



**BE Physically Active 2Day!**

---

**Physical Education & Health Education Standards  
Met by Each BEPA 2.0 Activity**

**– Oregon –**

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Activate the Alphabet	Balance, Arm Circles, Frog Jumps, Gallop, Hopping, Jumping Jacks, Lunges, Push Up, Running in Place, Kicks	Space, Body Shapes, Levels	1.K.1, 1.K.2, 1.K.4, 1.K.5, 1.K.7, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.3	1.K.1, 1.K.2, 6.K.1, 6.K.2, 7.K.1
1st	Activate the Alphabet	Balance, Arm Circles, Frog Jumps, Gallop, Hopping, Jumping Jacks, Lunges, Push Up, Running in Place, Kicks	Space, Body Shapes, Levels	1.1.1, 1.1.3, 1.1.5, 1.1.8, 2.1.1, 2.1.2, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.4	1.1.2, 6.1.1, 6.1.2, 7.1.1
2nd	Activate the Alphabet	Balance, Arm Circles, Frog Jumps, Gallop, Hopping, Jumping Jacks, Lunges, Push Up, Running in Place, Kicks	Space, Body Shapes, Levels	1.2.5, 1.2.11, 2.2.2, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.3	1.2.2, 6.2.1, 6.2.2, 7.2.1
3rd	Activate the Alphabet	N/A	N/A		
4th	Activate the Alphabet	N/A	N/A		
5th	Activate the Alphabet	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Always On The Move	Imaginary Activities (Soccer, Gardening, Volleyball), Etc.	Levels, Space, Time, Body Shapes	1.K.1, 1.K.2, 1.K.3, 1.K.4, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2, 5.K.3	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Always On The Move	Imaginary Activities (Soccer, Gardening, Volleyball), Etc.	Levels, Space, Time, Body Shapes	1.1.1, 1.1.3, 1.1.4, 1.1.5, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.2	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Always On The Move	Imaginary Activities (Soccer, Gardening, Volleyball), Etc.	Levels, Space, Time, Body Shapes	1.2.5, 1.2.7, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.2, 5.2.3	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Always On The Move	N/A	N/A		
4th	Always On The Move	N/A	N/A		
5th	Always On The Move	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Animal Acts	Walking, Animal Walks (Crab walk, bear walk, galloping, frog jumps)	Speed, Body Shapes, Direction, Levels	1.K.1, 1.K.2, 1.K.4, 1.K.5, 1.K.7, 2.K.1, 2.K.3, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.3	1.K.1, 1.K.2, 6.K.1, 6.K.2, 7.K.1, 8.K.1, 8.K.2
1st	Animal Acts	Walking, Animal Walks (Crab walk, bear walk, galloping, frog jumps)	Speed, Body Shapes, Direction, Levels	1.1.1, 1.1.2, 1.1.5, 1.1.8, 2.1.2, 2.1.4, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	1.1.2, 6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Animal Acts	Walking, Animal Walks (Crab walk, bear walk, galloping, frog jumps)	Speed, Body Shapes, Direction, Levels	1.2.4, 1.2.7, 1.2.9, 2.2.1, 2.2.2, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	1.2.2, 6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Animal Acts	N/A	N/A		
4th	Animal Acts	N/A	N/A		
5th	Animal Acts	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Ball Roll Up	Walking, Running, Pushing a Ball, Navigating	Space, Force, Direction, Speed	1.K.1, 2.K.1, 2.K.3, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1
1st	Ball Roll Up	Walking, Running, Pushing a Ball, Navigating	Space, Force, Direction, Speed	1.1.4, 1.1.8, 2.1.3, 2.1.4, 2.1.5, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1
2nd	Ball Roll Up	Walking, Running, Pushing a Ball, Navigating	Space, Force, Direction, Speed	1.2.6, 1.2.11, 2.2.2, 2.2.3, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1
3rd	Ball Roll Up	N/A	N/A		
4th	Ball Roll Up	N/A	N/A		
5th	Ball Roll Up	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Color My Plate	Marching in Place, Vertical Hopping in Place, Dancing, Jogging in Place, Run, Skip, Horizontal Hopping	Levels, Direction, Space, Body Shapes	1.K.1, 1.K.2, 1.K.5, 2.K.1, 2.K.3, 3.K.1, 3.K.2, 3.K.3, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1
1st	Color My Plate	Marching in Place, Vertical Hopping in Place, Dancing, Jogging in Place, Run, Skip, Horizontal Hopping	Levels, Direction, Space, Body Shapes	1.1.1, 1.1.2, 1.1.3, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 3.1.3, 3.1.4, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1
2nd	Color My Plate	Marching in Place, Vertical Hopping in Place, Dancing, Jogging in Place, Run, Skip, Horizontal Hopping	Levels, Direction, Space, Body Shapes	1.2.1, 1.2.2, 2.2.2, 3.2.1, 3.2.2, 3.2.4, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1
3rd	Color My Plate	N/A	N/A		
4th	Color My Plate	N/A	N/A		
5th	Color My Plate	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Dancing Body Parts	Dancing	Space, Body Shapes, Levels	1.K.1, 1.K.2, 1.K.3, 1.K.5, 2.K.1, 2.K.2, 3.K.1, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Dancing Body Parts	Dancing	Space, Body Shapes, Levels	1.1.4, 1.1.8, 2.1.1, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Dancing Body Parts	Dancing	Space, Body Shapes, Levels	1.2.6, 1.2.11, 2.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Dancing Body Parts	N/A	N/A		
4th	Dancing Body Parts	N/A	N/A		
5th	Dancing Body Parts	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Food Group Fitness	Dancing, Skipping in place, Marching, Squat, Vertical Jumping	Levels, Body Shapes	1.K.1, 1.K.2, 1.K.4, 1.K.5, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 1.K.2, 4.K.2, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Food Group Fitness	Dancing, Skipping in place, Marching, Squat, Vertical Jumping	Levels, Body Shapes	1.1.1, 1.1.3, 1.1.5, 2.1.2, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	1.1.2, 4.1.2, 6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Food Group Fitness	Dancing, Skipping in place, Marching, Squat, Vertical Jumping	Levels, Body Shapes	1.2.5, 1.2.7, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	1.2.2, 4.2.2, 6.2.1, 7.2.1, 8.2.2
3rd	Food Group Fitness	N/A	N/A		
4th	Food Group Fitness	N/A	N/A		
5th	Food Group Fitness	N/A	N/A		



## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Food Group Fun	Jogging In Place, Hopping On One Foot, Dancing, Jumping Jacks, Balance	Levels, Body Shapes	1.K.1, 1.K.2, 1.K.4, 1.K.5, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Food Group Fun	Jogging In Place, Hopping On One Foot, Dancing, Jumping Jacks, Balance	Levels, Body Shapes	1.1.1, 1.1.3, 1.1.5, 2.1.1, 2.1.2, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.2	6.1.1, 6.1.2, 7.1.1, 8.1.1
2nd	Food Group Fun	Jogging In Place, Hopping On One Foot, Dancing, Jumping Jacks, Balance	Levels, Body Shapes	1.2.5, 1.2.7, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.2	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Food Group Fun	N/A	N/A		
4th	Food Group Fun	N/A	N/A		
5th	Food Group Fun	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Fruit and Veggie Fun	Vertical Hopping, Jumping Jacks, Squats, Chair Stands	Levels, Body Shapes	1.K.1, 1.K.2, 1.K.4, 1.K.5, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Fruit and Veggie Fun	Vertical Hopping, Jumping Jacks, Squats, Chair Stands	Levels, Body Shapes	1.1.1, 1.1.3, 1.1.5, 2.1.2, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1, 8.1.1
2nd	Fruit and Veggie Fun	Vertical Hopping, Jumping Jacks, Squats, Chair Stands	Levels, Body Shapes	1.2.5, 1.2.7, 2.2.2, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Fruit and Veggie Fun	N/A	N/A		
4th	Fruit and Veggie Fun	N/A	N/A		
5th	Fruit and Veggie Fun	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Healthy Says	Hopping on 1 or 2 feet, Dancing, Marching, Jogging, Squats, Balance on 1-foot	Levels, Speed	1.K.1, 1.K.2, 1.K.3, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2, 5.K.3	1.K.1, 1.K.2, 4.K.2, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Healthy Says	Hopping on 1 or 2 feet, Dancing, Marching, Jogging, Squats, Balance on 1-foot	Levels, Speed	1.1.1, 1.1.3, 1.1.4, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 3.1.4, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.2, 5.1.3	1.1.2, 4.1.2, 6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Healthy Says	Hopping on 1 or 2 feet, Dancing, Marching, Jogging, Squats, Balance on 1-foot	Levels, Speed	1.2.5, 1.2.6, 2.2.1, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.5, 4.2.6, 5.2.2, 5.2.3	1.2.2, 4.2.2, 6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Healthy Says	N/A	N/A		
4th	Healthy Says	N/A	N/A		
5th	Healthy Says	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	I Like to Move Dance	Imaginary Soccer, Dancing, etc.	Body shapes, Space	1.K.1, 1.K.2, 1.K.3, 1.K.5, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.3	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	I Like to Move Dance	Imaginary Soccer, Dancing, etc.	Body shapes, Space	1.1.1, 1.1.3, 1.1.4, 1.1.8, 2.1.1, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.4	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	I Like to Move Dance	Imaginary Soccer, Dancing, etc.	Body shapes, Space	1.2.6, 1.2.11, 2.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.3	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	I Like to Move Dance	N/A	N/A		
4th	I Like to Move Dance	N/A	N/A		
5th	I Like to Move Dance	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	I'm a Food, You're Food	Marching in Place, Dancing	Body Shapes, Force	1.K.1, 1.K.3, 1.K.5, 1.K.8, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 3.K.3, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 3.K.5, 4.K.6, 5.K.1, 5.K.2	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	I'm a Food, You're Food	Marching in Place, Dancing	Body Shapes, Force	1.1.4, 1.1.9, 2.1.1, 2.1.4, 3.1.1, 3.1.2, 3.1.3, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1, 5.1.2	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	I'm a Food, You're Food	Marching in Place, Dancing	Body Shapes, Force	1.2.6, 1.2.13, 1.2.14, 2.2.1, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.2	6.2.1, 6.2.1, 7.2.1, 8.2.2
3rd	I'm a Food, You're Food	N/A	N/A		
4th	I'm a Food, You're Food	N/A	N/A		
5th	I'm a Food, You're Food	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Line Up For Balance	Balancing, 1-Foot Hop, Walk Backwards, Walk on Tiptoes	Direction	1.K.1, 1.K.4, 2.K.1, 2.K.3, 3.K.1, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2	1.K.1, 6.K.1, 6.K.2, 7.K.1
1st	Line Up For Balance	Balancing, 1-Foot Hop, Walk Backwards, Walk on Tiptoes	Direction	1.1.1, 1.1.3, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.2	6.1.1, 6.1.2, 7.1.1
2nd	Line Up For Balance	Balancing, 1-Foot Hop, Walk Backwards, Walk on Tiptoes	Direction	1.2.5, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.2	6.2.1, 6.2.1, 7.2.1
3rd	Line Up For Balance	N/A	N/A		
4th	Line Up For Balance	N/A	N/A		
5th	Line Up For Balance	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Moovin' & Groovin'	Dancing, Leg Kicks, Jumping, Punching, Twisting, Marching, Running	Levels, Body Shapes	1.K.1, 1.K.2, 1.K.3, 1.K.5, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Moovin' & Groovin'	Dancing, Leg Kicks, Jumping, Punching, Twisting, Marching, Running	Levels, Body Shapes	1.1.3, 1.1.4, 1.1.8, 2.1.1, 2.1.2, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Moovin' & Groovin'	Dancing, Leg Kicks, Jumping, Punching, Twisting, Marching, Running	Levels, Body Shapes	1.2.5, 1.2.6, 1.2.11, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Moovin' & Groovin'	N/A	N/A		
4th	Moovin' & Groovin'	N/A	N/A		
5th	Moovin' & Groovin'	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Moving Corners	Horizontal Hopping, Skipping, Running, Marching, Dancing	Levels, Body Shapes, Direction, Space	1.K.1, 1.K.2, 1.K.5, 2.K.1, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1,
1st	Moving Corners	Horizontal Hopping, Skipping, Running, Marching, Dancing	Levels, Body Shapes, Direction, Space	1.1.1, 1.1.2, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	1.1.1, 6.1.1, 6.1.2, 7.1.1
2nd	Moving Corners	Horizontal Hopping, Skipping, Running, Marching, Dancing	Levels, Body Shapes, Direction, Space	1.2.1, 1.2.2, 1.2.4, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	1.2.1, 6.2.1, 6.2.2, 7.2.1
3rd	Moving Corners	N/A	N/A		
4th	Moving Corners	N/A	N/A		
5th	Moving Corners	N/A	N/A		



## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Over, Under, Around, & Through	Hopping, Skipping, Marching, Galloping, Dancing, Crawling, Jumping	Direction, Levels, Space	1.K.1, 1.K.2, 2.K.1, 2.K.3, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2, 5.K.3	1.K.1, 4.K.2, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Over, Under, Around, & Through	Hopping, Skipping, Marching, Galloping, Dancing, Crawling, Jumping	Direction, Levels, Space	1.1.1, 1.1.3, 2.1.2, 2.1.3, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.2, 5.1.3	4.1.2, 6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Over, Under, Around, & Through	Hopping, Skipping, Marching, Galloping, Dancing, Crawling, Jumping	Direction, Levels, Space	1.2.1, 1.2.5, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.5, 4.2.6, 5.2.2, 5.2.3	4.2.2, 6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Over, Under, Around, & Through	N/A	N/A		
4th	Over, Under, Around, & Through	N/A	N/A		
5th	Over, Under, Around, & Through	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Overhead Relay	Vertical Hopping, Overhead Ball Pass, Running	Levels, Body Shapes, Force, Space	1.K.1, 1.K.2, 1.K.5, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 4.K.2, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Overhead Relay	Vertical Hopping, Overhead Ball Pass, Running	Levels, Body Shapes, Force, Space	1.1.1, 1.1.3, 1.1.8, 2.1.3, 2.1.5, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1	4.1.2, 6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Overhead Relay	Vertical Hopping, Overhead Ball Pass, Running	Levels, Body Shapes, Force, Space	1.2.2, 1.2.11, 2.2.3, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	4.2.2, 6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Overhead Relay	N/A	N/A		
4th	Overhead Relay	N/A	N/A		
5th	Overhead Relay	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Snowball Fun	Running, Hopping, Marching, Skipping, Pushing an Object, Tossing	Direction, Levels, Space, Force	1.K.1, 1.K.2, 2.K.1, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2, 5.K.3	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Snowball Fun	Running, Hopping, Marching, Skipping, Pushing an Object, Tossing	Direction, Levels, Space, Force	1.1.1, 1.1.2, 1.1.11, 2.1.2, 2.1.3, 2.1.4, 2.1.5, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.2, 5.1.3, 5.1.4	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Snowball Fun	Running, Hopping, Marching, Skipping, Pushing an Object, Tossing	Direction, Levels, Space, Force	1.2.1, 1.2.2, 1.2.4, 1.2.14, 1.2.15, 2.2.2, 2.2.3, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5, 4.2.6, 5.2.3	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Snowball Fun	N/A	N/A		
4th	Snowball Fun	N/A	N/A		
5th	Snowball Fun	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	The Breakfast Song	Marching In Place, Vertical Jumping, Running In Place	Levels, Body Shapes	1.K.1, 1.K.2, 1.K.3, 1.K.5, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	The Breakfast Song	Marching In Place, Vertical Jumping, Running In Place	Levels, Body Shapes	1.1.3, 1.1.4, 2.1.1, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	1.1.1, 6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	The Breakfast Song	Marching In Place, Vertical Jumping, Running In Place	Levels, Body Shapes	1.2.6, 2.2.1, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	1.2.1, 6.2.1, 6.2.2, 7.2.1, 7.2.2, 8.2.2
3rd	The Breakfast Song	N/A	N/A		
4th	The Breakfast Song	N/A	N/A		
5th	The Breakfast Song	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Tightrope	Walking, Balancing, Horizontal Hopping (1 foot), Crouch on 1 foot, Walk on Tiptoes, Walk Backwards	Speed, Direction	1.K.1, 1.K.2, 2.K.1, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.1, 8.K.2
1st	Tightrope	Walking, Balancing, Horizontal Hopping (1 foot), Crouch on 1 foot, Walk on Tiptoes, Walk Backwards	Speed, Direction	1.1.1, 1.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.2	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Tightrope	Walking, Balancing, Horizontal Hopping (1 foot), Crouch on 1 foot, Walk on Tiptoes, Walk Backwards	Speed, Direction	1.2.4, 2.2.2, 3.2.1, 3.2.2, 3.2.4, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.2	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Tightrope	N/A	N/A		
4th	Tightrope	N/A	N/A		
5th	Tightrope	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Toss Across	Tossing ball to themselves, Rolling ball, Kicking ball, Vertical Jump, Dancing	Levels, Force, Space	1.K.1, 1.K.2, 1.K.12, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 1.K.2, 6.K.1, 6.K.2, 7.K.1
1st	Toss Across	Tossing ball to themselves, Rolling ball, Kicking ball, Vertical Jump, Dancing	Levels, Force, Space	1.1.1, 1.1.3, 1.1.9, 1.1.10, 1.1.13, 2.1.5, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1	1.1.2, 6.1.1, 6.1.2, 7.1.1
2nd	Toss Across	Tossing ball to themselves, Rolling ball, Kicking ball, Vertical Jump, Dancing	Levels, Force, Space	1.2.2, 1.2.13, 1.2.15, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	1.2.2, 6.2.1, 6.2.1, 7.2.1
3rd	Toss Across	N/A	N/A		
4th	Toss Across	N/A	N/A		
5th	Toss Across	N/A	N/A		

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Bean Bag Balance	Touch Toes, Arm Circles, Squat, Vertical Jump, One-Foot Balance	Levels, Space, Speed, Body Shapes	1.K.1, 1.K.2, 1.K.4, 1.K.5, 2.K.1, 2.K.2, 2.K.3, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2	1.K.1, 1.K.2, 6.K.1, 6.K.2, 7.K.1
1st	Bean Bag Balance	Touch Toes, Arm Circles, Squat, Vertical Jump, One-Foot Balance	Levels, Space, Speed, Body Shapes	1.1.1, 1.1.3, 1.1.5, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.2	1.1.2, 6.1.1, 6.1.2, 7.1.1
2nd	Bean Bag Balance	Touch Toes, Arm Circles, Squat, Vertical Jump, One-Foot Balance	Levels, Space, Speed, Body Shapes	1.2.5, 1.2.7, 2.2.2, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.2	1.2.2, 6.2.1, 6.2.2, 7.2.1
3rd	Bean Bag Balance	Touch Toes, Arm Circles, Squat, Vertical Jump, One-Foot Balance	Levels, Space, Speed, Body Shapes	1.3.4, 1.3.7, 1.3.8, 1.3.10, 1.3.11, 2.3.1, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.2	1.3.1, 1.3.4, 5.3.3, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Bean Bag Balance	Touch Toes, Arm Circles, Squat, Vertical Jump, One-Foot Balance	Levels, Space, Speed, Body Shapes	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.4, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Bean Bag Balance	Touch Toes, Arm Circles, Squat, Vertical Jump, One-Foot Balance	Levels, Space, Speed, Body Shapes	1.5.1, 1.5.9, 1.5.10, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 1.5.4, 5.5.3, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Bucket Ball	Frog Jumps, Skipping, Horizontal Hopping (1 and 2 feet), Dancing	Body Shapes, Time, Space, Levels	1.K.1, 1.K.2, 1.K.5, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.1
1st	Bucket Ball	Frog Jumps, Skipping, Horizontal Hopping (1 and 2 feet), Dancing	Body Shapes, Time, Space, Levels	1.1.1, 1.1.2, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1, 5.1.2	6.1.1, 6.1.2, 7.1.1
2nd	Bucket Ball	Frog Jumps, Skipping, Horizontal Hopping (1 and 2 feet), Dancing	Body Shapes, Time, Space, Levels	1.2.1, 1.2.2, 1.2.4, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5, 4.2.6, 5.2.1, 5.2.2	6.2.1, 6.2.2, 7.2.1
3rd	Bucket Ball	Frog Jumps, Skipping, Horizontal Hopping (1 and 2 feet), Dancing	Body Shapes, Time, Space, Levels	1.3.1, 1.3.2, 1.3.4, 1.3.7, 1.3.10, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.2,	1.3.1, 6.3.2, 6.3.1, 7.3.1, 7.3.2
4th	Bucket Ball	Frog Jumps, Skipping, Horizontal Hopping (1 and 2 feet), Dancing	Body Shapes, Time, Space, Levels	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Bucket Ball	Frog Jumps, Skipping, Horizontal Hopping (1 and 2 feet), Dancing	Body Shapes, Time, Space, Levels	1.5.9, 2.5.1, 2.5.2, 2.5.3, 2.5.5, 3.5.2, 4.5.1, 4.5.2, 4.5.3, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 6.5.1, 6.5.2, 7.5.1



## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Bung-A-Low, Ready, Go!	Dancing, Stretching	Space, Body Shapes	1.K.1, 1.K.3, 1.K.5, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 1.K.2, 6.K.1, 6.K.2, 7.K.1
1st	Bung-A-Low, Ready, Go!	Dancing, Stretching	Space, Body Shapes	1.1.4, 1.1.8, 2.1.1, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1	1.1.2, 6.1.1, 6.1.2, 7.1.1
2nd	Bung-A-Low, Ready, Go!	Dancing, Stretching	Space, Body Shapes	1.2.6, 1.2.11, 2.2.1, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	1.2.2, 6.2.1, 6.2.2, 7.2.1
3rd	Bung-A-Low, Ready, Go!	Dancing, Stretching	Space, Body Shapes	1.3.6, 1.3.7, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Bung-A-Low, Ready, Go!	Dancing, Stretching	Space, Body Shapes	1.4.1, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.4, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Bung-A-Low, Ready, Go!	Dancing, Stretching	Space, Body Shapes	1.5.9, 1.5.10, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 1.5.4, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Cross the River	Horizontal Hopping (1 & 2 feet), Balancing, High Five	Levels, Space, Speed	1.K.1, 1.K.2, 1.K.4, 2.K.1, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 1.K.2, 6.K.1, 6.K.2, 7.K.1, 8.K.1
1st	Cross the River	Horizontal Hopping (1 & 2 feet), Balancing, High Five	Levels, Space, Speed	1.1.1, 1.1.2, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	1.1.2, 6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Cross the River	Horizontal Hopping (1 & 2 feet), Balancing, High Five	Levels, Space, Speed	1.2.4, 2.2.2, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.2	1.2.2, 6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Cross the River	Horizontal Hopping (1 & 2 feet), Balancing, High Five	Levels, Space, Speed	1.3.1, 1.3.4, 1.3.10, 2.3.1, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 6.3.2, 7.3.2, 8.3.2
4th	Cross the River	Horizontal Hopping (1 & 2 feet), Balancing, High Five	Levels, Space, Speed	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.4, 6.4.2, 7.4.2, 8.4.2
5th	Cross the River	Horizontal Hopping (1 & 2 feet), Balancing, High Five	Levels, Space, Speed	1.5.3, 1.5.9, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.4, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Find the Veggie	Hopping, Jogging in Place & Jumping Jacks	Direction, Speed, Levels	1.K.1, 1.K.2, 1.K.4, 1.K.5, 2.K.1, 2.K.3, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.3	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.1, 8.K.2
1st	Find the Veggie	Hopping, Jogging in Place & Jumping Jacks	Direction, Speed, Levels	1.1.1, 1.1.3, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Find the Veggie	Hopping, Jogging in Place & Jumping Jacks	Direction, Speed, Levels	1.2.5, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1
3rd	Find the Veggie	Hopping, Jogging in Place & Jumping Jacks	Direction, Speed, Levels	1.3.5, 1.3.7, 1.3.10, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 6.3.2, 8.3.2
4th	Find the Veggie	Hopping, Jogging in Place & Jumping Jacks	Direction, Speed, Levels	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Find the Veggie	Hopping, Jogging in Place & Jumping Jacks	Direction, Speed, Levels	1.5.9, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 1.5.4, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Fruit and Veggie Zig-Zag	Tossing Ball, Jumping Jacks, Squats, Toe Raises, Knee Raises	Levels, Force, Space, Body Shapes, Direction	1.K.1, 1.K.2, 1.K.4, 1.K.5, 1.K.8, 2.K.1, 3.K.1, 3.K.2, 3.K.4, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Fruit and Veggie Zig-Zag	Tossing Ball, Jumping Jacks, Squats, Toe Raises, Knee Raises	Levels, Force, Space, Body Shapes, Direction	1.1.3, 1.1.5, 1.1.9, 2.1.2, 2.1.5, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Fruit and Veggie Zig-Zag	Tossing Ball, Jumping Jacks, Squats, Toe Raises, Knee Raises	Levels, Force, Space, Body Shapes, Direction	1.2.13, 1.2.15, 2.2.3, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Fruit and Veggie Zig-Zag	Tossing Ball, Jumping Jacks, Squats, Toe Raises, Knee Raises	Levels, Force, Space, Body Shapes, Direction	1.3.5, 1.3.10, 1.3.13, 1.3.15, 2.3.3, 3.2.3, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Fruit and Veggie Zig-Zag	Tossing Ball, Jumping Jacks, Squats, Toe Raises, Knee Raises	Levels, Force, Space, Body Shapes, Direction	1.4.1, 1.4.4, 1.4.9, 1.4.13, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Fruit and Veggie Zig-Zag	Tossing Ball, Jumping Jacks, Squats, Toe Raises, Knee Raises	Levels, Force, Space, Body Shapes, Direction	1.5.1, 1.5.4, 1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Go Bananas	Dancing, Vertical Jump, Jumping Jack	Body Shapes, Levels, Space	1.K.1, 1.K.2, 1.K.3, 1.K.5, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Go Bananas	Dancing, Vertical Jump, Jumping Jack	Body Shapes, Levels, Space	1.1.1, 1.1.3, 1.1.4, 1.1.8, 2.1.1, 2.1.4, 3.1.1, 3.1.2, 3.1.3, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Go Bananas	Dancing, Vertical Jump, Jumping Jack	Body Shapes, Levels, Space	1.2.6, 1.2.11, 2.2.1, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Go Bananas	Dancing, Vertical Jump, Jumping Jack	Body Shapes, Levels, Space	1.3.5, 1.3.6, 1.3.7, 1.3.10, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Go Bananas	Dancing, Vertical Jump, Jumping Jack	Body Shapes, Levels, Space	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Go Bananas	Dancing, Vertical Jump, Jumping Jack	Body Shapes, Levels, Space	1.5.9, 1.5.10, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Human, Banana, Soda Pop	Balancing, Squats, Star Jumps, Jumping Jacks, One-Foot Hops, Calf Raises, Frog Jumps	Direction, Time, Body Shapes, Levels	1.K.1, 1.K.2, 1.K.4, 1.K.5, 1.K.7, 2.K.1, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.2, 6.K.1, 7.K.1, 8.K.1, 8.K.2
1st	Human, Banana, Soda Pop	Balancing, Squats, Star Jumps, Jumping Jacks, One-Foot Hops, Calf Raises, Frog Jumps	Direction, Time, Body Shapes, Levels	1.1.1, 1.1.3, 1.1.5, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1	6.1.2, 7.1.1, 8.1.2
2nd	Human, Banana, Soda Pop	Balancing, Squats, Star Jumps, Jumping Jacks, One-Foot Hops, Calf Raises, Frog Jumps	Direction, Time, Body Shapes, Levels	1.2.5, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5, 4.2.6, 5.2.1	5.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Human, Banana, Soda Pop	Balancing, Squats, Star Jumps, Jumping Jacks, One-Foot Hops, Calf Raises, Frog Jumps	Direction, Time, Body Shapes, Levels	1.3.5, 1.3.7, 1.3.10, 1.3.11, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Human, Banana, Soda Pop	Balancing, Squats, Star Jumps, Jumping Jacks, One-Foot Hops, Calf Raises, Frog Jumps	Direction, Time, Body Shapes, Levels	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.2, 7.4.2, 8.3.2
5th	Human, Banana, Soda Pop	Balancing, Squats, Star Jumps, Jumping Jacks, One-Foot Hops, Calf Raises, Frog Jumps	Direction, Time, Body Shapes, Levels	1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 3.5.6, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	5.5.3, 6.5.2, 7.5.1, 7.5.2, 8.3.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Muscle Tag	Running, Push-Ups, Sit-Ups, Knee Raises	Direction, Levels, Space, Speed, Body Shapes	1.K.2, 1.K.5, 1.K.7, 2.K.1, 2.K.3, 2.K.4, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.3	1.K.1, 6.K.1, 6.K.2, 7.K.1
1st	Muscle Tag	Running, Push-Ups, Sit-Ups, Knee Raises	Direction, Levels, Space, Speed, Body Shapes	1.1.18, 2.1.1, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.3	6.1.1, 6.1.2, 7.1.1
2nd	Muscle Tag	Running, Push-Ups, Sit-Ups, Knee Raises	Direction, Levels, Space, Speed, Body Shapes	1.2.2, 1.2.11, 2.2.1, 2.2.2, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.3	6.2.1, 6.2.2, 7.2.1
3rd	Muscle Tag	Running, Push-Ups, Sit-Ups, Knee Raises	Direction, Levels, Space, Speed, Body Shapes	1.3.2, 1.3.10, 1.3.11, 2.3.1, 2.3.3, 2.3.4, 2.3.5, 3.3.1, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Muscle Tag	Running, Push-Ups, Sit-Ups, Knee Raises	Direction, Levels, Space, Speed, Body Shapes	1.4.9, 1.4.10, 1.4.21, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Muscle Tag	Running, Push-Ups, Sit-Ups, Knee Raises	Direction, Levels, Space, Speed, Body Shapes	1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.1, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Partner Tag	Running, Horizontal Hopping (1&2 feet), High-Five	Levels, Speed, Direction, Space	1.K.1, 1.K.2, 2.K.1, 2.K.3, 2.K.4, 3.K.1, 3.K.2, 3.K.3, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.2, 5.K.3	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.1, 8.K.2
1st	Partner Tag	Running, Horizontal Hopping (1&2 feet), High-Five	Levels, Speed, Direction, Space	1.1.1, 1.1.2, 2.1.2, 2.1.4, 3.1.1, 3.1.2, 3.1.3, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1, 5.1.2, 5.1.3	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Partner Tag	Running, Horizontal Hopping (1&2 feet), High-Five	Levels, Speed, Direction, Space	1.2.2, 1.2.4, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5, 4.2.6, 5.2.1, 5.2.2	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Partner Tag	Running, Horizontal Hopping (1&2 feet), High-Five	Levels, Speed, Direction, Space	1.3.2, 1.3.4, 1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 2.3.4, 2.3.5, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.2	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Partner Tag	Running, Horizontal Hopping (1&2 feet), High-Five	Levels, Speed, Direction, Space	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Partner Tag	Running, Horizontal Hopping (1&2 feet), High-Five	Levels, Speed, Direction, Space	1.5.9, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2



## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Speed Scarves	Jumping Jacks, Jogging In Place, Vertical Hopping (1 & 2 feet)	Levels, Speed, Time, Body Shapes, Force	1.K.1, 1.K.2, 1.K.5, 2.K.1, 3.K.1, 3.K.2, 3.K.3, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	Speed Scarves	Jumping Jacks, Jogging In Place, Vertical Hopping (1 & 2 feet)	Levels, Speed, Time, Body Shapes, Force	1.1.1, 1.1.3, 2.1.4, 2.1.5, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.4, 4.1.5, 4.1.6, 5.1.1	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	Speed Scarves	Jumping Jacks, Jogging In Place, Vertical Hopping (1 & 2 feet)	Levels, Speed, Time, Body Shapes, Force	1.2.5, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.4, 4.2.5, 4.2.6	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	Speed Scarves	Jumping Jacks, Jogging In Place, Vertical Hopping (1 & 2 feet)	Levels, Speed, Time, Body Shapes, Force	1.3.5, 1.3.7, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 6.3.1, 6.3.2, 7.3.1, 8.3.2
4th	Speed Scarves	Jumping Jacks, Jogging In Place, Vertical Hopping (1 & 2 feet)	Levels, Speed, Time, Body Shapes, Force	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 8.4.2
5th	Speed Scarves	Jumping Jacks, Jogging In Place, Vertical Hopping (1 & 2 feet)	Levels, Speed, Time, Body Shapes, Force	1.5.1, 1.5.4, 1.5.6, 1.5.9, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 6.5.1, 6.5.2, 7.5.1, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education	Health Education
Kindergarten	Take a Break	Stretching, Squats, Cross-over Kicks, Marching in Place, Arm Circles	Levels, Body Shapes, Speed	1.K.1, 1.K.4, 1.K.5, 1.K.7, 2.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1	1.K.1, 1.K.2, 6.K.1, 6.K.2, 7.K.1, 7.K.2, 8.K.1
1st	Take a Break	Stretching, Squats, Cross-over Kicks, Marching in Place, Arm Circles	Levels, Body Shapes, Speed	1.1.8, 2.1.1, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.3	1.1.1, 1.1.2, 6.1.1, 6.1.2, 7.1.1, 7.1.2
2nd	Take a Break	Stretching, Squats, Cross-over Kicks, Marching in Place, Arm Circles	Levels, Body Shapes, Speed	1.2.11, 3.2.1, 3.2.2, 3.2.3, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1	1.2.1, 1.2.2, 6.2.1, 6.2.2, 7.2.1, 7.2.2
3rd	Take a Break	Stretching, Squats, Cross-over Kicks, Marching in Place, Arm Circles	Levels, Body Shapes, Speed	1.3.7, 1.3.10, 1.3.11, 2.3.3, 3.2.2, 3.3.3, 3.3.4, 3.3.5, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 7.3.3
4th	Take a Break	Stretching, Squats, Cross-over Kicks, Marching in Place, Arm Circles	Levels, Body Shapes, Speed	1.4.1, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 3.4.4, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.4, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 7.4.3
5th	Take a Break	Stretching, Squats, Cross-over Kicks, Marching in Place, Arm Circles	Levels, Body Shapes, Speed	1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 3.5.4, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 1.5.4, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 7.5.3,

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	We Like to Move It	Dancing	Body Shapes, Levels, Space	1.K.1, 1.K.3, 1.K.5, 2.K.1, 2.K.2, 3.K.1, 3.K.2, 4.K.1, 4.K.2, 4.K.3, 4.K.4, 4.K.5, 4.K.6, 5.K.1, 5.K.3	1.K.1, 6.K.1, 6.K.2, 7.K.1, 8.K.2
1st	We Like to Move It	Dancing	Body Shapes, Levels, Space	1.1.4, 1.1.8, 2.1.1, 3.1.1, 3.1.2, 4.1.1, 4.1.2, 4.1.3, 4.1.5, 4.1.6, 5.1.1, 5.1.4	6.1.1, 6.1.2, 7.1.1, 8.1.2
2nd	We Like to Move It	Dancing	Body Shapes, Levels, Space	1.2.6, 1.2.11, 2.2.1, 2.2.2, 3.2.1, 3.2.2, 4.2.1, 4.2.2, 4.2.3, 4.2.5, 4.2.6, 5.2.1, 5.2.3	6.2.1, 6.2.2, 7.2.1, 8.2.2
3rd	We Like to Move It	Dancing	Body Shapes, Levels, Space	1.3.7, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.3	1.3.1, 5.3.3, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	We Like to Move It	Dancing	Body Shapes, Levels, Space	1.4.1, 1.4.5, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	We Like to Move It	Dancing	Body Shapes, Levels, Space	1.5.5, 1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Activity Stations	N/A	N/A		
1st	Activity Stations	N/A	N/A		
2nd	Activity Stations	N/A	N/A		
3rd	Activity Stations	Aerobic, Muscle Strengthening, Bone Strengthening, Balance	Body Shapes, Levels, Space	1.3.5, 1.3.7, 1.3.10, 1.3.11, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.5, 5.3.1, 5.3.3	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Activity Stations	Aerobic, Muscle Strengthening, Bone Strengthening, Balance	Body Shapes, Levels, Space	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 7.4.1, 7.4.2
5th	Activity Stations	Aerobic, Muscle Strengthening, Bone Strengthening, Balance	Body Shapes, Levels, Space	1.5.9, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Amoeba Racing	N/A	N/A		
1st	Amoeba Racing	N/A	N/A		
2nd	Amoeba Racing	N/A	N/A		
3rd	Amoeba Racing	Running, Horizontal Hopping, Skipping	Speed, Direction, Space, Body Shapes	1.3.2, 1.3.4, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 2.3.4, 2.3.5, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.2	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Amoeba Racing	Running, Horizontal Hopping, Skipping	Speed, Direction, Space, Body Shapes	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Amoeba Racing	Running, Horizontal Hopping, Skipping	Speed, Direction, Space, Body Shapes	1.5.9, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Bean Bag Blowout	N/A	N/A		
1st	Bean Bag Blowout	N/A	N/A		
2nd	Bean Bag Blowout	N/A	N/A		
3rd	Bean Bag Blowout	Tossing, Catching, Arm Circles, Balancing	Space, Time, Force, Body Shapes	1.3.3, 1.3.7, 1.3.8, 1.3.10, 1.3.11, 2.3.1, 2.3.2, 2.3.3, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.5, 5.3.1, 5.3.2	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Bean Bag Blowout	Tossing, Catching, Arm Circles, Balancing	Space, Time, Force, Body Shapes	1.4.6, 1.4.7, 1.4.9, 1.4.17, 1.4.21, 1.4.29, 2.4.2, 2.4.4, 2.4.6, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Bean Bag Blowout	Tossing, Catching, Arm Circles, Balancing	Space, Time, Force, Body Shapes	1.5.1, 1.5.6, 1.5.10, 1.5.17, 2.5.1, 2.5.2, 2.5.4, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Bean Bag Football	N/A	N/A		
1st	Bean Bag Football	N/A	N/A		
2nd	Bean Bag Football	N/A	N/A		
3rd	Bean Bag Football	Run, Star Jumps, Jumping Jacks, Marching in Place, Fleeing, Chasing	Direction, Levels, Space, Speed, Body Shapes	1.3.2, 1.3.5, 1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 2.3.4, 2.3.5, 3.3.2, 3.3.3, 3.3.4, 3.3.5, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 5.3.3, 5.3.4, 6.3.1 6.3.2, 7.3.1, 7.3.3, 8.3.2
4th	Bean Bag Football	Run, Star Jumps, Jumping Jacks, Marching in Place, Fleeing, Chasing	Direction, Levels, Space, Speed, Body Shapes	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.2, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 3.4.4, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.3, 8.4.2
5th	Bean Bag Football	Run, Star Jumps, Jumping Jacks, Marching in Place, Fleeing, Chasing	Direction, Levels, Space, Speed, Body Shapes	1.5.1, 1.5.9, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.2, 3.5.3, 3.5.4, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.3, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Blob Tag	N/A	N/A		
1st	Blob Tag	N/A	N/A		
2nd	Blob Tag	N/A	N/A		
3rd	Blob Tag	Running, Fleeing, Chasing	Space, Direction, Speed, Body Shapes	1.3.2, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 2.3.4, 2.3.5, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Blob Tag	Running, Fleeing, Chasing	Space, Direction, Speed, Body Shapes	1.4.1, 1.4.9, 1.4.21, 2.4.2, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Blob Tag	Running, Fleeing, Chasing	Space, Direction, Speed, Body Shapes	1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2



## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Bone Up at Breakfast	N/A	N/A		
1st	Bone Up at Breakfast	N/A	N/A		
2nd	Bone Up at Breakfast	N/A	N/A		
3rd	Bone Up at Breakfast	Vertical and Horizontal Hopping (1 and 2 feet), Marching, Slide, Skipping, Jumping Jacks	Levels, Space, Body Shapes	1.3.1, 1.3.4, 1.3.7, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Bone Up at Breakfast	Vertical and Horizontal Hopping (1 and 2 feet), Marching, Slide, Skipping, Jumping Jacks	Levels, Space, Body Shapes	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.3.4, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Bone Up at Breakfast	Vertical and Horizontal Hopping (1 and 2 feet), Marching, Slide, Skipping, Jumping Jacks	Levels, Space, Body Shapes	1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Buy a Vowel	N/A	N/A		
1st	Buy a Vowel	N/A	N/A		
2nd	Buy a Vowel	N/A	N/A		
3rd	Buy a Vowel	March in Place, Chair Sits, One Foot Vertical Hops, Jumping Jacks, Squats, Lunges	Levels, Body Shapes	1.3.5, 1.3.7, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Buy a Vowel	March in Place, Chair Sits, One Foot Vertical Hops, Jumping Jacks, Squats, Lunges	Levels, Body Shapes	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.4, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Buy a Vowel	March in Place, Chair Sits, One Foot Vertical Hops, Jumping Jacks, Squats, Lunges	Levels, Body Shapes	1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 1.5.4, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Copy Cat	N/A	N/A		
1st	Copy Cat	N/A	N/A		
2nd	Copy Cat	N/A	N/A		
3rd	Copy Cat	Squats, Stretching	Body Shapes, Levels, Space	1.3.10, 1.3.11, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.2	1.3.1, 5.3.3, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Copy Cat	Squats, Stretching	Body Shapes, Levels, Space	1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.2
5th	Copy Cat	Squats, Stretching	Body Shapes, Levels, Space	1.5.9, 1.5.10, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Couch Potato	N/A	N/A		
1st	Couch Potato	N/A	N/A		
2nd	Couch Potato	N/A	N/A		
3rd	Couch Potato	Marching In Place, Jogging In Place, Vertical Hopping (1 and 2 feet), Dancing	Levels, Body Shapes, Speed	1.3.5, 1.3.7, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.1, 4.3.3, 4.3.5, 5.3.1	1.3.1, 5.3.3, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Couch Potato	Marching In Place, Jogging In Place, Vertical Hopping (1 and 2 feet), Dancing	Levels, Body Shapes, Speed	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.3.1, 6.3.2, 7.4.1, 7.4.2
5th	Couch Potato	Marching In Place, Jogging In Place, Vertical Hopping (1 and 2 feet), Dancing	Levels, Body Shapes, Speed	1.5.1, 1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Empty Calories	N/A	N/A		
1st	Empty Calories	N/A	N/A		
2nd	Empty Calories	N/A	N/A		
3rd	Empty Calories	Running, Jumping Jacks, Chasing, Fleeing	Levels, Direction, Space, Speed, Body Shapes	1.3.2, 1.3.5, 1.3.7, 1.3.10, 2.3.1, 2.3.3, 2.3.4, 2.3.5, 3.3.2, 3.3.3, 3.3.4, 3.3.7, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Empty Calories	Running, Jumping Jacks, Chasing, Fleeing	Levels, Direction, Space, Speed, Body Shapes	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.2, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Empty Calories	Running, Jumping Jacks, Chasing, Fleeing	Levels, Direction, Space, Speed, Body Shapes	1.5.9, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.2, 3.5.3, 3.5.6, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Find The Food Group	N/A	N/A		
1st	Find The Food Group	N/A	N/A		
2nd	Find The Food Group	N/A	N/A		
3rd	Find The Food Group	One Foot Balance, Horizontal Hopping (1 & 2 feet), Skipping, Vertical Jumps, Lunges, Running	Direction, Levles, Space	1.3.4, 1.3.5, 1.3.6, 1.3.8, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.3	1.3.1, 1.3.2, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Find The Food Group	One Foot Balance, Horizontal Hopping (1 & 2 feet), Skipping, Vertical Jumps, Lunges, Running	Direction, Levles, Space	1.4.1, 1.4.4, 1.4.9, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Find The Food Group	One Foot Balance, Horizontal Hopping (1 & 2 feet), Skipping, Vertical Jumps, Lunges, Running	Direction, Levles, Space	1.5.4, 1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Food Group Ball Pass	N/A	N/A		
1st	Food Group Ball Pass	N/A	N/A		
2nd	Food Group Ball Pass	N/A	N/A		
3rd	Food Group Ball Pass	Marching in Place, Jogging in Place, Vertical Hopping, Dancing, Toss Ball, Catch Ball, Kick Ball	Force, Time, Levels, Direction, Space	1.3.5, 1.3.7, 1.3.10, 1.3.13, 1.3.18, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Food Group Ball Pass	Marching in Place, Jogging in Place, Vertical Hopping, Dancing, Toss Ball, Catch Ball, Kick Ball	Force, Time, Levels, Direction, Space	1.4.1, 1.4.4, 1.4.9, 1.4.13, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 7.4.1, 7.4.2, 8.4.2
5th	Food Group Ball Pass	Marching in Place, Jogging in Place, Vertical Hopping, Dancing, Toss Ball, Catch Ball, Kick Ball	Force, Time, Levels, Direction, Space	1.5.1, 1.5.4, 1.5.6, 1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Four Corners	N/A	N/A		
1st	Four Corners	N/A	N/A		
2nd	Four Corners	N/A	N/A		
3rd	Four Corners	Run, Horizontal Hop, Shuffle, Dance, Skip, Jumping Jacks, Star Jumps, Squats, Lunges	Levels, Direction, Space, Time, Body Shapes	1.3.1, 1.3.2, 1.3.4, 1.3.5, 1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.2	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Four Corners	Run, Horizontal Hop, Shuffle, Dance, Skip, Jumping Jacks, Star Jumps, Squats, Lunges	Levels, Direction, Space, Time, Body Shapes	1.4.1, 1.4.3, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Four Corners	Run, Horizontal Hop, Shuffle, Dance, Skip, Jumping Jacks, Star Jumps, Squats, Lunges	Levels, Direction, Space, Time, Body Shapes	1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2



## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Fruit Salad	N/A	N/A		
1st	Fruit Salad	N/A	N/A		
2nd	Fruit Salad	N/A	N/A		
3rd	Fruit Salad	Chair Stands	Levels, Space, Speed, Direction	1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Fruit Salad	Chair Stands	Levels, Space, Speed, Direction	1.4.1, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Fruit Salad	Chair Stands	Levels, Space, Speed, Direction	1.5.9, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Healthy Week	N/A	N/A		
1st	Healthy Week	N/A	N/A		
2nd	Healthy Week	N/A	N/A		
3rd	Healthy Week	Lunges, Stretching, Forward Kicks, Jumping Jacks, Vertical Jumps, Squats	Levels, Space, Body Shapes, Time	1.3.5, 1.3.6, 1.3.7, 1.3.8, 1.3.10, 1.3.11, 1.3.12, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Healthy Week	Lunges, Stretching, Forward Kicks, Jumping Jacks, Vertical Jumps, Squats	Levels, Space, Body Shapes, Time	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.4, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Healthy Week	Lunges, Stretching, Forward Kicks, Jumping Jacks, Vertical Jumps, Squats	Levels, Space, Body Shapes, Time	1.5.8, 1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 1.5.4, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Hopping Scarves Tag	N/A	N/A		
1st	Hopping Scarves Tag	N/A	N/A		
2nd	Hopping Scarves Tag	N/A	N/A		
3rd	Hopping Scarves Tag	Hopping on 1-foot, Hopping on 2-feet, Lunging, Galloping, Running, Skipping	Direction, Levels, Space, Speed	1.3.1, 1.3.2, 1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 2.3.4, 2.3.5, 3.3.1, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.2, 5.3.3	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Hopping Scarves Tag	Hopping on 1-foot, Hopping on 2-feet, Lunging, Galloping, Running, Skipping	Direction, Levels, Space, Speed	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Hopping Scarves Tag	Hopping on 1-foot, Hopping on 2-feet, Lunging, Galloping, Running, Skipping	Direction, Levels, Space, Speed	1.5.1, 1.5.3, 1.5.9, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.1, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.5, 4.5.6, 5.5.1, 5.5.2	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Moving Questions	N/A	N/A		
1st	Moving Questions	N/A	N/A		
2nd	Moving Questions	N/A	N/A		
3rd	Moving Questions	Hop on 1-foot, Vertical Jump, Running in Place, Imaginary Jump Rope	Levels, Body Shapes	1.3.5, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 7.3.3
4th	Moving Questions	Hop on 1-foot, Vertical Jump, Running in Place, Imaginary Jump Rope	Levels, Body Shapes	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 7.4.3
5th	Moving Questions	Hop on 1-foot, Vertical Jump, Running in Place, Imaginary Jump Rope	Levels, Body Shapes	1.5.9, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 7.5.3

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Muscle Ball	N/A	N/A		
1st	Muscle Ball	N/A	N/A		
2nd	Muscle Ball	N/A	N/A		
3rd	Muscle Ball	Running, Vertical Hopping In Place, Jogging In Place, Marching In Place	Direction, Speed, Space	1.3.2, 1.3.5, 1.3.7, 1.3.10, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Muscle Ball	Running, Vertical Hopping In Place, Jogging In Place, Marching In Place	Direction, Speed, Space	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Muscle Ball	Running, Vertical Hopping In Place, Jogging In Place, Marching In Place	Direction, Speed, Space	1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Race Against Time	N/A	N/A		
1st	Race Against Time	N/A	N/A		
2nd	Race Against Time	N/A	N/A		
3rd	Race Against Time	Squats, shoulder blade squeezes, jumping jacks, arm circles, calf raises, vertical hopping (1 and 2 feet)	Levels, Time, Body Shapes	1.3.5, 1.3.7, 1.3.10, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.4, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Race Against Time	Squats, shoulder blade squeezes, jumping jacks, arm circles, calf raises, vertical hopping (1 and 2 feet)	Levels, Time, Body Shapes	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.4, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Race Against Time	Squats, shoulder blade squeezes, jumping jacks, arm circles, calf raises, vertical hopping (1 and 2 feet)	Levels, Time, Body Shapes	1.5.9, 2.5.2, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.6, 4.5.7, 5.5.1	1.5.1, 1.5.4, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Tails	N/A	N/A		
1st	Tails	N/A	N/A		
2nd	Tails	N/A	N/A		
3rd	Tails	Running, Skipping, Hopping, Jumping, Lunging, Heel-to-Toe Walk, Galloping, Squating	Direction, Levels, Space	1.3.2, 1.3.5, 1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 2.3.4, 2.3.5, 3.3.1, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2, 8.3.2
4th	Tails	Running, Skipping, Hopping, Jumping, Lunging, Heel-to-Toe Walk, Galloping, Squating	Direction, Levels, Space	1.4.1, 1.4.4, 1.4.9, 1.4.21, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2, 8.4.2
5th	Tails	Running, Skipping, Hopping, Jumping, Lunging, Heel-to-Toe Walk, Galloping, Squating	Direction, Levels, Space	1.5.1, 1.5.4, 1.5.9, 2.5.1, 2.5.2, 2.5.5, 2.5.6, 3.5.1, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 7.5.2, 8.5.2

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	Treasure Rescue	N/A	N/A		
1st	Treasure Rescue	N/A	N/A		
2nd	Treasure Rescue	N/A	N/A		
3rd	Treasure Rescue	Horizontal Hopping, Skipping, Lunging, Running	Levels, Speed, Space, Direction	1.3.2, 1.3.4, 1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 2.3.4, 2.3.5, 3.3.2, 3.3.3, 3.3.4, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	Treasure Rescue	Horizontal Hopping, Skipping, Lunging, Running	Levels, Speed, Space, Direction	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 2.4.7, 2.4.8, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	Treasure Rescue	Horizontal Hopping, Skipping, Lunging, Running	Levels, Speed, Space, Direction	1.5.1, 1.5.9, 2.5.1, 2.5.2, 2.5.5, 2.5.7, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1



## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	True or False	N/A	N/A		
1st	True or False	N/A	N/A		
2nd	True or False	N/A	N/A		
3rd	True or False	Jog in Place, Hop on 1 foot, Chair Sits, Star Jumps, Calf Raises, Squats	Levels, Body Shapes	1.3.5, 1.3.7, 1.3.10, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1	1.3.1, 1.3.2, 5.3.3, 5.3.4, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	True or False	Jog in Place, Hop on 1 foot, Chair Sits, Star Jumps, Calf Raises, Squats	Levels, Body Shapes	1.4.1, 1.4.3, 1.4.9, 1.4.21, 2.4.4, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 5.4.1	1.4.1, 1.4.2, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	True or False	Jog in Place, Hop on 1 foot, Chair Sits, Star Jumps, Calf Raises, Squats	Levels, Body Shapes	1.5.9, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5, 4.5.6, 4.5.7, 5.5.1	1.5.1, 5.5.3, 5.5.4, 6.5.1, 6.5.2, 7.5.1, 5.5.1

## Oregon Physical and Health Education Standards met by BEPA 2.0 Toolkit Activities

Grade Level	Activity	Skills	Movement Concepts	Physical Education Standards	Health Education Standards
Kindergarten	What's My Activity?	N/A	N/A		
1st	What's My Activity?	N/A	N/A		
2nd	What's My Activity?	N/A	N/A		
3rd	What's My Activity?	Chair Stands, Toe Raises, Squats	Levels, Time, Body Shapes	1.3.7, 1.3.10, 2.3.1, 2.3.2, 2.3.3, 3.3.2, 3.3.3, 3.3.4, 4.3.1, 4.3.2, 4.3.3, 4.3.4, 4.3.5, 5.3.1, 5.3.3	1.3.1, 5.3.3, 6.3.1, 6.3.2, 7.3.1, 7.3.2
4th	What's My Activity?	Chair Stands, Toe Raises, Squats	Levels, Time, Body Shapes	1.4.9, 1.4.10, 1.4.21, 2.4.1, 3.4.1, 3.4.2, 3.4.3, 4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 4.4.5, 5.4.1	1.4.1, 5.4.3, 6.4.1, 6.4.2, 7.4.1, 7.4.2
5th	What's My Activity?	Chair Stands, Toe Raises, Squats	Levels, Time, Body Shapes	1.5.9, 1.5.10, 2.5.1, 2.5.2, 2.5.5, 3.5.2, 3.5.3, 4.5.1, 4.5.2, 4.5.3, 4.5.5, 4.5.6, 4.5.7, 5.5.1, 5.5.2	1.5.1, 5.5.3, 6.5.1, 6.5.2, 7.5.1, 7.5.2