4-H members show off at Summer Fairs – Enroll now for 2019-20

Fall is in the air and school has started, but 700 4-H members are still cherishing the warm memories they made at the Fair. Youth ages 5 to 18 brought art, science displays, plants, baked goods, and animals to be judged and – even more importantly – shared with the public. “We know that participation in County Fair builds confidence and develops skills like responsibility and time management,” says Wendy Hein, Oregon State University faculty member. “Youth also gain communication skills by educating the public about their projects.” The 4-H fair spanned four events: a week-long Horse Fair in July, the Cat Show in May, a full day Dog Fair in July, plus the 4-H events at the Clackamas County Fair in August.

The top individuals at County Fair had the opportunity to exhibit at the Oregon State Fair in Salem. The 4-H members sent items they made, participated in contests, and showed their small animals, dogs, livestock, and horses. Clackamas County had 42 Medallion winners, which is the highest award given at the State Fair.

The 4-H year starts in October with a celebration of National 4-H Week. Youth interested in joining 4-H, and adults interested in becoming volunteers, should contact the OSU Extension Service in Clackamas County at 503-655-8635 or email Trisha at trisha.applebee@oregonstate.edu. Additional information about 4-H is available on the web at https://extension.oregonstate.edu/4h/clackamas.

Grow with the OSU Extension Service Master Gardeners!

Are you passionate about gardening? Do you want to get the real dirt on tried-and-true gardening practices? Are you interested in sharing your science-based knowledge as a volunteer community educator? The OSU Extension Service has the program for you! Become an OSU Master Gardener™ volunteer and get growing from the ground up!

Registration opens in early November for the metro-area OSU Master Gardener Training Program. Training takes place in Clackamas, Multnomah and Washington counties. Classes begin the last week of January 2020 and consist of a combination of in-person classes, online content, and hands-on workshops, followed by 50 hours of volunteer service as a community educator.

Dig deeper, cultivate a healthy garden, and a healthy community by becoming an OSU Master Gardener Volunteer. For more information, visit: www.metromastergardeners.org.
**Extension Education Center Update**

**BREAKING NEWS...Clackamas County Commissioners to consider final approval for building project on October 22!**

After more than six years of planning and dreaming, Extension’s new Education Center to be located on Clackamas County’s Red Soils campus in Oregon City could be ready to launch. The Clackamas County Board of Commissioners will meet during their policy session next week to consider the request to move the project forward and open the public bidding process. Included in the discussion will be a presentation of the final design concepts for the 22,000 square foot, two-story, all wood, advanced technology, and Net Zero building—plus the financing plan and timeline for the project to make it all happen. The hope is to open the contractor bidding in November and award the construction contract by the end of the year or early next year. The goal is to be ready for a ground breaking this coming spring with a build out by the end of 2020 or early 2021.

The new Extension Education Center will be a showcase for our local forests, sustainable resource management, and the future of the forest products industry and new innovative construction products. Cross laminated timber, mass plywood, and locally sourced construction wood products, logs, and siding is all planned for the building. In addition, the building will be a celebration of Extension’s 100 year history in the County and the people and programs that have helped build our communities. The Education Center will house Extension’s 4-H/Youth Development, Family and Community Health, Forestry and Natural Resources, and Community and Urban Horticulture program faculty and staff. Special building features will include a 150 seat meeting and training room, teaching kitchen, and a horticulture diagnostic lab. In addition, the building will meet Resilient standards—meaning it will remain standing and become the nerve center for emergency services during times of natural disasters.

**Michael Bondi**
Clackamas County Liaison

**Raíces y Alas 4-H Latinx Outreach Program Summer 2019 in Review**

Through 4-H, young people learn and grow with the help of caring adults to develop the skills and confidence needed to become contributing, successful, and self-directed members of society. This past summer 4-H Youth Development partnered again with Clackamas County Latinx families at two sites in the county: Milwaukie and Molalla. The goal of the partnership is to engage this underserved audience through meaningful and culturally appropriate learning experiences leading to positive youth development. The name **Raíces y Alas** says it all: Roots & Wings. We work with families and community partners to celebrate cultural heritage (roots) and provide an experiential learning environment that with give their children opportunities for success (wings).

This past summer youth and their families focused on STEAM (science, technology, engineering, arts, and mathematics) topics and educational field trips. Activities included hands-on lessons in soil and plant sciences as well as time establishing their on-site garden in Molalla. A field trip to the Oregon Coast meant discovery of life in tidal pools, whale watching, and an excursion through the Oregon Coast Aquarium to complete their marine science studies. Youth studied birds at an on-site bird feeder. A visit to the Audubon Society provided them an opportunity to study animal behavior and adaptations up close. The season came to a close with a five day STEAM camp at Centro Cultural in Cornelius with activities where youth made model geodes, created their own holographs, coded a computer program, and much more. For more information contact Rodrigo Corona, the 4-H Latinx Outreach Coordinator, at rodrigo.corona@oregonstate.edu.

**Janet Nagele**
4-H Youth Development Faculty
Welcome New Forestry Program Assistant

Amanda Brenner, our new Extension Forestry Education Program Assistant started work on August 15. She is filling the position vacated by Rose Clarke last May. Amanda's background includes wildfire preparedness education, natural resource management, environmental education, and outdoor recreation. She moved to Oregon from Colorado this last spring and got a great introduction to forests in Oregon working a summer job on the Tillamook State Forest. Her duties will include coordination of Tree School and assisting with all aspects of our Extension Forestry and Natural Resource Program throughout the year. Amanda has a reputation as an excellent communicator and coordinator, which will come in handy as she joins the team to put together the 30th annual Tree School set for March 21, 2020.

Glenn Ahrens
OSU Extension Forester

New SNAP-Ed Initiatives

The Family & Community Health SNAP-Ed program has three new initiatives this fall that we'd like to highlight. Partner sites with after school programs are receiving training to use the BE Physically Active (BEPA) toolkits, to deliver 5-15 minute physical activity breaks with supporting funds for the toolkits and promotion from Providence. Find out more about the BEPA program at https://extension.oregonstate.edu/bepa.

Clackamas County is also the site of a nutrition education curriculum pilot program this fall. Stephanie Stuart will teach 5th graders at Sandy Grade School and River Mill Elementary with lessons from Nutrition in a Box, designed by OHSU. Nutrition in a Box is an engaging, hands-on curriculum that inspires kids to eat more nutritious foods. Learn more about the program here: http://bit.ly/Nutrition_Box.

Our program's adult education class, Cooking Matters, will be reaching out to a new audience of Micronesian adults, with support from the Oregon Food Bank and the Providence Milwaukie Community Teaching Kitchen. Elena Illescas will lead the hands-on cooking class with culturally relevant recipes. You can learn more about Cooking Matters here: https://cookingmatters.org/.

We appreciate all the support and volunteer time we receive, and always welcome more! Please get in touch with Katlyn at Katlyn.axmaker@oregonstate.edu if you want to learn more.

Erin Devlin
Family and Community Health Faculty

Extension in the News

Articles highlighting 4-H youth

4-H Fair Tour with Wendy Hein

Small Farm School is a Full Day
https://youtu.be/2pnPfNjHr_Y

NWREC Open House
https://youtu.be/ePrt15RVHUE

Historic Log House at Hopkins
Future Events

October:

Woodland Farmer of the Year Banquet: Recognition Banquet: Thursday, October 17 starting at 6:00 pm at Hopkins Demonstration Forest. The Clackamas County Farm Forestry Association (CCFFA) will be presenting this year’s Woodland Farmer of the year award at dinner. Contact Glenn Ahrens 503-655-8631.

4-H Tack and HEARTH Bake Fundraiser Sales: October 19 starting at 8:00 am at the Clackamas County Event Center. The fundraisers will benefit the Horse and HEARTH Advisories. Admission is $1 and parking is $5, cash only. Contact Jan Williams and Wendy Hein 503-655-8635.

Food Dehydrating Class: Saturday, October 26 from 9:00 am to 12:30 pm at the Extension Annex. Participants learn to preserve using dehydration. Pre-registration required. Contact Buffy Rhoades 503-655-8634.

November:

Community Forestry Day: Saturday, November 9 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Pre-registration requested. Contact Peter Matzka 503-655-8631.

Sausage Making Class: Saturday, November 9 from 9:00 am to 12:30 pm at the Extension Annex. Participants learn the art of sausage making. Pre-registration required. Contact Buffy Rhoades 503-655-8634.

4-H Master Shooting Sports Leader Training: November 9-10 at the Canby Rod & Gun Club. Leaders will be certified to work with youth in the shooting sports projects. Contact Trisha Applebee 503-650-3132.

Office Closed: Monday, November 11. The office will be closed in observance of Veterans Day.

Thinning and Selective Management in Mature Forests Workshop: Wednesday, November 16 from 9:00 am to 3:00 pm at Hopkins Demonstration Forest. Participants learn different options for managing and thinning older forests. Registration fees apply. Pre-registration is required. Contact Glenn Ahrens 503-655-8631.

Office Closed: November 28-29 in observance of Thanksgiving.

December:

Office Closed: Thursday, December 12 the office will be closed for an all-day staff meeting.

Community Forestry Day: Saturday, December 14 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Contact Peter Matzka 503-655-8631.

This publication will be made available in accessible formats upon request. Please call 503-655-8631 for information. Accommodation requests related to a disability should be made at least two weeks before the event to the contact person listed.