Oregon's Farm Direct Marketing Law: Producer-Processed Value-Added Products

A Guide for Farmers and Market Managers

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Oregon's Farm Direct Marketing Law allows farmers to turn what they grow into low-risk, value-added products like jams and pickles, and to sell them directly to consumers without being licensed food processors.

That sentence — like the law itself — has a lot of detail packed into it. This short guide unpacks those details

for farmers and farmers market managers. (It's useful for other people, too.)

Use this flow chart to determine whether a product qualifies for Farm Direct sales. Then read on for more information.

Is the product one of the following? Fruit¹-based syrups or fruit in syrup Lacto-fermented³ fruits or The product does not meet the requirements for the Farm Direct exemption. Fruit-based jams, jellies or preserves vegetables Acidified² fruits or vegetables Fruit or vegetable juice⁴ Freeze-dried fruits or vegetables YES Is the product sold directly to the consumer?5 YES Does the farmer grow all of the principal ingredients? Herbs, spices, salt, vinegar, pectin, lemon or lime juice, honey and sugar may be sourced from other suppliers. YES Is the product processed by the farmer? Are the farmer's total annual sales of producer-processed, value-added products less than \$50,000?6 YES If the product is an acidified fruit or vegetable:⁷ Is the farmer using a recipe approved by a recognized process authority?⁸ Is the farmer testing the pH of the product and keeping records? **CONGRATULATIONS!** The product is exempt from licensing under the Oregon Farm Direct Marketing Law. Hold on, farmers! You have one more step: Check your farmers market rules about these products. Some markets may not allow the sale of producer-processed products that are not processed in a licensed facility. * Footnotes on page 2

Flow chart footnotes

- 1. Fruit must have a natural acidity of pH 4.6 or lower. Some fruits have a pH 4.6 or above, including figs, melons, Asian pears, persimmons and some tomatoes. An acid like standardized vinegar, or standardized lemon or lime juice must be added to these products to make them an acidified food and ensure their safety.
- 2. Acidified foods are typically low-acid foods—such as cucumbers, beans, beets, and peppers that have had acid(s) added to them to lower the pH. Acidified foods have a finished equilibrium pH of 4.6 or lower and a water activity (Aw) greater than 0.85. Some examples are vinegar pickles, salsas, relishes, hot sauces and chutneys. Note: Under the Farm Direct exemption, only fruits and vegetables can be acidified.
- 3. Lacto-fermented foods include fruits or vegetables that have been naturally fermented by lactic acid-producing bacteria, lowering the pH to 4.6 or below. No additional acids are added during the fermentation process. Two examples are sauerkraut and kimchi.
- 4. Fruit or vegetable juices must meet the definition of an acidic food have a natural acidity of pH of 4.6 or lower, or be acidified using an approved process to have a finished equilibrium pH of 4.6 or lower.
- 5. Resale or consignment sales between two farm direct marketers and intrastate online sales of producer-processed products are allowed. Third-party organizations can aggregate, distribute and market producer-processed products but can not consign, store, warehouse or purchase for sale said products.
- 6. The \$50,000 limit only applies to producer-processed, value-added products. See recordkeeping requirements below.
- 7. Naturally acidic foods such as fruit-based jams, jellies, preserves and syrups; fruit in syrup; and lacto-fermented vegetables must be produced in a clean, healthful and sanitary manner. Refer to USDA *Complete Guide to Home Canning* for more information about best practices.
- 8. The following resources contain approved processes: USDA *Complete Guide to Home Canning*, Pacific Northwest Extension Publications and *So Easy to Preserve* by the University of Georgia Cooperative Extension (see page 4). A unique or new process not found in one of these references may be used only if a recognized process authority first approves the process.



Make sure the product label has all the required info!

- Product identity.
- · Name of agricultural producer.
- · Address of agricultural producer.
- · Net weight.
- List of ingredients (including any major allergens).
- The following notifications:
 - "THIS PRODUCT IS HOMEMADE AND IS NOT PREPARED IN AN INSPECTED FOOD ESTABLISHMENT."
 - "NOT FOR RESALE."

Acidic fruit and vegetable juices that have not received a 5-log reduction of the most resistant microorganism of public health significance must include the following warning statement:

WARNING: This product has not been pasteurized and therefore may contain harmful bacteria that can cause serious illness in children, the elderly and persons with weakened immune systems. Keep refrigerated.

Recordkeeping

Sales records are required for all value-added products sold under the exemption. Sales records must include the product(s) sold, price, quantity sold and a current rolling total of year-to-date sales.

Additional records are required for each batch of acidified foods. These records must include the recipe



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source, processing times and procedure, date, and finished equilibrium pH value. If an electronic pH meter is used, it must be calibrated, and pH meter calibration records must be maintained.

Additional processing and production records are required for dried or cured fruits, vegetables, edible flowers, herbs or herb blends, and herbal teas, for which drying or curing is not part of routine post-harvest handling. These records can include air temperature, processing times, conditioning outcome, etc. Recording water activity (Aw) is not required.

Copies of all records must be maintained and kept available for the Oregon Department of Agriculture (ODA) for a period of three years.

pH testing

pH meter calibration records and equilibrium pH measurement records are required for each batch of acidified food.

If the pH of the product is 4.0 or lower, colorimetric methods such as litmus paper may be used. However, pH litmus paper may not work well with some colored products.

If the pH of the product is between 4.0 and 4.6, a pH meter with a minimum accuracy of \pm 0.01 to 0.02 pH must be used.

Naturally acidic foods like fruit jams and jellies are not required to be pH tested, but they must have a pH of 4.6 or below. When in doubt, farmers can take pH measurements to verify that the product is acidic.

Certain fruits and vegetables such as persimmons, Asian pears and tomatoes are borderline acidic, and products made from them should be pH tested to ensure safety.

Detailed instructions for pH testing an acidified food can be viewed on this Oregon State University YouTube video: https://www.youtube.com/watch?v=SuFHOsAFBpl

Examples of producer-processed products not allowed under the Farm Direct Marketing Law (*This list is not exhaustive.*)

- Any product with animal protein (e.g., meat, fish, dairy, eggs).
- · Kombucha.
- · Frozen fruits and vegetables.
- Apple cider vinegar.

If you are not certain that your product qualifies, contact the ODA Food Safety Division. Its contact information is found at the end of this publication.

Other products allowed under the Farm Direct Agricultural Marketing Law

All products must be grown and processed by the farmer.

- · Fruits, vegetables, herbs (fresh and dried).
- · Legumes and seeds (fresh and dried).
- Grains (whole, cracked or ground).
- Uncooked parched or roasted grains.
- Nuts (shelled and unshelled).
- Flour.
- · Shell eggs.
- · Honey, no additives.

The following products are also allowed as long as they are prepared on site, not intended for immediate consumption and are packaged to take home:

- Popped popcorn.
- · Roasted nuts.
- Roasted peppers.
- Roasted corn-on-the-cob.



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Oregon Department of Agriculture FAQs about farm direct

Producer-processed, value-added products: http://www.oregon.gov/ODA/shared/Documents/Publications/FoodSafety/FarmDirectMarketingProcessedProducers.pdf

Farm Direct Marketing, Agricultural Products: http://www.oregon.gov/ODA/shared/Documents/Publications/FoodSafety/FarmDirectMarketingAgProducts.pdf

Where to find approved recipes and check yours

ODA recognizes the following references as providing approved processes and formulations (recipes) for acidified products sold under the Farm Direct exemption:

- USDA Complete Guide to Home Canning: http:// nchfp.uga.edu/publications/publications_usda.html
- So Easy to Preserve, from the University of Georgia Cooperative Extension: http://setp.uga.edu/
- Pacific Northwest Extension Food Preservation publications: more than 60 short (2 to 3 pages), downloadable guides offering a wide range of home food preservation instructions and information http://extension.oregonstate.edu/food/preservation

Farmers may also submit a copy of the recipe — including the product ingredients list, directions, formulation and thermal processes used — to a recognized authority for approval. Contact the OSU Department of Food Science and Technology for more information: http://foodsci.oregonstate.edu.

Next steps if products don't qualify for farm direct

Value-added products not covered under the Farm Direct exemption—including products made from recipes not listed by an approved source or with ingredients not grown by the farmer—must be made in a licensed facility. There are four options for processing in a licensed facility.

- · Obtain a domestic kitchen license.
- Build a commercial food processing facility.



- Rent space in a commercial or commissary kitchen. This is a good alternative to building your own facility. Search online for "commercial kitchens for rent." Keep in mind that you must still obtain your own food-processing license. Contact your local ODA food safety specialist for more information.
- Use a local food processor (also known as a co-packer) who will make, package and label your product for you in their licensed facility following an approved recipe. Contact OSU's Food Innovation Center (http://fic.oregonstate.edu/) at 503-872-6680 for a list of co-packers.

For more information about licensing requirements for domestic kitchens and commercial facilities, and to find your local ODA food safety specialist, visit the ODA Food Safety Program web page: https://www.oregon.gov/oda/programs/foodsafety/pages/default.aspx

Note

This document should be regarded strictly as a supplement to the Oregon Farm Direct Marketing Rules and should never be considered a substitute to reading and understanding the regulations. For a complete list of requirements, please consult OAR 603-025-0215 thru 603-025-0275 (https://secure.sos.state.or.us/oard/viewSingleRule.action;JSESSIONID_OARD=bjRQ0eOsKR-nNULEPytTIviFNmxLs4ByYoeqCOPI3uWycWGjM SUA!-330355351?ruleVrsnRsn=156534).

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