

March/April 2020

# 4-H News



## High Desert Leadership Retreat

Photo (L-R)

Sadie Crumley, Alyson Yates, Dani Bates, Bailey Harrington, Brianna Haynes, Grace Brummer



### In this Issue

- High Desert leadership Retreat
- Lake County Extension Staff & Faculty
- Lake County 4-H Association Members
- March & April 4-H Calendar
- Save the Dates
- Market Livestock Weigh-In Dates
- Youth Voices In Action
- 4-H Camp Tumbleweed
- 4-H Float
- Girls Go Run
- 4-H Shirt Order Form
- Job Opening

The High Desert Leadership Retreat takes place every year over the Martin Luther King Jr. weekend for 7th-12th graders. This year, six Lake County 4-H members attended the event including Dani Bates, Grace Brummer, Sadie Crumley, Bailey Harrington, Brianna Haynes, and Alyson Yates.

Throughout the weekend, 4-H extension staff and volunteers teach a variety of classes that include many leadership and team-building competitions. Attendees had the opportunity of two new activities: an informational “career fair” and a life skills workshop. Every day, they enjoyed “minute to win it” games between adults and youth. This year 10th-12th graders participated in a Wild West themed Murder Mystery dinner and 7th-9th graders participated in a Family Feud style “condo feud” game. Alyson Yates was the capstone speaker for the final day of the retreat, where she spoke as an Oregon State Ambassador about the core 4-H message of “Challenge by Choice”. Grace Brummer, who attended this year’s retreat, made a presentation at her 4-H Club meeting stating that she enjoyed having new experiences and learning leadership skills and hopes that other 7th graders attend HDLR next year.

To learn more about HDLR, be on the look-out in the static building at the Lake County Fair 2020! Alyson Yates will have an educational display that will discuss the benefits of attending state leadership events (such as HDLR). Alyson wants all younger 4-H members to know of all the amazing opportunities in and out of Lake County they should take advantage of.



Oregon State University  
Extension Service

# Lake County Extension Staff



**Jeannie Anderson**  
Administrative Office Manager  
jeannie.anderson@oregonstate.edu



**Melissa Maxwell**  
Education Program Assistant 2  
melissa.maxwell@oregonstate.edu



**Fara Brummer**  
Faculty Research Assistant  
fara.brummer@oregonstate.edu

## Lake County

### 4-H Association Members

**President:** Rachel Bonine

**Vice President:** Sherry Swartz

**Treasurer:** Kelly Brain

**Secretary:** Sammy Sharpe

**Directors:** Terry Carlon, Josiah Fritz,  
Daphne Greer, Cassie Pierson

**Youth Members:** Rachel Cahill, Cody  
Carlon, Sadie Crumley, Liz Springer and  
Alyson Yates

**Advisors:** Jeannie Anderson and Melissa  
Maxwell

## OSU Lake County Extension Service

541-947-6054

103 South E Street

Lakeview, OR 97630

[extension.oregonstate.edu/lake](http://extension.oregonstate.edu/lake)

[extension.oregonstate.edu/4h/lake](http://extension.oregonstate.edu/4h/lake)



**Oregon State University**  
Extension Service



# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14 <b>4-H Float Irish Day's Parade</b> <i>Details on page 8</i>
15	16 <b>Girls Go Run</b> Registration Opens <i>See page 8</i> <b>Camp Tumbleweed</b> Registration Dead- line	17	18 <b>Virtual All County 4-H Volunteer Mtg.</b> 6:30-7:30pm (hosted at Ext. Office)	19	20 <b>Girls Go Run</b> Registration Deadline <i>Details on page 8</i>	21
22	23	24	25	26	27	28
<div style="border: 2px dashed black; padding: 10px; width: fit-content; margin: auto;"> <p><b>4-H Camp Tumbleweed March 24th -27th</b></p> </div>						
29	30	31	<b>Save the Dates...</b> April 2nd: Steer Weigh-Ins ~ Lakeview April 3rd: Steer Weigh-Ins ~ North Lake, Paisley & Warner Valley April 13th: 4-H Shirt Order Forms due May 13th or 14th: Swine Weigh-Ins   Lakeview May 15th: Swine Weigh-Ins   Paisley & North Lake May 15th: 4-H Mini Grants Due			

# April 2020

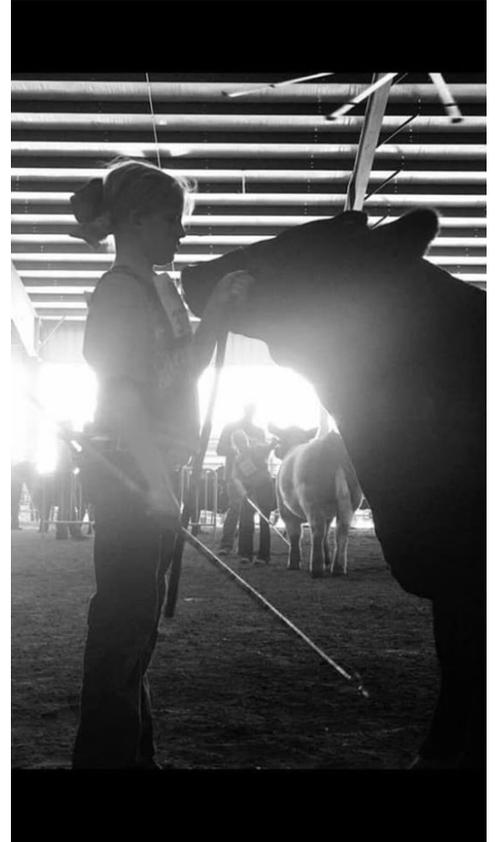
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <b>Steer Weigh-Ins</b> Lakeview <i>Details on page 5</i>	3 <b>Steer Weigh-Ins</b> North Lake Paisley Warner Valley <i>Details on page 5</i>	4
5	6	7	8	9	10	11
<div style="border: 2px dashed black; padding: 10px;"> <p><b>National Volunteer Week</b></p> <p><b>Thank you to all Lake County 4-H Volunteers!</b></p> </div>						
12	13 <b>4-H Shirt Order Forms due</b> to Extension office	14 <b>Market Sale Committee Meeting</b> 6:30 p.m. Paisley	15	16	17	18
19	20	21	22	23	24	25
26	27	28	<b>Save the Dates...</b> June 3rd: Sheep & Goat Weigh-Ins   Lakeview June 5th: Sheep & Goat Weigh-Ins   Paisley & North Lake June 1: Last Day to add/drop a 4-H project June 24-27: 4-H Summer Conference @ OSU July 6-9: 4-H Lego Camp @ OSU Extension Office August 7: Record book deadline			

# Livestock Weigh-Ins

## Attention all Livestock Members

It's time to start thinking about livestock weigh-ins!

It is a requirement by the 4-H & FFA Market Sale Committee that all 4-H & FFA livestock members bring their animals to a weigh-in to be tagged, weighed and to declare ownership. Below is the scheduled dates and times of livestock weigh-ins. Please mark your calendars!



	Lakeview	Paisley	North Lake	Warner Valley
<b>Steer</b>	Thursday, April 2nd 4:00 pm - 6:00 pm Shasta Livestock Scales	Friday, April 3rd TBD	Friday, April 3rd 11:00 am Dinsdale's	Friday, April 3rd TBD
<b>Swine</b>	Wednesday, May 13th <b>OR</b> Thursday, May 14th 4:00 pm - 6:00 pm Lake County Fairgrounds	Friday, May 15th 9:00 am TBD	Friday, May 15th 11:00 am Dinsdale's	NA
<b>Sheep &amp; Goat</b>	Wednesday, June 3rd 3:00 pm - 5:00 pm Lake County Fairgrounds	Friday, June 5th 9:00 am TBD	Friday, June 5th 11:00 am Miles Ranch	Friday, June 5th TBD
<b>Small Animals</b>	TBD	NA	TBD	NA

OSU Extension Service

# PREPARING OUR FUTURE LEADERS

## Youth Voices in Action / OLIII Empowers youth to engage in positive change

A four-day Youth Voices in Action conference sparks culturally diverse cohorts of 8th to 12th grade students to engage in community change and local, state and global citizenship endeavors.

Youth are inspired to:

- Think critically and share ideas
- Engage in problemsolving
- Practice public speaking
- Build cultural knowledge and competence

Youth action teams learn about issues agencies are grappling with, then working together, research the issue, develop a plan and response, and prepare a formal presentation for agency representatives, 4-H faculty and peers. Meeting with legislators, learning how government works, and participating in mock hearings are also part of the experience.

Website: [beav.es/Z5i](http://beav.es/Z5i)

March 23 – 26, 2020  
Grades 8–12  
Cost \$250

### TO LEARN MORE:

**Carole A. Smith**

State 4-H Youth Development  
Specialist – Civic Engagement  
P: 541-963-1010  
[carole.smith@oregonstate.edu](mailto:carole.smith@oregonstate.edu)

**Mario Magaña Álvarez**

State 4-H Outreach Specialist  
Phone: 541-737-0925  
[mario.magana@oregonstate.edu](mailto:mario.magana@oregonstate.edu)



OSU Extension Service prohibits discrimination in all its programs, services, activities, and materials.

# GIRLS GO RUN



GIRLS GO RUN IS A 7-WEEK 4-H PROGRAM THAT WORKS TO ENCOURAGE ELEMENTARY AGE GIRLS TO DEVELOP CHARACTER AND HEALTHY LIFESTYLES THROUGH DYNAMIC, INTERACTIVE LESSONS AND RUNNING GAMES, CULMINATING IN A CELEBRATORY 5K COLOR RUN ON MAY 17TH.



**REGISTRATION OPENS:**

MONDAY, MARCH 16TH

**REGISTRATION DEADLINE:**

FRIDAY, MARCH 20TH (SPACE IS LIMITED, REGISTER EARLY)

**FEE:**

\$60 (ANTICIPATED NONREFUNDABLE FEE)  
SCHOLARSHIPS AVAILABLE BY REQUEST

**MEETING TIMES:**

2:45 PM - 4:00 PM, TUESDAYS & THURSDAYS

**START DATE:**

TUESDAY, MARCH 31ST

**WHO:**

2ND - 5TH GRADE GIRLS

FOR MORE INFORMATION CONTACT THE LAKE COUNTY EXTENSION OFFICE 541.947.6054  
103 SOUTH E STREET

**TUESDAYS & THURSDAYS**  
**MARCH 31<sup>ST</sup> - MAY 14TH**  
**2:45 PM - 4:00 PM**  
**AD Hay School**



Oregon State University  
Extension Service

# Irish Days 4-H Float

## Saturday, March 14th

If you are interested in coordinating an Irish Days 4-H Float please contact the Extension Office.

We appreciate those volunteers who have stepped up in the past to organize a float that includes multiple clubs!

This year's Irish Days Theme is "Lucky Like a Clover."

Parade entry forms are due to the Chamber of Commerce on March 11th and can be found online: <https://www.allaboutlakecounty.com/irish-days>



# Girls Go Run

## 2nd Annual Lakeview Running Program



### Registration Opens:

Monday, March 16th

### Registration Deadline:

Friday, March 20th (Space is limited, register early)

### Fee:

\$60 (anticipated nonrefundable fee)

Scholarships available by request

### Meeting Times:

2:45 pm - 4:00 pm, Tuesdays & Thursdays

### Start Date:

Tuesday, March 31st

### Who:

2nd - 5th Grade Girls

*Girls Go Run is a 7-week 4-H program that works to encourage pre-teen girls to develop character and healthy lifestyles through dynamic, interactive lessons and running games, culminating in a celebratory 5K color run on May 17th*

# Lake County 4-H T-Shirt & Hoodie Sweatshirt Order Form

**Due by Monday, April 13<sup>th</sup> with payment to the OSU Extension Office 103 South E St. | Lakeview, OR 97630**  
 Make checks payable to OSU Extension Service. Cash or checks only. You will be notified when your order arrives.

Name \_\_\_\_\_ Phone \_\_\_\_\_

T-Shirt Orders (black shirt, green plaid text)			
Size (Adult)	Quantity	Price	Total
Small		\$13.00	
Medium		\$13.00	
Large		\$13.00	
XL		\$13.00	
XXL		\$14.00	
XXXL		\$15.00	
T-Shirt Total \$			

Hoodie Sweatshirt Orders (black shirt, green plaid text)			
Size (Adult)	Quantity	Price	Total
Small		\$27.00	
Medium		\$27.00	
Large		\$27.00	
XL		\$27.00	
XXL		\$28.00	
XXXL		\$29.00	
Hoodie Sweatshirt Total \$			

¾ Sleeve T-shirt Orders (grey shirt, black sleeves, green plaid text)			
Size (Adult)	Quantity	Price	Total
Small		\$16.00	
Medium		\$16.00	
Large		\$16.00	
XL		\$16.00	
XXL		\$17.00	
XXXL		\$17.00	
¾ Sleeve T-Shirt Total \$			



Order Total \$ \_\_\_\_\_

Office Use	
Check Number	_____
Order Picked Up	_____

OSU Lake County Extension Service  
103 South E Street  
Lakeview, OR 97630  
Return Service Requested

Non Profit Organization  
US Postage Paid  
Lakeview, OR 97630  
Permit #20



**Oregon State University**  
**Extension Service**

## Job Opening

Oregon State University and its Extension Service invites applications for a full-time (1.0 FTE), 12-month 4-H and FCH Program Coordinator position that will be located in Lakeview, Oregon. To review posting and apply, please visit <http://jobs.oregonstate.edu/postings/88511>. Posting #P03607UF. Closing date: 3/11/2020. OSU is an AA/EOE/Vets/Disabled.



Oregon State University Extension Service prohibits discrimination in all its programs, services, activities, and materials on the basis of race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, familial/parental status, income derived from a public assistance program, political beliefs, genetic information, veteran's status, reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.)