

Knitting Skills Contest

Use size 8 knitting needles and 4 ply yarn

Phase 1: Garter Stitch

Cast on 18 stitches.

Knit each row for 4 inches. (Garter stitch)

Bind off and work in loose ends.

Phase 2: Bias Binding

Cast on **10** stitches

Row 1: Inc 1 st in 1st st, by knitting in the front then the back of the stitch, K7, K2 tog.

Row 2: Purl all sts.

Repeat these two rows until piece is 2 inches long. Bind off and work in loose ends.

Phase 3: Pick up Stitches

Cast on 12 sts.

Row 1: K

Row 2: P

Repeat row 1 and 2 for 21 rows. Bind off. With Right side of stockinette facing you, pick up and K 17 on either side of swatch.

Row 1: K1, P1 across.

Row 2: P1, K1 across.

Repeat rows 1 and 2 twice. Bind off and work in loose ends.

Phase 4.1: Cable Stitch (first year skill level 4)

Cast on 23 sts.

Rows 1 and 3: S1, P3, K6, P3, K6, P3, K1.

Rows 2 and 4: S1, K3, P6, K3, P6, K4.

Row 5: S1, P3, S the next 3 sts onto a cable needle and leave at front of work, K3 sts, then K3 sts from cable needle, P3, S the next 3 sts onto a cable needle and leave at back of work, K3 sts, K3 sts from cable needle, P3, K1.

Row 6: Repeat row 2.

Repeat row 1 through row 6 three times. Bind off in pattern and work in loose ends.

Phase 4.2: Multiple of 10 stitches (second year skill level 4)

Recommended time: 45 minutes

Cast on 20 sts.

Row 1: and all uneven numbered rows - wrong side- P.

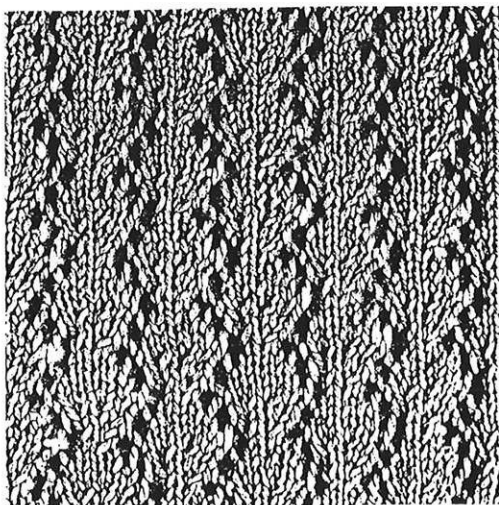
Row 2: *K2, yo, K1, **K2 tog twice**, K1, yo, K2; repeat from * to end.

Row 4: *K3, yo, K2 tog twice, yo, K3; repeat from* to end.

Row 6: *K2 tog, K1, yo, K4, yo, K1, K2 tog; repeat from * to end.

Row 8: *K2 tog, yo, K6, yo, K2 tog; repeat from * to end.

Repeat these 8 rows from pat until 24 rows - about 4 ins from beg., end on right side with pat row. Bind off as to P. Work in loose ends.



Phase 5.1: Knitting with Colors (first year skill level 5)

Recommended time: 45 minutes

Cast on 19 sts.

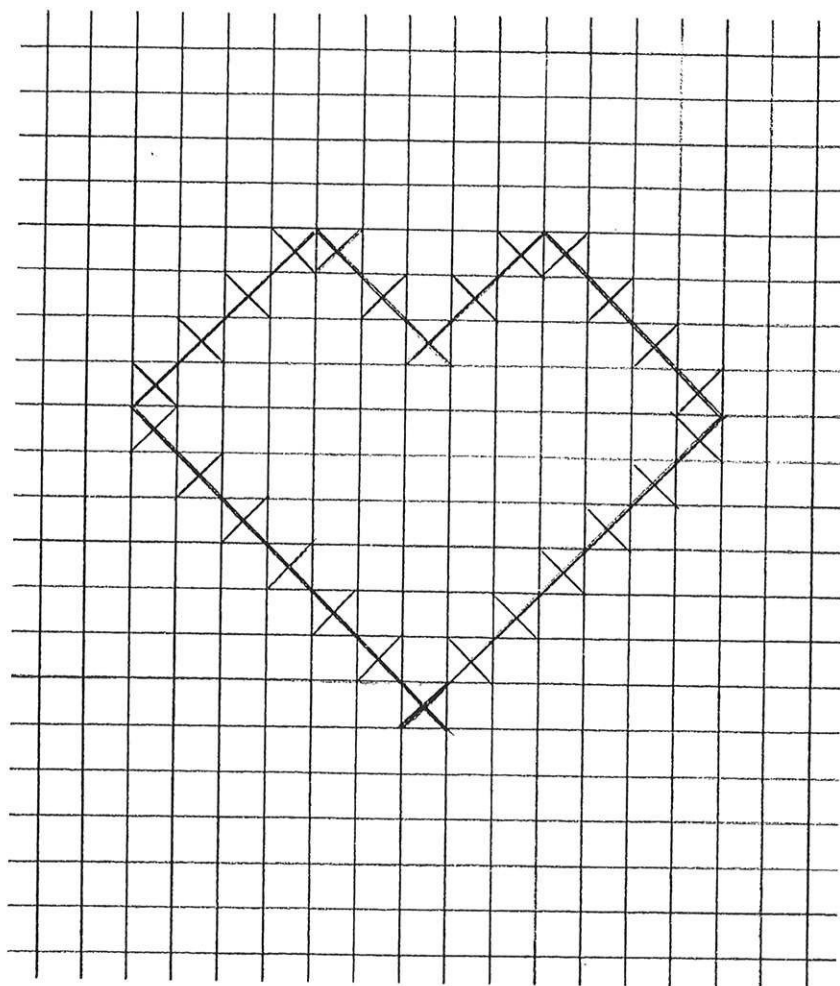
Row 1: K

Row 2: P

Repeat row 1 and 2 twice

Row 7: Join color as needed and work in stockinette stitch following chart for design (11 rows).

Work remaining rows in stockinette stitch. Bind off and work in loose ends.



Phase 5.2: Knitting with Colors (second year skill level 5)

Recommended time: 45 minutes

Cast on 19 sts.

Row 1: K

Row 2: P

Repeat rows 1 and 2.

Row 5: Join colors as needed and work in stockinette stitch following chart for design (14 rows).

Work remaining rows in stockinette stitch. Bind off and work in loose ends.

Phase 6: Knitted edge

Recommended time: 45 minutes

Cast on 10 sts.

Row 1: K2, P2 tog, yo, K2, P2 tog, yo, K2.
(Always count each yo as one st)

Row 2: Repeat first row.

Row 3: Bind off 2 sts (one st remains on right-hand needle)
P1, K2, P2 tog, yo, K2. 8 sts on needle

Row 4: K2, P2 tog, yo, K2, yo, P2 tog.

Row 5: Bind off 2 sts. (One st remains on right-hand needle)
K1, P2 tog, yo, K2. 6 sts on needle.

Row 6: K2, P2 tog, yo, K2, cast on 2 sts. 8 sts on needle.

Row 7: P2 tog, yo, K2, P2 tog, yo, K2.

Row 8: K2, P2 tog, yo, K2, P2, cast on 2 sts. 10 sts on one needle.

Repeat these 8 rows 5 times.

Next: work rows 1 through 3.

Bind off in Row 4 pattern without the 2 yo.

Work in loose ends.

