

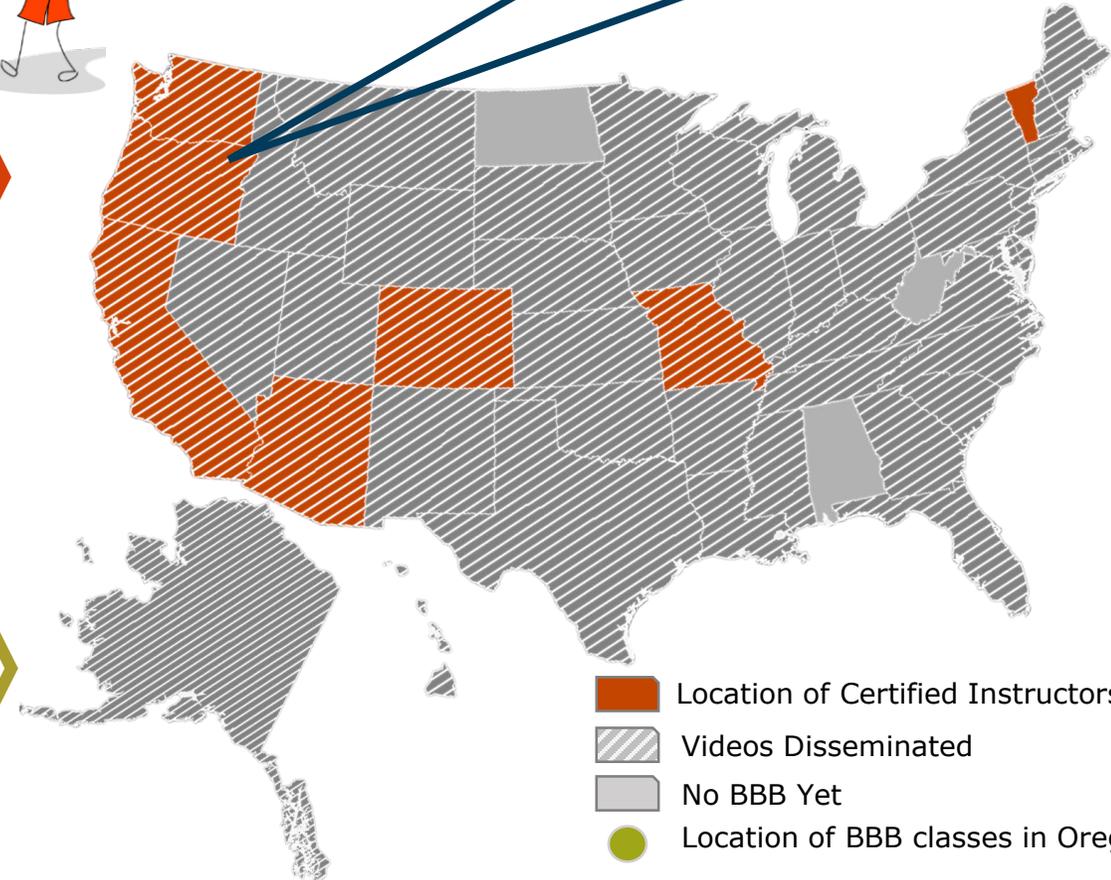
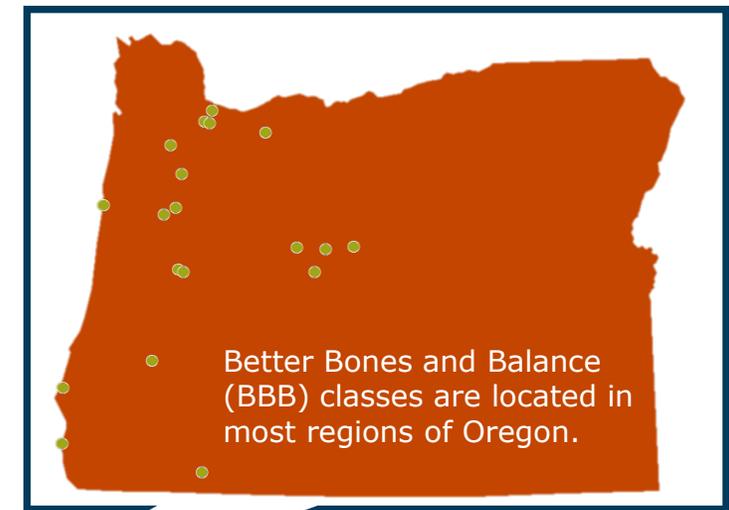
IMPACT REPORT 2019



Better Bones & Balance[®]

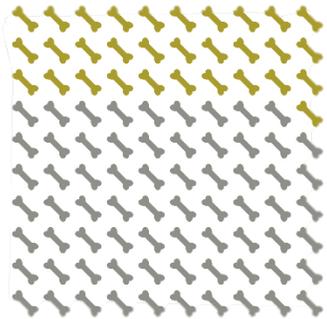
exercise for lifetime health

People from every state in the U.S. except Alabama, North Dakota, Vermont, and West Virginia have ordered digital versions. Individuals from Australia and Canada have placed orders too!



2010-2019...

- 10 trainings
- 284 individuals trained

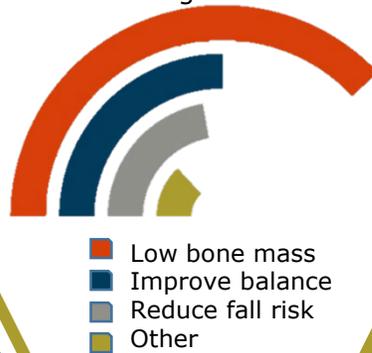


31% of trainees returned for recertification.

5,086 community members exposed to BBB through community based classes.

1000+ digital versions of the BBB class have been sold from 2016-2019

Individuals purchased the digital version for the following reasons:



91% of trained individuals intend to teach BBB.



Oregon State University
College of Public Health
and Human Sciences