Thank you for partnering with OSU Extension Family & Community Health! This month we are featuring PEAS, that underrated, brilliant vegetable that welcomes us into spring, and into our gardens. Find the Peas Food Hero Monthly in [English](#) and [Spanish](#) to share!

We can’t wait to get seeds in the ground and soil under our nails. Questions about your garden? Contact our Master Gardeners at 503-655-8631 or email clackmg@oregonstate.edu.

FCH Program Clackamas County Updates:

**Peas in the Classroom**
The Kindergardeners at local Clackamas County elementary schools using the Discover MyPlate curriculum to learn about healthy food are tasting peas in a pasta salad and planting their own little peas this month to watch them grow into small plants they can take home. Find the Kid-Approved recipe for the pasta salad [here](#)!
4-H Club Pickles
Local 4-H youth will learn how to pickle seasonal vegetables and how to label and submit a pickled product to County Fair in a hands-on class on March 26th from 1-3pm at the County Fairgrounds in Canby.

April Cooking Matters
Collaboration with the Providence Milwaukie Community Teaching Kitchen continues this spring with class offerings in English and Spanish led by OSU Nutrition Educators.

Volunteer Fair with Clackamas County
Come meet us in person to sign up as a volunteer with FCH! We will have a table with all the answers to your questions on April 15th at the Development Services Building at the Clackamas County Red Soils campus.

Nutrition in the Forest
Our staff will present a hands-on demonstration of a healthy Food Hero recipe to families attending the Hopkins Homeschool & Forest Field Day on May 16th.

Thanks as always for your partnership,
The Clackamas FCH Team: Kelly Streit, Stephanie Stuart, Elena Illescas, Buffy Rhoades, Katlyn Axmaker, and Erin Devlin