



Benton County 4-H Adult Volunteer Interest Form

Date Received _____
Entered/Follow Up _____

Name _____ Male Female

Address _____

City _____ State _____ Zip _____ Have you volunteered in 4-H before? Yes No

Home Phone _____ Cell Phone _____

Email _____

Are you a resident of Benton County? YES NO IF NO, which county? _____

4-H Volunteers help youth grow and develop leadership, citizenship and communication skills. New volunteers receive a comprehensive orientation and training specific to their role, no knowledge or experience is required. Discover below how you can become involved and make a difference for the youth in your community.

The listed 4-H projects are offered to youth ages 9-19 as of 9/1/19, with the **EXCEPTION** of Cloverbuds, which is for youth ages 5-8. Not all of the project areas have a club, some 4-H projects need new leaders to start clubs.

Please review the project areas and indicate the top 3 projects (in the spaces provided) that you would be interested in volunteering for.

Project Interest #1	Project Interest #2	Project Interest #3
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ANIMAL SCIENCE

- Beef & Dairy Cattle
- Cats
- Cavies (*Guinea Pigs*)
- Dairy Goats
- Dogs
- Fiber Goats
- Guide Dogs
- Horse & Pony
- Livestock Judging
- Llamas & Alpacas
- Meat Goats
- Pigeons & Poultry
- Pygmy Goats
- Rabbits
- Sheep
- Swine

PERSONAL DEVELOPMENT

- Genealogy
- Camp Counseling (*9th-12th grade*)
- Jr/Teen Leader (*7th-12th grade*)
- International Exchange
- Public Speaking (*8th-12th grade*)
- Teens as Teachers (*9th-12th grade*)

OTHER _____

FAMILY & CONSUMER SCIENCE

- Clothing & Sewing
- Crocheting
- Designing Spaces
- Food & Nutrition
- Food Preservation
- Health & Fitness
- Knitting

EXPRESSIVE ARTS

- Art
- Cake Decorating
- Cast Ceramics
- Communications
- Crafts & Scrapbooking
- Creative Writing
- Fiber Arts
- Leathercraft
- Mexican Dance
- Photography

SCIENCE, ENGINEERING & TECHNOLOGY

- Aerospace
- Computer
- Bicycling
- Electricity
- Robotics
- Science
- Tractor
- Wood Science

NATURAL SCIENCES

- Aquatic Ecology
- Sports Fishing
- Conservation
- Entomology
- Forestry
- Geology
- Marine Science
- Outdoors

HORTICULTURE

- Beekeeping/Pollinators
- Container Gardening
- Flowers & Ornamentals
- Vegetables & Herbs

SHOOTING SPORTS

- Archery
- Gun Safety & Rifle Marksmanship

CLOVERBUDS - AGES 5-8

A non-competitive informal education program designed for children ages 5-8. Youth engage in varied activities and are introduced to cooperative learning.

Completed forms can be returned to:
OSU Extension Benton County 4-H
4077 SW Research Way, Corvallis, OR 97333

For more information contact our office at
(541) 766-6750 or visit our website
<http://extension.oregonstate.edu/benton/4h>



Oregon State University
Extension Service
Benton County