STEP 1: Determine “4-H Age”
Visit [http://www.calculator.net/age-calculator.html](http://www.calculator.net/age-calculator.html)

Youth’s Date of Birth
September 2, 2019

The calculated number of YEARS (ignore months and days) is the youth’s “4-H Age.”

STEP 2: Determine 4-H Age Division
Using the chart below, find the youth’s “4-H Age” and the correct Age Division.

<table>
<thead>
<tr>
<th>Division</th>
<th>Cloverbud</th>
<th>Junior</th>
<th>Intermediate</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-H Age</td>
<td>5-8 years old</td>
<td>9-11 years old</td>
<td>12-14 years old</td>
<td>15 – 19 years old</td>
</tr>
</tbody>
</table>

* The youth’s “4-H Age” remains the same throughout the entire 4-H Year (September 2, 2019-September 1, 2020), regardless of the youth’s actual age, which will change.

* Please note that this means that even if the youth enrolls in 4-H in 2020, or is competing in 2020, their “4-H Age” is calculated as of September 2, 2019; so their “4-H Age” may be younger than their actual age.
Age-related policies from the Oregon 4-H Policy Manual

2.3 A young person’s age on September 1 shall be used to determine their age for the upcoming 4-H program year (which begins on October 1 and ends on September 30). A young person who is 19 on September 1, and graduated from high school, is not eligible to participate in 4-H in the upcoming 4-H program year (with the exception of the circumstances described in 2.3.1 and 2.8). Age is considered the best determinant of youth development.

2.3.1 Students who are 19 on September 1 and have not yet graduated from high school, may participate in 4-H in the upcoming 4-H program year.

2.4 Oregon 4-H uses the following age divisions for eligibility in competitive events. (Effective October 1, 2014)

Juniors: 9-11 years of age on September 1
Intermediates: 12-14 years of age on September 1
Seniors: 15-19 years of age on September 1

2.4.1 4-H provides numerous opportunities for youth to be recognized for their achievements. Some recognition comes as a result of competition against peers. 4-H members will be allowed to participate in competitive events in the upcoming 4-H program year if they have reached their ninth birthday by September 1 and otherwise qualify to participate.

2.5 Some 4-H experiences are limited to young people of specific ages. For example, young people under age nine participate as “Cloverbuds” and do not participate in competitive events.

2.6 School-aged youth may participate in 4-H without being enrolled in a public school.

2.7 Individuals who have surpassed the upper age limit for membership in Oregon may participate in national contests and events if they qualified for those contests and events as members if national rules allow.

2.8 Young people with developmental disabilities remain eligible to participate in 4-H during the upcoming program year in which they are 21 on September 1.

4.2 “Cloverbud” programs are the mechanism by which young people ages 5 through 8 may participate in 4-H. Cloverbud programs introduce young people to cooperative learning and the many things they can do in 4-H.

4.2.1 Children under age nine participating in 4-H, may not ride on motorcycles, motorbikes, or all-terrain vehicles or participate in shooting sports as part of their 4-H experience. They also are not to have direct contact or be responsible for the care and maintenance of cattle, horses, sheep, llamas, goats, swine, and dogs as part of their 4-H experience. (Also 10.5)

4.2.2 Children under age nine may not participate in competitive events as a part of their 4-H experience, where they or the items they have constructed are evaluated. They may participate in non-competitive events for participation recognition only.

4.2.3 As part of their 4-H experience, children under age nine may participate in team sports like soccer, basketball, and volleyball without keeping score to avoid a competitive experience. If awards are provided, every child should be recognized equally with a participation award.