I want to thank our amazing network of community volunteers, who are the lifeblood of our programs. From our 4-H Leaders to Master Gardeners, Master Food Preservers and Family Food Educators, Master Woodland Managers and Master Naturalists—plus others who provide leadership on committees and advisories, or share their land or businesses for our research and education programs—we can’t thank you enough! This issue of Focus on Extension is dedicated to all of our volunteers and the marvelous work they do.

Mike Bondi
Clackamas County Leader

4-H Honors Outstanding Long-Term Leaders

At the annual 4-H Awards and Recognition Night, two volunteers earned the Distinguished Service Award for volunteers with five or more years of service.

The name Lloyd Hansen is synonymous with Dairy Cattle in Clackamas County. He has been the 4-H superintendent for over 20 years. Lloyd loves to help 4-H members who are interested in the dairying industry. Thank you Lloyd for making the best better!

Kris Schroeder is a hardworking 4-H leader that has a smile and a word of encouragement for everyone. She is a leader in Whiskey Hill Sheep and Whiskey Hill Crafters. She set up the tracking system for HEARTH requirements which have led to a deeper 4-H experience for members. Kris is an excellent role model for youth and adults and we are lucky to have her.

Wendy Hein
4-H Youth Development Faculty

Lloyd Hansen and Kris Schroeder being recognized at the 2018 4-H Awards and Recognition night.
Utmost Gratitude to Our OSU Master Gardeners!

We extend a hearty heap of gratitude to our metro-area OSU Master Gardeners for their extraordinary contributions! Annually, our Master Gardeners volunteer over 40,000 hours of service to the community by educating, guiding, and inspiring home gardeners in successful and sustainable gardening practices. Master Gardeners are found answering gardening questions at our tri-county office hotlines, area farmers markets, gardens, and special community events. Master Gardeners also give presentations at schools, libraries, gardens, and community groups. The contributions extend even further into the community as Master Gardeners volunteer at gardens and annually donate over 10,000 pounds of fresh vegetables and fruits to area food banks. A remarkable contribution that assists community members who are experiencing food insecurity!

We are in awe and grateful to our Master Gardener volunteers for generously sharing their time and passion educating the gardening public and supporting the OSU Master Gardener program. Thank you!

To learn more about the metro-area OSU Master Gardener Program go to: www.metromastergardeners.org or Find us on Facebook @metromastergardeners or on Twitter @therealdirt.

Marcia McIntyre
Master Gardener Program

Outstanding Forestry Extension Volunteers

Loren Bowman grew up on the family farm near Estacada. He became the third generation of his family to farm in 1968 when he and his wife Sylvia purchased 160 acres across the road from his grandfathers farm. After Loren retired from 30 years with AT&T he became a full time tree farmer.

Loren’s list of periodic management activities is an impressive testament to what it takes to care for a tree farm:
- Harvest mature/over mature, dead, dying, and unhealthy trees.
- Treat slash and reduce fire hazards.
- Replant cutover areas promptly.
- Thin young stands.
- Manage brush and invasive weeds.
- Conduct riparian area enhancement, stream crossing improvement, and wildlife habitat enhancement.
- Monitor forest stands annually and adjust management.

Loren and Sylvia Bowman were recognized with the 2018 Evergreen Award for their continuing devotion to forest stewardship, sound forestry practices, community service, and education. The Bowmans have been doing this for many decades. They were recognized as Clackamas Woodland Farmer of the Year 2003 and Loren became an OSU Master Woodland Manager in 2007. He has helped many fellow woodland owners learn about forest stewardship, sharing his experience, one-on-one and at group events such as the Small Woodland Equipment Show he hosted in 2010. As Loren said, “Many people don’t know what it really takes to be a good tree farmer.” Thanks to the Bowmans, many people are learning to appreciate what it takes, and how to succeed in their own woodland management efforts.

Glenn Ahrens
OSU Extension Forester
Come Volunteer with Family & Community Health!

“I want to make a difference.”
“I like teaching Cooking Matters™ and Plan, Shop, Save, Cook.”
“It’s important to educate the public on food preservation/safety.”
“I like to show folks to new ways to prepare food items through food demos.”
“I like meeting people, making new friends, and being part of a team.”
“I’m a lifelong learner, and volunteering provides me with continuing education opportunities.”

These are some of the reasons shared by volunteers regarding why they volunteer with the Family Food Educators (FFE) program. This is one volunteer program supported by the OSU Extension Service Family & Community Health (FCH) Program. The FFE program helps meet our mission of engaging the people of Oregon with research-based knowledge and education that strengthens communities and economies, sustains natural resources, and promotes healthy families and individuals. FFE volunteers deliver nutrition, food resource management, and food preservation/safety education and skills training at schools, community centers, farmers markets, food pantries, residential housing sites, and at community events. Programs include Master Food Preservers, SNAP-To-It!, Healthy Pantry Initiative, and Plan, Shop, Save, Cook. In 2018, volunteers contributed more than 1,000 hours of community service throughout Clackamas County. Several of the volunteers have been with the program for over 10 years, providing leadership and mentoring for newer volunteers.

The FCH Program is always seeking new volunteers to bring new ideas and enthusiasm to the team, and to grow our ranks. If you are interested in more information on the FFE Volunteer Program or future training opportunities, please contact us at 503-655-8634, or email kelly.streit@oregonstate.edu.

Come volunteer with us!

Kelly Streit
Family & Community Health Faculty

Keeping Your Home and Property Safe from Wildfire Workshops

Oregonians live in a fire-prone environment, but there are effective practices for minimizing impacts of fire in your neighborhood. Are you and your community prepared for wildfire? Do you want to know how you can give your home and property the best chance to survive wildfire? By taking action now, you can reduce the chance that your home will burn during a wildfire. OSU Extension is partnering with Clackamas Soil and Water to deliver workshops to teach residents and landowners safe and effective practices.

Three workshops in Clackamas County. All workshops are 6:00 — 8:00 pm
- February 28 — Estacada Community Center, 200 SW Clubhouse Dr, Estacada
- March 12 — Molalla Grange Hall, 127 Grange Ave, Molalla
- April 4 — Hoodland Fire Station, 69634 E Hwy 26, Welches

There is no fee, but space is limited and pre-registration is required to reserve your seat. To register, contact Clackamas Soil and Water Conservation District at 503-210-6000 or email tguttridge@conservationdistrict.org.

Glenn Ahrens
OSU Extension Forester
Future Events

**February:**
Keeping Your Home and Property Safe from Wildfire Workshop: Thursday, February 28 from 6:00 to 8:00 pm at the Estacada Community Center. Learn how a fire professional views your home and property, and the steps you can take to reduce risk. Contact Glenn Ahrens 503-655-8631.

**March:**
Garden Discovery Day: Saturday, March 2 from 9:00 am to noon at the Milwaukie Center. Master Gardeners will offer clinic times, soil testing, 10-Minute Universities™, and gardening displays. Contact Marcia McIntyre 503-650-3126.

4-H New Leader Orientations: Tuesday, March 5 at the Extension annex. There will be two sessions. The first from 9:00 to 11:30 am and the second from 7:00 to 7:30 pm. Pre-registration required. Contact Trisha Applebee 503-650-3132.

Community Forestry Day: Saturday, March 9 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Contact Peter Matzka 503-655-8631.

Field to Market Essentials Workshop: Saturday, March 9 from 9:00 to 1:00 pm at NWREC. Workshop explains the rules and regulations, interpretation and application of the Oregon Farm Direct Marketing Law. Contact Kelly Streit 503-557-5885.

Office Closed (morning only): The Extension office will be closed Monday, March 11 until 1:00 pm for an all-staff meeting.

4-H Tack and Bake Sales: Saturday, March 16 starting at 8:00 am at the Clackamas County Event Center. This is a fundraiser for 4-H participants in the Horse and HEARTH projects. Contact Jan Williams or Wendy Hein 503-655-8635.

Tree School: Saturday, March 23 from 8:00 am to 5:30 pm at Clackamas Community College. Participants spend the day attending the 75 different classes. Pre-registration is required. Contact Glenn Ahrens 503-655-8631.

**April:**
Community Forestry Day: Saturday, April 13 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Contact Peter Matzka 503-655-8631.

Accommodation requests related to a disability should be made by two weeks before the event to the contact person listed on the event.

This publication will be made available in accessible formats upon request. Please call 503-655-8631 for information.