

4-H News



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JOINT STATEMENT ABOUT YOUTH PROJECTS AT THE 2020 LAKE COUNTY FAIR

Lake County's 4-H Staff, FFA Advisors, Market Sale Committee, and Fairgrounds Management have been receiving many questions regarding youth projects at the 2020 Lake County Fair. We understand the unknown nature of all that is going on and want to address these concerns collectively.

With the uncertainty surrounding us, because of the COVID-19 virus, it is only natural to look towards the comfort of something that has been a consistent part of every summer. We remain hopeful that the Lake County Fair will occur as usual over Labor Day Weekend. We recommend progressing forward as usual while using your best judgement on any financial purchases that may be needed (for example, purchase of a market animal).

Of course, we cannot be sure of what changes may come our way in the days and weeks ahead, or what protocols we may be required to follow that could affect our plans. However, if plans change, we will communicate these changes and will have workable contingency plans that attempt to maintain as much normalcy as possible. Amidst all this uncertainty, please know we are thinking of our community with every decision we make – we are all in this together.

Thank you for your understanding and patience as we move forward.



Lake County Market Sale Committee



We are aware of the Governor's press conference today (5/7/20). The above entities plan to meet to discuss options moving forward. We will make a decision together and let everyone know as soon as we have information. Please be patient with us. Thank you!



Oregon State University Extension Service



Lake County

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Lake County

4-H Association Members

President: Rachel Bonine

Vice President: Sherry Swartz

Treasurer: Kelly Brain

Secretary: Sammy Sharpe

Directors: Terry Carlon, Josiah Fritz,

Daphne Greer, Cassie Pierson

Youth Members: Rachel Cahill, Cody Carlon, Sadie Crumley, Liz Springer and Alyson Yates

Advisors: Jeannie Anderson and Melissa Maxwell

OSU Lake County

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May 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 Market Sale Committee Virtual Meeting 6:30pm	7	8	9
10	11	12	13 Lake County 4-H Volunteers Virtual Meeting 6:30pm	14	15 Mini Grant Deadline Lake County Kids Run Virtually Online Registration Deadline	16
17	18	19	20	21	22	23
24	25 Memorial Day Observed	26	27	28	29	30 <hr/> 31

June 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Last day to add/ drop a 4-H Pro- ject 4-H Lego Day Camp Registration Opens Online	2	3	4	5	6
7	8	9	10 Lake County 4-H Volunteers Virtual Meeting 6:30pm	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	Save the Dates... June 1: Last Day to add/drop a 4-H project July 6-9: 4-H Lego Camp @ OSU Extension Office (Pending Office Open to Public) July 9th: Market Sale Committee Mtg. 6:30pm July 15th: Jama Harms Scholarships Due August 7: Record book deadline			

Livestock Weigh-Ins & Tagging

Attention all Livestock Members

The Market Sale Committee has agreed with the Extension Office that the best way to handle the tagging of animals this year is to do it during weigh-in at fair. You can declare ownership at this time as well.

You can establish your animal's beginning weight for your records. Please refer to the [Lake County 4-H Website](#) for an animal weight calculator.

There will NOT be rate-of-gain contest this year.



FREE Wi-Fi Access

We recognize that many of our 4-H Members may not have regular Internet access in their homes. The staff at the Extension Office would like you to know

that while our office is still closed to the public, you have FREE Wi-Fi access from the Extension Office parking area.

If your club is meeting virtually or you are researching your project area, this is a great opportunity for you to have access to the Internet. No password required. Connect to the "Visitor" link.



4-H Virtual Programming

Lake County Kids Run Virtually



[Register Here https://bit.ly/lckrv](https://bit.ly/lckrv)

#LAKE COUNTY KIDS RUN VIRTUALLY

[Learn More](#)

BE A PART OF THIS VIRTUAL RUNNING CLUB!
KIDS IN GRADES K-8 STAY ACTIVE WHILE STAYING HOME - **MAY 10 - JUNE 13.**
Register Now : <https://bit.ly/lckrv>

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What: A Lake County 4-H Kids Virtual Running Club

When: May 10th – June 13th (Registration deadline May 15th)

Who: Kids K – 8th grade (Age 5-14) can participate

Where: Anywhere you choose

Why: To keep kids active and healthy during Stay Home Save Lives

How: Register online and run, jog or walk each week then record your best time: **Results Page.**

Join us in this unique Lake County 4-H program of an adaptation of a running club/race experience! Lake County 4-H believes in leading an active and healthy lifestyle. During this time of staying home, we want to encourage kids to stay active!

A Virtual Running Club/Race can be run (or walked) from any location you choose. You can **run, jog or walk** on the grass, on the sidewalk, on the trail, on the treadmill or on the track. Your child will run their age appropriate race distance, at their own pace, and a Parent/Guardian records the time! They then upload the time after each week and comment on your running experience into the Series specific results sheet found on the online Results Page. Families can also choose their own start and finish line, or if available, use an existing one provided by LCKRV! Don't forget to run the Parent Mile on Week 5!

After registering, participants will receive a welcome package in the mail and a t-shirt at the completion of the program in June. Share your running photos with our virtual community! **Facebook @LakeCounty4-
HOregon** or **Instagram @lake4h** using hashtags **#LCKRV #lake4h**

For more information: [Learn More](#)

Lake County Extension and COVID-19

As many of you are aware, we are currently working remotely and doing our best to keep moving forward during this time. We want to make sure you are aware of the following as we continue to plan for summer and future events.

- We want to emphasize that all 4-H Clubs are still instructed to conduct meetings remotely and not physically engage with members. As much as possible, work on your programs/ fundraisers virtually.
- Health and safety is the first priority for all families and volunteers involved with 4-H programming and events.
- While we continue to plan for social distancing, in the future we may be required to use additional safety measures in our daily lives.
- To date, Executive Order 20-12, “Stay Home. Save Lives.” remains in place without an end date.

NEW Lake County Fair Exhibit – [History In The Making](#)

DOCUMENT AND SHARE YOUR PANDEMIC EXPERIENCE VIA PHOTO, EDUCATIONAL DISPLAY, VIDEO, JOURNAL OR COMBINATION—OPEN TO ALL YOUTH!

More Online Resources

[OSU Extension Service Online Resources](#) - A list of all OSU Extension Online events across the state of Oregon.

[Food Hero](#) - Your go-to site for quick, tasty, healthy recipes and helpful tips. Kids activities and recipes too!

[OSU Digital Days of Service May 1-16](#) - Valuable ways to help our community.

[4-H U Online](#)— Sign up for 4-H & U Virtual Classes

[4-H Oregon Upcoming Events](#) - Events listed from all over the state

[Youth Education Resources](#) - Resources by subject and grade level from Extension

[Extension Outdoor School Resources for Home](#)



Letter to 4-H Community

To our 4-H members, families, volunteers and those who support our 4-H youth in other ways:

First, THANK YOU for your patience and dedication to the 4-H Program while we navigate these uncharted waters. Together, we can get through this!

The Extension staff are collaborating daily with our Regional Director and the State 4-H Program Leader, as well as the Vice Provost and Associate Provost of Extension and Engagement at Oregon State University. A plan and framework for phased reopening is being developed at the University level, which will occur on different timelines across the state. We are also developing a phased reopening plan for Lake County Extension following the guidelines we receive. When this plan is approved, we will share that information with you.

Our awesome volunteers are exhibiting caring and innovative leadership skills to keep our youth involved. The 4-H clubs could not function without you!

Parents/Guardians who have suddenly become teachers – we salute you!

Regarding Fair, we have been moving forward with plans for our Fair over Labor Day Weekend, September 3-7. However, we have also been developing contingency plans in case the State does not allow large groups to gather by then. As noted in our Joint Statement (on the front page of this newsletter), we are thinking of our community in every decision we make. Please keep in mind that we expect things to look different at fair this year, so please remain flexible with us.

Thank you for staying strong and optimistic. We will get through this... together.

4-H Alumni Survey

The results of the National 2019 Alumni Survey were recently released and they clearly demonstrate the value of 4-H. Each month they share a statistic to help people learn about the impact of 4-H. For this month: **4-H Alumni are twice as likely to make healthier choices.**



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