

FOCUS on Extension

Serving Clackamas County Citizens

Clackamas County Extension Office
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200 Warner Milne Road, Oregon City, OR 97045

503-655-8631

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Youth Explore Their Cultural Heritage Through Art

Youth in the Raíces y Alas 4-H Latinx Outreach Program explored their cultural heritage through an Art in the Garden project from September 14 to November 2. The goal of the project was to ignite youth creativity, self-expression, and passion through the exploration of cultural art. The project included the creation of youth art and visits to two important Latinx cultural celebrations: El Grito (The Shout) and Dia de los Muertos (Day of the Dead). El Grito celebrates the independence of Mexico and other Latin American countries from Spain. These celebrations connect youth to traditional Latin American music, dance, and food.



The 4-H project garden planted by the youth provided inspiration and flowers to create cultural art pieces with the help of local artist Abel Valladares. Art forms included: papel picado (paper cut outs of skeleton and floral designs), corona funeraria (funeral flower wreaths), calaverita (songs & poetry that mock death), and decorated sugar skulls. The project culminated with youth displaying their artwork in celebration of Dia de los Muertos. This holiday is believed to welcome the souls of loved ones as spirits back to their families and friends for a few brief hours each year and enjoy the pleasures of life. It is believed that the souls of children return on November 1; and that souls of adults on November 2. To welcome the souls to the world of the living, communities celebrate with music, dancing, and food. Families place an ofrenda (offering) on altars with the photos of deceased loved ones, their favorite food, candles, decorations, marigolds, and other meaningful items. The youth constructed and displayed altars and decorated them with their artwork at Witchita Community Center in Milwaukie and Molalla Elementary School for public awareness and enjoyment. The Art in the Garden project is made possible by a Cultural Coalition grant from the Clackamas County Art Alliance.

Janet Nagele
4-H Youth Development Faculty

4-H Awards Night recognizes Supporters, Volunteers, and Youth Members



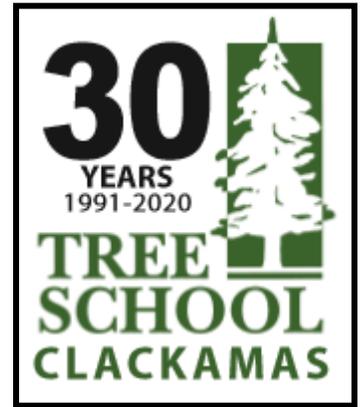
The annual Clackamas County 4-H Awards Night recognizes excellence in our youth and celebrates the community support that leads them to success. Over 300 youth and 100 volunteers were recognized this year. Our Friends of 4-H awardee was AgWest (the Woodburn store) which has graciously lent us facilities for events and equipment, including tractors for the annual youth certification program.

Wendy Hein
4-H Youth Development Associate Professor

Members and leaders of the United Riders
4-H Club with Molalla Mayor Swigart.

30th Clackamas Tree School

The 30th annual Clackamas Tree School on March 21, 2020 will feature 74 classes covering key topics to support the successful management of small woodlands. Participants will learn about seedlings, tree planting, tools and techniques, wildfire preparedness, marketing and business, forest health, wildlife habitat, water, forest fungi, and more. We have added seven new classes including *Intro to Small Woodland Management* and *Your Trees, Your Lumber, Your House*. We anticipate around 650 woodland owners along with about 150 instructors, exhibitors, and volunteers.



“Tree School offers a lot of great classes. We are hearing that we should do more to cover the basic forest management and maintenance topics. This year we are doubling up on those basic classes in greatest demand.” said Glenn Ahrens, OSU Extension Forester.

Tree School is a collaborative effort led by the OSU Extension Clackamas County team (Glenn Ahrens, Amanda Brenner, Jean Bremer, and Cheryl Keithan), with a lot of help from forestry community partners and volunteers. Registration opens at 10:00 am on January 28. People can register online, in-person, or by mail. Many classes fill in the first few days of registration. For more information see <http://bit.ly/Clacktree>.

Glenn Ahrens
OSU Extension Forester

“Field-to-Market” Video Series Produced

The Oregon Farm Direct Marketing Law (OFDML) of 2012 allows small farmers to produce and sell certain low-risk products from the produce that they grow, without a license, in their home kitchen. Allowable products include, but are not limited to: canned fruit, pickled vegetables, salsa, dried fruit, dried herbs, herbal teas, hot sauces, sauerkraut, and kimchi. Untrained individuals implementing improper food preservation methods introduce some food safety risks. The Family & Community Health (FCH) program and Willamette Falls Media Center Studios (WFMC) produced a series of four 10-minute demonstration videos that provide an explanation of the OFDML and illustrate science-based, step-by-step food preservation techniques to produce a fruit syrup, pickled hot peppers, escabeche, and dried apples/dried fruit leather. The FCH program worked under the guidance of Kimberly Jacobsen Nelson, Marketing & Communications Consultant. They wrote the scripts, created the visual elements, designed the sets, and provided the on-screen talent. The WFMC provided camera equipment, the use of their studio kitchen, a film crew, and managed the production of the final product.

The demonstration videos provide an alternative educational format to a traditional classroom setting. It is especially appealing to those living in rural areas of the state and unable to travel to a workshop, and/or



Kelly Streit demonstrates canning pickled hot peppers in *Acidified Foods* video.

those with limited schedules. The viewer can watch the video on their own time, and more than once. They can also hit the pause button as they work their way through the food preservation steps. It is hoped that the videos increase small farmer’s knowledge and confidence levels to produce a safe, farm direct, value added product, and that more will take advantage of the opportunity, thus contributing to their economic viability and that of their communities. The videos can be accessed at <https://vimeo.com/wfmcstudios> and soon the OSU website.

Kelly Streit
Family and Community Health Faculty

The Clackamas team welcomes Pamela Whitten to our team!



I would like to introduce you to our new Fiscal Coordinator, Pamela Whitten. We are so happy to have her on board. She is a mother of three children: two boys, ages 14 and 17, and a girl, age 6. Pam has degree in accounting from Portland State University and years of accounting experience. She said she wants her kids to grow up in a community that works to develop their members. She came from an inclusive community and this is where she would like her new community to be for her family and friends. Pam and her family live in Molalla and have two dogs, three cats, and two raccoons. The raccoons are wild, but they sleep in their tree in the yard, so the kids claim them. Please stop by the office and introduce yourself!

*Leah Sundquist
Office Manager*

OSU Master Gardeners share their enthusiasm for the OSU Master Gardener™ program

“I loved learning about best gardening practices and how to be a good earth steward! I especially loved meeting and learning from other experienced gardeners, and in turn volunteering in my community to teach others.”

– Cheryl Borden, OSU Master Gardener

“The hands-on opportunities were great! Applying the knowledge acquired in the classroom to the garden, gave me a much better understanding of how to be a successful and sustainable gardener!”

– Connie Leben, OSU Master Gardener

You too can expand your gardening knowledge and become a Master Gardener! Register now for the 2020 OSU Extension Service Master Gardener training. The training includes all aspects of sustainable gardening in a fun and friendly environment. Science-based curriculum is offered in a combination of in-person, online classes and hands-on workshops that run from late January through March. This unique training is followed by volunteer educational outreach.

Become a garden educator and help your community to grow from the ground up! To register go to: <https://extension.oregonstate.edu/mg/metro/become-master-gardener>.



Master Gardeners at the 2019 Weeds Workshop.

Marcia McIntyre

Master Gardener Program Representative

Extension in the News

New Building

<http://bit.ly/buildingbids>

<http://bit.ly/buildingnewsletter>

Men in Business

<http://bit.ly/Mikeinbusiness>

Women in Business

<http://bit.ly/Angelainbusiness>

Field to Market Videos

<https://vimeo.com/wfmcstudios>

Future Events

December:

Estacada Food Pantry Booth: Friday, December 20 from 10:00 am to 1:30 pm at the Estacada Food Pantry. Buffy will be providing a Food Hero tasting related to the foods expected to be available in the market. Contact Buffy Rhoades: Buffy.Rhoades@oregonstate.edu.

Office Closed: Wednesday, December 25. The office will be closed in observance of winter holidays.

HEARTH 4-H Winter Workshops: Saturday, December 28 starting at 10:00 am at the Clackamas County Event Center. Participants can focus on sewing, cooking, leathercraft, and fiber arts. Pre-registration is required. Contact Jan Williams: Janaleen.Williams@oregonstate.edu.

January:

Office Closed: Wednesday, January 1. The office will be closed in observance of New Years Day.

Free Food Market Booth: Tuesday, January 7 from 10:00 to 11:30 am at the Beaver Creek Health Clinic. Participants have access to free fresh and healthy fruits, vegetables and pantry staples. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: Erin.Devlin@oregonstate.edu.

Free Food Market Booth: Tuesday, January 9 from 10:00 to 11:30 am at the Oregon City DHS office. Participants have access to free fresh and healthy fruits, vegetables and pantry staples. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: Erin.Devlin@oregonstate.edu.

Community Forestry Day: Saturday, January 11 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Pre-registration requested. Contact Peter Matzka: Peter.Matzka@oregonstate.edu.

Horse Bowl & Public Speaking and Presentations Contests: Saturday, January 25 starting at 8:00 am at Clackamas County Event Center. Cheer on 4-H participants as they share their knowledge of the 4-H Horse project. Contact Wendy Hein: Wendy.Hein@oregonstate.edu.

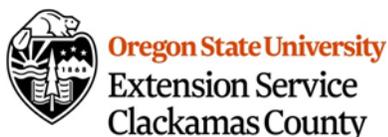
Smoking Foods Class: Saturday, January 25 from 10:00 am to 12:30 pm at the Extension Annex. Participants learn the art of creating smoked foods in an in-depth demonstration and tasting. Pre-registration required. Contact Buffy Rhoades: Buffy.Rhoades@oregonstate.edu.

Office Closed: Monday, January 20. The office will be closed in observance of Martin Luther King Jr Day.

February:

Community Forestry Day: Saturday, February 8 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Pre-registration requested. Contact Peter Matzka: Peter.Matzka@oregonstate.edu.

This publication will be made available in accessible formats upon request. Please call 503-655-8631 for information. Accommodation requests related to a disability should be made at least two weeks before the event to the contact person listed.



Agricultural Sciences & Natural Resources, Family and Community Health, 4-H Youth, Forestry & Natural Resources, Extension Sea Grant, Open Campus, and Outdoor School programs. Oregon State University, United States Department of Agriculture, and Oregon counties cooperating. The Extension Service offers its programs and materials equally to all people. Oregon State University Extension Service prohibits discrimination in all its programs, services, activities, and materials on the basis of race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, familial/parental status, income derived from a public assistance program, political beliefs, genetic information, veteran's status, reprisal or retaliation for prior civil rights activity.