# 4-H NEWS



#### **Oregon State University** Extension Service



#### January/February 2024



## In This Issue...

Calendar of Events

Info for New Families

Enhance your 4-H Experience

Lake County Livestock Judging

4-H Leaders Needed

Items to be picked up

Holiday Cookie Decorating Party

Update: Devil's Garden Colt Challenge

Animal Science Topics of Interest

## **How to Experience 4-H**

In Lake County, our 4-H members have the opportunity to experience the 4-H program in many ways. Some members are even involved in one or more areas within our 4-H Program! Below is some helpful information in defining those areas and providing information for each.

#### In-School 4-H

The exciting part of being an in-school 4-H participant is that you meet in school. That also means you do not attend club meetings outside of school and you do not exhibit at the Lake County Fair.

#### Club-Based 4-H

The club-based 4-H program is what you might think of when you imagine 4-H. If you are a club-based 4-H member, you attend club meetings hosted by a 4-H Leader outside of school. You complete a record book, pay a 4-H enrollment fee and, typically, exhibit your project at the Lake County Fair.

#### After-School 4-H

Did you attend 4-H Lego Day Camp, Garden Camp or Girls Go Run? These are all examples of short-term 4-H Programs. The best part, if you answered yes to the above questions, you guessed it —that's 4-H! Check out the awesome experiences you can use to jump-start and expand your 4-H experience!



# LAKE COUNTY EXTENSION - OUR PEOPLE



**Breann Vandenberg** 4-H & Family Community Health Faculty breann.vandenberg@oregonstate.edu



Jeannie Anderson Administrative Office Manager/ Local Liaison jeannie.anderson@oregonstate.edu

#### OSU LAKE COUNTY EXTENSION SERVICE

541-947-6054

103 South E Street

Lakeview, OR 97630

https://beav.es/lake4h



Michelle McNair Office Specialist 1 michelle.mcnair@oregonstate.edu

#### 2023-2024 LAKE COUNTY 4-H AMBASSADORS!

Emilia Swartz

Morgan Burdon

Elise Hill

Cambria Wilson

Madison Wells





#### LAKE COUNTY 4-H ASSOCIATION BOARD OF DIRECTORS

President: Sherry Schadler

Vice President: Sammy Sharpe

Treasurer: Kelly Brain

Secretary: Abigail Finetti

**Directors:** Terri Carlon, Hannah Brollier, Mark Herinckx, Kristy Reese, Leigh Ann Evans, Tina Herinckx, Savana Frischman, Amanda Hamilton

Youth Members: Blake Herinckx, Emilia Swartz, Ashlynn Shullanberger

Advisors: Jeannie Anderson, Breann Vandenberg

# January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 New Years Day, Ext. Office Closed	2	3	4	5	6	
7	8	9 All County Leader Meeting 6:30 pm Zoom	10	11 All About Eggs Webinar 6:30 pm   Zoom Pg. 12	12 High Desert Retreat, I		
	15 MLK, Ext. Office Closed t Leadership Redmond	16	17 Ambassador Meeting 5:30pm Ext. Office	18	19	20	
21	22	23 Superintendent Meeting 6:00 pm Zoom	24	25	26	27	
28	29	30	31 New 4-H Family Orientation 4:00-5:00 pm at Extension Office OR 5:30-6:30 pm via Zoom	Weigh-In Dates Beef: April 4th & Swine: May 15-1 Sheep & Goat: Ju	<b>ne to Add/Drop Projects</b> June 1st <b>In Dates:</b> pril 4th & 5th		

# February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	April 26-28, 2024 Field Day, Burns,		1	2	3	
4	5	6 Scholarship Meeting 6:00 pm Zoom	7	8 All About Rabbits 6:30 pm   Zoom Pg. 12	9	10
11	12	13	14	15	16 State 4-H Scholar- ship/Ambassador Application Dead- line National 4-H Con- gress Application Deadline	17
18 You've Got to be Kidding?! 2:00 pm at Extension Office and via Zoom	19	20	21 Ambassador Meeting 5:30pm Ext. Office	22	23	24
25	26	27	28	29		

# **Jump Start Your 4-H Experience**

If you are just beginning your 4-H experience, welcome! This page outlines some of the awesome opportunities you can take advantage of. Both club-based members and in-school participants are encouraged to attend after-school programs, Lego Camp and other summer activities offered by the OSU Extension Service. Club-based 4-H members can look forward to the New 4-H Family Orientation in January.

#### New to 4-H?

The New 4-H Family Orientation is a great way for NEW 4-H members and their families to meet other new members and learn about the 4-H year to come! During the orientation, members will learn about the 4-H pledge, record books, county fair and what to expect. This is the perfect opportunity to jump-start your 4-H career!

The New 4-H Family Orientation date:

Wednesday, January 31st Lake County Extension Office: 4:00-5:00pm OR Virtual Zoom Orientation: 5:30-6:30pm

### Cloverbuds

Cloverbuds is a program intended for youth 5-8 years old who are not yet old enough for the traditional 4-H experience. The Cloverbuds experience gives kids a well-rounded

introduction to multiple project areas (animals, art, science and technology, leadership, etc.). They do not exhibit in a competitive manner at fair. Instead we do a "Cloverbud Show & Tell" and a "Cloverbud Showcase" at fair where the Cloverbuds get to demonstrate or share their knowledge and skills to the community.









#### **Club Meetings**

If you are a member of the club-based 4-H program in Lake County, club meetings are an exciting opportunity to learn more about your project, gain skills (like public speaking and leadership) and work on your record book! Each club has their own meeting schedule and location set by the 4-H Leader. Your attendance at club meetings plays a very important role in the success of your 4-H project. You should hear from your club leader by mid-February to learn more about the specifics of your club meetings.

#### **Camp Tumbleweed**

Camp Tumbleweed is held over Spring Break, at Camp Tadmor (near Lebanon, OR). This fun camp is open to youth in 4th-6th grades across the state to practice decision making, meet friends, learn new skills and, most importantly, have fun. During Camp, youth can expect to practice survival, communication and leadership skills during classes, have fun using the low ropes course, explore the forest during group hikes and much more! Youth do not need to be currently enrolled 4-H members to attend camp. Registration for campers will open February 1st. Teen counselors (9th-12th grade) are needed. More information <u>here.</u>

# 4-H Record Books

A record book is a green-covered source of great stress for many 4-H members and parents but it does not have to be! Record keeping is a very important life skill you will learn as a 4-H

member. The best part? If you master the skill of organized record keeping as a young 4-H'er, it will be a breeze to update as you grow through 🖉 the program.

In Lake County, record books are due to the OSU Extension Office for judging on the first Friday in August. After record books are judged, they are displayed at the Lake County Fair. During the New 4-H Family Orientation, you will receive all the records you need to jump-start your record book. Record book covers and tabs will be available for purchase. If you have questions about your record book, you can ask a Leader, Junior Leader or even attend a Record Book Workshop held during the summer! Check out our website for more information about record books in



Lake County: https://extension.oregonstate.edu/4h/lake/record-books



#### **After-School Programs**

Did you know 4-H offers many after-school programs? Examples of after-school programs include Girls Go Run (offered in the spring), Garden Camp, Harvest Camp, and Hiking Club.



### Lego Day Camp

4-H Lego Day Camp is a fun way to spend time with friends during the summer, while challenging your brain with Legos and robotics! Throughout Lego Camp, youth can expect to work with a trained Teen Staff member to build pulleys, levers, and even Lego robots! Lego Camp is held in July and is open to youth going into 2nd-6th grades (Sept. 2023). Registration will open on June 1st.







# **Enhance Your 4-H Experience**

These pages are for older 4-H members who may be looking for ways to take on additional leadership roles or participate in out-of-county opportunities like Summer Conference and National 4-H Congress. Some opportunities that take place during the summer allow older 4-H members to grow their leadership skills and get paid! Check out these options to gather ideas about how you want to enhance your 4-H experience.

#### **Junior & Teen Leader**

Have you ever considered signing up to be a Junior or Teen Leader? Taking a leadership project is a great way to pass along information you have learned through the 4-H Program to younger youth in your club and community. Junior Leaders (grades 7 & up) complete one leadership project per year in addition to helping during club meetings and working with the 4-H Leader. Junior Leader projects from the past have included: hosting a fitting clinic, organizing a community service project, hosting a record book workshop, and even creating photo banners for the county fair! Teen Leaders (grades 10-12) take on a more intensive leadership role within their club — running club meetings, planning activities, and generally coordinating the club with the guidance of your club leader. Teen Leaders complete the leader trainings just like our Club Leaders do.

If you would like to serve as a Junior or Teen Leader, contact the Extension Office to add the project no later than June 1!

#### **Mini-Grants**

Applying for a 4-H mini-grant is a great opportunity to expand your 4-H Experience! These grants are available through the Lake County 4-H Association and applications are due twice yearly, Nov. 15 and May 15. You may apply for funds to purchase supplies that benefit your club or the Lake County 4-H Program as a whole! In the past, grants have funded the purchase of community service supplies, club clippers, a club photo printer and start-up supplies for new clubs. Visit our website to find the grant application.



**Oregon State** University



### **Scholarships**

Did you know there are several college or vocational school scholarship opportunities through the Oregon 4-H program? That's right! All those leadership and community service hours (that you have documented in your 4-H Resume) can earn you college cash! In February, a scholarship meeting will be hosted virtually. Older teens (Seniors and Juniors) and their parents are invited to attend this meeting to learn more about the application process.

February 6th Virtual Via Zoom (link will be emailed) 6:00—7:00 pm



Junior Leader Adventure—Perks of serving as a Junior Leader? ADVENTURE! Junior Leaders are invited to attend a Junior Leader Adventure that aims to bring together teens from across the county for a day of fun and team-building.

## **National 4-H Opportunities**

Did you know you could represent Oregon 4-H and Lake County 4-H at a national level? In the past, youth have represented #lake4h at both the National Shooting Sports Championships and at National 4-H Congress. Youth who attended these events got to travel, meet 4-H members from across the U.S. and build a tool box of skills to bring back to Lake County!

This year, our very own Bailey Harrington was a National 4-H Congress delegate representing Oregon 4-H, and most importantly—Lake County!



## **\$ummer Opportunities**

Looking to earn a little extra cash over the summer? Look no further! Put those leadership skills to work (and bulk up your 4-H Resume) by serving as a Teen Staff member for summer programs hosted by the OSU Extension Service! In the past, Teen Staff have assisted with Lego Camp. This summer, there will be similar opportunities. Be sure to visit the Lake County 4-H Oregon Facebook page to stay up-to-date on Teen Staff opportunities.



**Oregon State** University





### **4-H Summer Conference**

Held at Oregon State University in June, 4-H Summer Conference is the perfect opportunity to travel out-of-county, see a college campus and practice leadership skills! Participants (in 7th-12th grade) stay in the dorms on campus, take fun classes in university classrooms and even get to visit some of the labs, the vet school and animal science barns.

Summer Conference is held June 26-29, 2024. Registration opens in May. More information in future newsletters! Contact the OSU Extension Office for more details about this opportunity.

## **County 4-H Ambassadors**

Are you looking to be a representative of your community, Lake County 4-H, the Oregon 4-H program and a role model to all 4-H youth? It is both an honor and responsibility to be selected as a Lake County 4-H Ambassador. You must be in grades 8-12, enrolled in the 4-H program with 2 years experience, committed and available to serve for a year. **Applications are due August 17.** 

For more information and the Lake County 4-H Ambassador Application: <u>https://</u> <u>extension.oregonstate.edu/4h/lake/leadership</u>

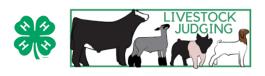
# Lake County 4-H Livestock Judging

Are you interested in learning more about livestock judging and evaluation? Consider signing up for the Livestock Judging Team!

Learn judging terms, livestock evaluation, herd data and EPD interpretation, oral reasons, and get hands-on practice with livestock species.

Species Covered: Cattle, Swine, Sheep, Goats

Interested? Contact Becca Lucas at rebeccalucas2020@gmail.com.



Are you interested in learning more about livestock Judging ? To Sign up email Rebecca Lucas at <u>rebeccalucas2020@gmail.com</u> and join the Lake County 4-H Livestock Judging team.

 Learn about: Livestock Evaluation & Judging Sorting & Placing Classes Structural Correctness & Soundness



- Learn judging terms like Fresh, Smooth, and Cutability
- Get hands-on practice with animals



**Species covered:** Cattle, Pigs, Sheep, Goats

## When will I hear from my 4-H Leader?

Expect to hear from your 4-H leader by mid-February. If you have NOT heard from your leader by the **end of February**, feel free to reach out to your leader. If you do not know who your leader is, contact the Extension Office.

# **4-H Leaders Needed**

The Lake County 4-H Program welcomes new volunteer 4-H leaders in all project areas year-round. However, at the beginning of every 4-H year, we solicit key leaders for project areas that have a strong interest and currently no leader for that project area. This year, there is strong need for leaders in the following areas:

#### Dog & Photography

If you would like more information on becoming a volunteer 4-H leader, please contact Breann at breann.vandenberg@oregonstate.edu or 541.947.6054.





# ARE YOU MISSING SOMETHING?

The following 4-H members have record books/ribbons/premiums/awards to be picked up at the Extension Office. Please stop by the OSU Extension Office at your earliest convenience to pick up your items.

#### **Premiums**

Emiliano Arredondo, Ignacio Arredondo, Hailey Battle, Tahlia Campuzano, Espi Delgado, Fabian Delgado, Hazel Delgado, AJ Dolbear, Austyn Dolbear, Hailey Ferrell, Henry Givens, Nevaeh Goodin, Ember Haskins, Ryan Havel, Kellen Hutchison, Fernanda Inzunza, Moss Johnson, Mary-jo McClain, Trent McNeley, Madison Weise

#### **Record Books**

Dean Lane Tatum Sutfin Kellen Hutchison

#### **State Fair Exhibits**

Elena Villagrana Hailey Battle Karrigan Howard Kinsley Gebauer

#### **Cloverbud Items**

Canyon Emmett Charlotte Fortune Lucy Ortega Leo

#### Lost and Found at Fair

Small wallet (describe to claim) Brush Caddy & Contents (describe to claim) Hooded Sweatshirt (black with pink camo highlights, size medium)

Thank you to all 4-H'ers who participated in the holiday cookie decorating and community service ornament making project!



## UPDATE: DEVIL'S GARDEN COLT CHALLENGE



colt challenge is over, I will have the choice to keep or sell him. This is a pretty unique opportunity and I am so excited for the Colt Challenge.

Keep watch in our next newsletter for another update from Claira!

Our very own Claira vanBelle was selected to represent Oregon in the Devil's Garden Colt Challenge! The Devil's Garden Wild Horse Gather occurs in September and October in northern California. Youth trainers are given a 6-month training period with additional checkin challenges, and then culminates in a live horse show where participants can show their horse's progress through various show classes.

Claira picked up her colt earlier in December and has shared the following update:

This year I completed an application to earn a colt and attend the Devils Garden Colt Challenge which will be held in Alturas. I was excited to hear about my acceptance! I got a little bay colt that has been great to work with and I am excited to see how he turns out. For the colt challenge, he must be ready by June 22, 2024. I will be attending classes that will be looking for my skill and how well the colt is trained. When the





#### **OSU EXTENSION SERVICE PRESENTS**



# ANIMAL SCIENCE EDUCATION A MONTHLY TOPIC OF INTEREST

The 2<sup>nd</sup> Thursday of each month except not in July or August. Each hour and a half session may be discussion, question and answer, power point information, and/or hands on participation. Any slides can be emailed after the event. I ask that you pre-register, so if you need to have items available for a hands-on activity or I need to send pre or post information, I'll have email addresses to do that. Pre-registration also let's us know what kind of interest there is so we don't waste a speakers' time. Please don't hesitate to share topics of interest.

Pre-register here: https://oregonstate.qualtrics.com/jfe/form/SV\_3pAgEcNW9PaVIxI

ZOOM link will be sent to all who register, please give me the courtesy of pre-registering before Wednesday at 5 pm before each session.



#### TENTATIVE Line Up

- Nov 2; Animal Science, Feed & Growth and Production Records
- Nov 9; Spring Classic Preparation, using the winter months; what and how to practice.
- Tue Nov 14; Planning and Facilitating a Ranch Horse show
- Jan 11; Egg Candling | All about eggs
- Feb 8; Market Rabbits Raising & Selection
- Mar 14;
- Apr 11, May 9, Jun 13

The second Thursday of each month, except for May and June. For more information, contact Candi Bothum at (541)516-0213 or candi.bothum@oregonstate.edu





COUNCIL

Oregon State University Extension Service prohibits discrimination in all its programs, services, activities, and materials on the basis of race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, familial/parental status, income derived from a public assistance program, political beliefs, genetic information, veteran's status, reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) This publication will be made available in an accessible alternative format upon request. Please contact Candi Bothum, 541-516-0213.



# RSVP by February 15! YOU'VE GOT TO BE KIDDING?!

A workshop on how to assist livestock giving birth, female management, and neonatal care!

By Sepha Dunagan, DVM

ALL AGES!

FEBRUARY 18 2:00 PM

#### Topics

- Dystocia
- Colostrum
- Female
  - Management
- / Neonatal Care



All are welcome! You don't need to be a 4-H member to attend.

E228364





and foaling

and calving...

and lambing...

OSU Extension Service prohibits discrimination in all its programs, services, activities and materials. This publication will be made available in an accessible alternative format upon request. Please contact Breann Vandenberg at breann.vandenberg@oregonstate.edu.