



# Animal Acts



## Get Ready!

**Make room** indoors or outside so that everyone has their own personal space.



**Work together** to make a list of animals, then write them here:

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## Instructions:

1. To begin the game, everyone will start by walking around the space.
2. Next, one person will call out the name of an animal. Everyone must move and sound like that animal.
3. When someone calls out "we need water," everyone must slow down because just like humans, animals need water for healthy movement.
4. Say "we found water" to make everyone pretend to drink and begin moving faster.
5. Keep everyone moving throughout the activity. Add new animals to keep it going.

## Family Talking Points:

*Discuss together and write your answers in the space provided.*

1. Why do animals drink water?
2. Why do we need water?
3. Why is water a better choice than sugary beverages like soda?