



Oregon State
University



**Oregon State University
Gilliam County Extension
4-H**

Paste a picture or
drawing of YOU!

4-H Cloverbud Record Book

4-H Member: _____

4-H Year: October _____ to September _____

Welcome to 4-H!

This is your record book 😊 You may write, draw pictures, paste in photographs, magazine pictures or clipart, use stickers, or any other creative way to show what you have done. If needed, you may also have someone write for you but it must be in your own words. Please use pencil or erasable ink. Have fun with this record book and make it special for you!

What is a Record Book?

It's a journal! 4-H members use record books to set plans and project goals, keep track of 4-H activities, share challenges, successes, and the all fun that happens along the way. Your record book will be full of memories made by you for you!

Who is this for?

This record book is for Cloverbud members (ages 5 to 7).

Cloverbud members may use Level 1 instead of this book, and have the option to start their Level 1 Permanent Record.

Need Help?

Contact your 4-H Leader or the OSU Extension Office

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What is inside?

- ✓ About Me
- ✓ My Club
- ✓ Pledges
- ✓ My Calendar
- ✓ Project Plans
use 1 per project
- ✓ Project Page
use 1 per project
- ✓ Activity Check List
- ✓ My Story
- ✓ My Memories
- ✓ Comment Page
for parents & leaders



About Me

Hi, my name is _____.

I am _____ years old, and in _____ grade.

This is my _____ year in 4-H!

I joined 4-H because _____

Some of my favorite things to do are _____

My 4-H Club

I'm in the _____ 4-H Club!

My 4-H Club Leaders are:

My 4-H Club President is:

There are _____ members
and _____ leaders in my club.

There are _____ Cloverbud
members in my club!



Cloverbuds

Some of my favorite things to do at club meetings are

Pledges

At club meetings we recite the Pledge of Allegiance and 4-H Pledge.

Pledge of Allegiance

“I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.”



4-H Pledge

“I pledge my _____ to clearer thinking, my _____ to greater loyalty, my _____ to larger service, and my _____ to better living for my club, my community, my country, and my world.”



Head



Heart



Hands



Health

My 4-H Calendar

Share in words or drawings what you plan to do each season of the 4-H year.

Fall



Winter



Spring



Summer



My 4-H Project Plans

My 4-H project is _____

I chose this project because _____

For my project, I want to learn _____

Signatures

4-H Member _____

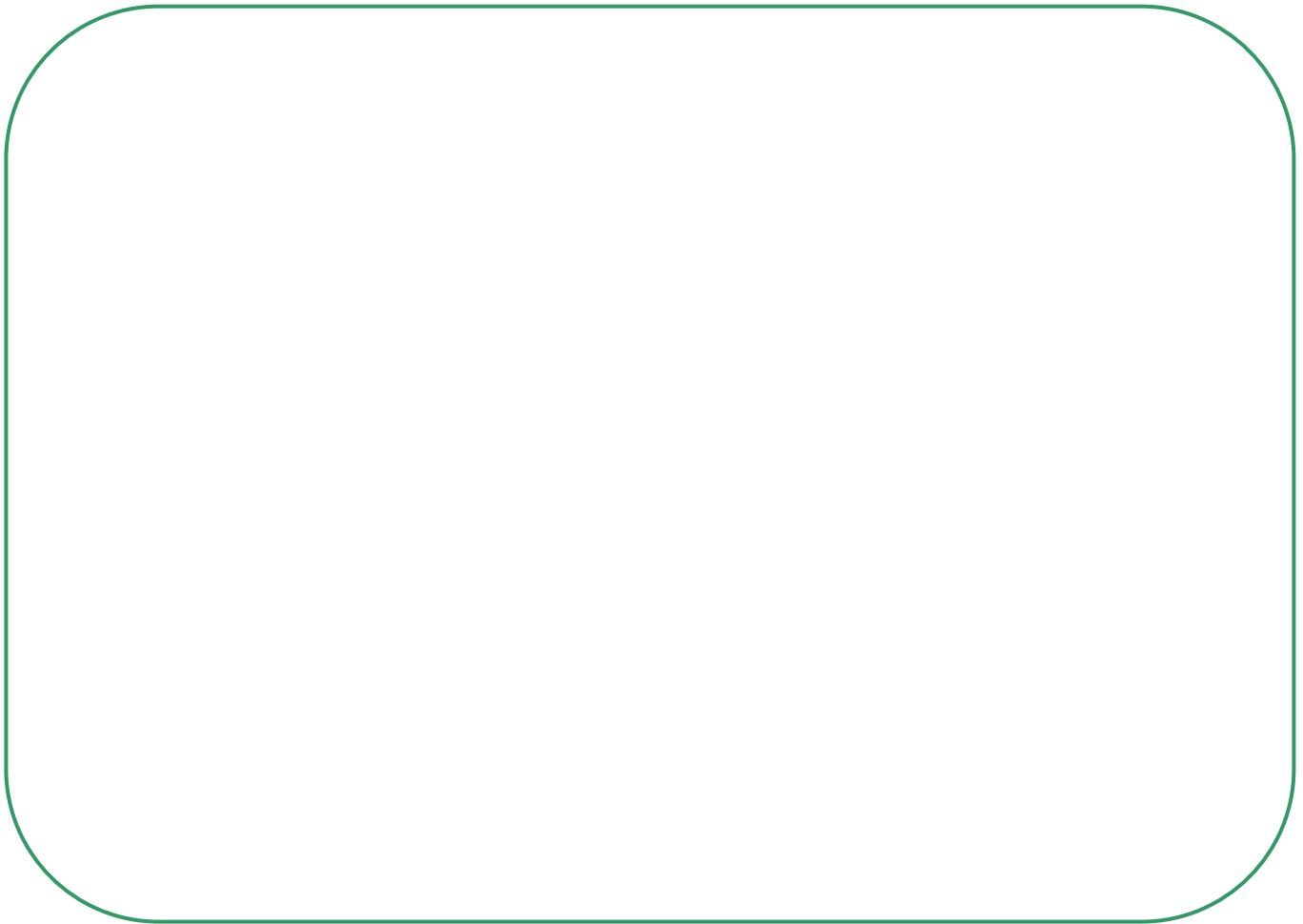
Parent/Guardian _____

4-H Leader _____



My 4-H Project

Paste a photo below or draw a picture of you working on your project!



Share about the things you made or the animals you took care of as part of your project. _____

My 4-H Activity Check-List

Mark what you did this year with checks or small stickers.

Join 4-H!



Yes!



I'll try next year

Attend club meetings



Yes!



I'll try next year

Make new friends



Yes!



I'll try next year

Help on a club committee



Yes!



I'll try next year

Share a demonstration



Yes!



I'll try next year

Attend a pre-show



Yes!



I'll try next year

Exhibit my project at a show or fair



Yes!



I'll try next year

Try judging



Yes!



I'll try next year

Learn something new



Yes!



I'll try next year

Help with community service



Yes!



I'll try next year

Attend fair



Yes!



I'll try next year

Turn in my record book



Yes!



I'll try next year

Celebrate my year in 4-H



Yes!



I'll try next year

My 4-H Story

Hi, my name is _____ . This is my _____ year
in 4-H. In 4-H, I used my **head** when I learned _____

_____ .

I used my **heart** to be kind when I _____

_____ .

I used my **hands** to help others when I _____

_____ .

I made a **healthy** choice when I _____

_____ .

This year I went to _____ club meetings, and my 4-H project
was about _____ .

Some of my favorite things to do in 4-H are _____

_____ .

Next year I would like to learn about _____

_____ .



My 4-H Memories

Paste pictures, drawings, news clippings, letters, awards, or anything else related to you, your club, or project. Add more pages if needed.

A large, empty rectangular box with a thin green border, occupying most of the page below the instructions. It is intended for the user to paste their 4-H memories, such as pictures, drawings, news clippings, letters, or awards.

Comment Page

Dear Parent/Guardian,

Please tell us what you enjoyed about your child being in the 4-H Youth Development Program, and what impact or learning did you see because of their participation?

Dear 4-H Leader,

What impact or learning did you see?



4-H GROWS HERE