

Planting and harvest dates and cold hardiness

Planting and harvest dates for field-grown winter vegetables vary depending on your location, crop type and cultivar. The table below provides general guidelines based on experience west of the Cascades. This information is for guidance only. It was adapted from our trials, commercial practice and information from Bejo Seeds, Inc. Adjust planting and harvest dates to your local conditions. Protection and storage can extend these dates.

Table 2. Planting and harvest dates and cold hardiness guidelines for winter vegetables west of the Cascades

Crop	Planting Method ¹	Hardiness ²	Planting Date ³	Harvest ³
ALLIUMS				
Garlic	Bulb	0–15°F	Sept.–early Nov.	March–July
Leek	S	5°F	End Feb.–Mar.	Nov.–April
Leek	TP	5°F	May– early Aug.	Nov.–April
Overwintering onion	S	5–10°F	Aug.–Sept.	April–June
Overwintering onion	TP	5–10°F	Oct.–Nov.	April–June
Scallion	S	5–10°F	Aug.	May–June
Shallot	Bulb	5–10°F	Sept.–early Nov.	June–July
HEADING BRASSICAS				
Brussels sprout & kalette	TP	25–30°F	Late May–June	Oct.–March
Sprouting broccoli	TP	15–20°F	Mid July–early Aug.	Feb.–April
Winter cabbage	TP	20–25°F	Mid July–early Aug.	Nov.–March
Winter cauliflower	TP	10–15°F	Mid July–early Aug.	Feb.–April
LEAFY GREENS				
Apiaceae				
Fennel	S, TP	30°F	July	Nov.–Dec.
Parsley	TP	15°F	June–Aug.	Sept.–Apr.
Asteraceae				
Lettuce, leaf	TP	15°F	July–Aug. & Dec.–Jan.	Sept.–Oct. & March–April
Radicchio	TP	5–20°F	July	Nov.–Jan.
Brassicaceae				
Arugula	TP	20°F	June–Sept.	Sept.–April
Collards	S, TP	0°F	S: Jul TP: June–Sept.	Sept–April
Kale	TP	0°F	June–Aug.	Sept.–April
Mustard green	TP	20°F	July–Aug.	Sept.–April
Winter cress	S	15°F	Sept.	Nov.–Feb.

Crop	Planting Method ¹	Hardiness ²	Planting Date ³	Harvest ³
Caryophyllaceae				
Chickweed	S	0°F	Sept.	Nov.–Feb.
Chenopodiaceae				
Beet greens	S, TP	15°F	S: July TP: Aug.	Nov.–Feb.
Chard	S, TP	5°F	S: June–July TP: June–Aug.	Nov.–Feb.
Spinach	S, TP	0°F	S: Aug.–Sept. TP: July–Aug.	Nov.–Feb.
Valerianaceae				
Corn salad	S	0°F	Sept.	Nov.–Feb.
LEGUMES				
Fava bean	S	15–20°F	Sept.–early Oct.	Green in late May–June, dry in July–Aug.
ROOT VEGETABLES				
Amaranthaceae				
Beet	S	15–20°F	June–Aug.	Oct.–March
Apiaceae				
Carrot	S	5°F	May–July	Oct.–March
Celeriac	TP	20°F	May–June	Sept.–Feb.
Parsnip	S	5°F	May–July	Oct.–March
Asteraceae				
Salsify	S	5°F	April–May	Oct.–March
Brassicaceae				
Kohlrabi	S	5°F	July–Aug.	Nov.–Feb.
Radish	S	15–20°F	Aug.–Sept.	Nov.–Feb.
Rutabaga	S	20°F	July	March
Turnip	S	10–20°F	Aug.	March

¹TP means transplant, S means direct seed. Many crops can be transplanted or direct-seeded. We indicate the most common planting methods in the Pacific Northwest.

²Hardiness information was collected from seed companies, experienced farmers and our observations. They are for guidance only.

³In some crops such as heading brassicas, planting dates are normally consistent between varieties while harvest dates vary widely by variety.