Get Ready:
- Divide students into 4 groups of approximately equal size.
- Use tape or chalk to form a starting line and a finish line.
- Place 1 bucket for each group at the finish line. Fill each bucket with 1 bean bag for every student in the group.

Directions:
- Each group will begin behind the starting line—opposite their bucket.
- When the activity begins, I will name a type of movement, such as run, hop, march, roll, or skip.
- Using this movement, make your way to the bucket of “snowballs.”
- Build your snowball by pushing it across the ground with your hands or legs and place it behind your line.
- Repeat until all the snowballs are behind the start line. The first team to complete this task wins the round.

Tips:
- Add more bean bags to the bucket so students can make multiple snow balls.
- Have students build their snowball by tossing the bean bag to themselves, skipping with the bean bag, etc.
- Focus on teamwork! Have students pair up and toss the bean bag back and forth between them on their way back to the start line. If you notice tossing is too challenging, students can hand it back and forth. Both ways emphasize coordination and teamwork.
- Teachers can substitute different sized balls or scarves for students with limited motor skills.

Adjustments for Physical Distancing:  
Equipment: 1 bean bag per student and 4 cones
- Divide students into 4 groups of approximately equal size. Each group should have 12 feet between them along a starting line. Place 4 cones along the starting line, each of them 12 feet apart.
- Mark spaces for students to stand in line 6 feet apart behind the starting line and 6 feet away from the cone.
- Give a bean bag to each student; this is their “snowball.”
- The first student in each line will move to the cone to their right and perform the named movement to make their way to the finish line while holding their “snowball.”
- Students will return to the end of their team line while tossing up and catching the “snowball.” Students will hold on to their “snowball” at the end of the line.
- The next person in line may begin with the designated movement toward the finish line once their teammate has passed the cone. Repeat until all team members have retrieved their “snowball.”
- Students may do the designated movement in place while they wait their turn.


Standard Connections

Did You Know?
- You can BE Physically Active in all kinds of creative ways. Today we did a silly game with pretend snowballs.

Show and Tell!
✓ Tell me a silly way that you are physically active with your friends or family. Is it something you made up or something you learned?
✓ Show me what that activity is!

Try This at Home
- Take the silly stuff home! First, check in with the adults at home to see if it is okay to roll up socks into snowballs.
- Then, find a spot in the house (or outside) where there isn’t anything breakable—and set up some of your stuffed animals, or anything else that you can use as a “target.”
- Use your snowballs to practice throwing and try to hit the targets!