers met with KWSO to record rotating “Nutrition News”. Messages focused on Food Hero resources, preservation tips, and food safety.

- Olivia Davis and Tracy Wilson met with Extension Communication for news stories on Preservation and the Grow Where You Are Garden boxes. News stories, once written will be shared to media outlets across the state and in Warm Springs.

- A story passed along to us: To honor the Nutrition Service Staff at WSA for their dedication and hard work preparing and serving meals during COVID, a student and his family baked them the Food Hero recipe Breakfast Pumpkin Cookies. The student was very proud.

Livestock and Agriculture

- The Growing Tribal Farms adult program is currently on the tail end of the 2-year period. We are happy to report that 6 of the 8 adults have received their funding and are getting started with their operation or are getting everything planned/prepared for the spring season. Ellise David working with the other 2 participants to accommodate their schedule, other duties, other jobs, etc.

- The Growing Tribal Farms youth program is still in the recruitment stage. We are working with the Madras FFA advisor and the Jefferson County 4-H director to ensure that those who are wanting to show in the fair can do so.
• Ellise David is currently getting the Warm Springs 4-H Livestock Club chartered which will mean the club can start conducting meetings and youth can start work on their livestock projects.

• Ellise David was asked to present at the USDA Food Nutrition, and Consumer Services Celebrates Native American Heritage Month as a panelist of Native Youth to be affiliated with the Intertribal Agriculture Council.

• Scott presented at the Inland Pasture Management workshop on November 3rd-6th. This “train the trainer” workshop was designed for NRCS, Tribal managers, and government agency personnel in the Pacific Northwest.

Warm Springs Garden Kits

• To date we have delivered or arranged delivery for over 110 garden kits to community members.

• We are continuing to safely deliver the kits to community members. The fall kits include: a raised garden box (2ft x2ft), 4 bags of soil, cover crop seeds, informal sheets on setting up the box and planting instructions, small wooden plant markers, and garden recording sheets. To request a kit, please email warmsprings.extension@oregonstate.edu

Welcome New Forestry and Natural Resources Fire Specialists

Ariel Cowan and Amanda Rau, are the new Fire Specialists serving Warm Springs and surrounding areas.

• Ariel Cowan will be serving the Central fire service area and will be housed at the Deschutes County Extension office in Redmond. As a graduate of Oregon State University, she researched the impacts of fire intensity on soil, fungi, and forest recovery while earning a Masters of Science. Her experience in forestry began while earning a Bachelors degree at the State University of New York College of Environmental Science & Forestry. Since then, she has built a passion for forest health, fire history, and ecology. She joins us from the Oregon Department of Forestry where she worked as a monitoring specialist, stewardship forester and wildland firefighter in the Sisters-Prineville area. In a region with a growing population and a complex wildland urban interface, she worked with homeowners and landowners on how they can embrace fire while protecting their homes. She looks forward to
interacting with and learning from all of the communities in her service area.

- Amanda started her career in fire management as a member of a 20-person firefighting handcrew in 1999. In 2001, after finishing her BA in Philosophy at the University of Oregon, she returned to fire management, working on hotshot crews, handcrews, and engines; as a fuels technician on the Deschutes National Forest; and assistant fire management officer in fuels management on the Ochoco National Forest and Crooked River National Grassland. She studied Natural Resources at Oregon State University and completed a Masters in Natural Resources, Fire Ecology, and Management at the University of Idaho in 2012, focusing on indigenous and Tribal fire management for huckleberry sustainability in Central Oregon. She has since worked for the Prineville Bureau of Land Management as a natural resource specialist coordinating post-fire emergency stabilization and rehabilitation; as invasives program manager for the Deschutes and Ochoco National Forests and Crooked River National Grassland; co-founder and chair of the Oregon Prescribed Fire Council; and fire manager for The Nature Conservancy in Oregon and Washington. She joined Oregon State University’s Forestry and Natural Resources and Extension Fire Program as a Regional Fire Specialist serving the Willamette Valley and North Cascades in October 2020.

**Forestry and Natural Resources**

Thomas Stokely is the local Forestry and Natural Resources Extension agent, his role is to provide science-based education to communities of Central Oregon on the management and conservation of forests and the wildlife they support. Thomas works with individuals, youth and adult classes, and collaborative groups to help support an inclusive learning environment that encourages multiple perspectives on natural resources management. He also provides technical support to help inform land management decisions at local and regional levels, with a focus on cross-boundary partnerships and attaining a balance between cultural, ecological, and economical values.

**Small Farms**

Clare Sullivan is the Small Farms and Specialty Crops Extension Agent for Central Oregon, she is available to share information from local research and current innovative agricultural practices with farmers in Warm Springs. Her focus areas include cover crops, soil and nutrient management, and innovative horticultural production. She provides workshops and classes for farmers on a variety of topics, and is happy to respond to growers’ informational needs as they come up and change over time. She collaborates closely with OSU Small Farms colleagues around the state, and is available as a resource for any farmer on The Confederated Tribes of Warm Springs Reservation.